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# "Slow Food" –

# living Europe, encouraging the regions



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## Welcome to Germany

**Dear students** 

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This portfolio will guide you through your week in Germany. Use it to get all the information you need and take notes if you have to work on a task.

Take some time to study it.

We wish you a great week in Germany.

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These are the teams that will work together.

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## Teams

Teams Germany Italy Spain 1. Team • • • Green(6) 2. Team • • Blue (5) 3. Team • • • Orange (6) 4. Team • • • Red (6) 5. Team • • Yellow (5) 6. Team • • • Pink (5) 7. Team • • • Violet (6)

due to data protection, the names of the participants will not be published here.



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# Monday 07/10/2019

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Time and place	Activity	Responsible students	Responsible teachers
9:00 – 9:30 > Room 10	<ul> <li>Welcome meeting:</li> <li>Presentation of the project week</li> <li>Presentation of the "Fachakademie" (our school)</li> </ul>	Michael, Natalie, Vitus, Norbert	E. Gebhardt, S. Tauber, R. Wallner
9:30 - 11:00	One of our main tasks during this project week will be to elaborate if and how it is possible to cook healthy, natural and good food in canteen kitchens.	German members of the 5 Teams	M. Fröhlich <i>,</i> V. Amrhein
	<ul> <li>Forming the teams:</li> <li>Team Green: Calculation Menu Monday</li> <li>Team Blue: Calculation Menu Tuesday</li> <li>Team Orange: Calculation Menu Wednesday</li> <li>Team Red: Calculation Menu Thursday</li> <li>Team Violet: Organization Dinner</li> </ul>		
	Working in groups: Get to know each other and start to organize your group.		
	Calculate the cost of goods / price of the menu in total and per person for one days. About 250 people eat in our canteen each day. See calculation sheets below.		
	Evaluate your menu according to criteria like nutritional value, effects on our environment and other aspects. See worksheet "Evaluation of the dishes".		
9:30 – 11:00	<ul> <li>Forming the teams:</li> <li>Team Yellow: Organization Cooking Wednesday</li> <li>Team Pink: Organization Cooking Thursday</li> </ul>	German members of the 2 Teams	M. Fröhlich, V. Amrhein
	Working in groups: Get to know each other and start to organize your group.		
	Please organize the personnel deployment (Arbeitseinsatz). Create a staff deployment plan (Arbeitseinsatzplan). See worksheet "Staff deployment plan".		
10:35 - 10:40	Announcement schoolhouse	Annika, Paula	

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11:00 - 11:30	Coffee break	Marie, Laura	A. König
11:30 - 12:15	Presentation of the "Slow food" movement		G. Sych
12:30 – 13:30 > Cafeteria	Lunch		S. Tauber
13:30 – 14:00 > various places	Tour through the schoolhouse of Klara-Oppenheimer- Schule The German students will guide the others through the schoolhouse. Have a look at the list where to start. Enjoy the tour. Ask the Germans if you have questions on the German school system or other things.	German members of the 7 Teams	S. Tauber
14:00 – 14:15 > Room 10	Presentation of the city of Würzburg	Claudia, Ayse, Barbara	S. Tauber
14:15 – 15:30	Working in groups Continue working on your topic in groups.	German members of the 7 Teams	C. Büttner
15:30 - 16:00	Coffee Break	Laura, Marie	A. König
16:00 – 17:00	Continuing to work in groups Finish working on your topic in groups. Upload your results on eTwinning. Save as "Monday - group name.docx". Present your results in short.	German students	C. Büttner
17:00	Re-arranging the room		
17:00 - 18:00	Dinner / Team Violet	Ayse, Barbara, Michael	M. Fröhlich
18:00 - ?	Lecture on local wines and fungus-resistant varieties "Pilzwiderstandsfähige Rebsorten", Josef Engelhart (Landesanstalt für Wein- und Gartenbau) Wine tasting	Darja, Madeline, Carolin	G. Sych J. Engelhart
	Taste the wine and evaluate it. See worksheet "Wine tasting 1"		
	Cleaning	everyone	





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## **Evaluation of the dishes**

Go to <u>www.nahgast.de</u> → Rechner.

The website will help you to evaluate your menu. It's in German, but you can translate it by using tools like Google translator or DeepL. Ask your teachers for information.

Use it on one of the dishes.

#### Dish:

Environment / Umwelt							
	Result:						
Materialaufwand / material costs							
Treibhausgasemissionen / greenhouse gas emissions							
Wasserbedarf / water requirements							
Flächenbedarf / space requirements							

Health / Gesundheit				
Energiegehalt / energy content				
Ballaststoffe / dietary fiber				
Fettgehalt / fat content				
Kohlenhydrate / carbonhydrate				
Sugar / sugar				
Salzgehalt / Salt contents				

Fair für Mensch und Tier? / Fair for human and animal?				
Artgerechte Tierhaltung / animal welfare				
Fair trade Anteil / Fair trade share				

Final evaluation (take notes):

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What do you think about the result? Do you agree?

Is there anything you could change to improve the dish?

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## Wine tasting 1

### Taste the wine and evaluate it.

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Wein/	Farbe/	Geruch/	Geschmack/	Körper/	Rating
wine	color	nose	taste	body	
2014 Regent Rotwein trocken <u>www.weingut-ludwig-</u> <u>schmitt.de</u>					
2018 Regent Roséewein <u>www.biobausewein.de</u>					
2018 Johanniter Weißwein trocken <u>www.3-zeilen.de</u>					
2018 Fränkischer Satz, Weißwein www.wein-ruppert.de					
2018 Solaris Auslese, Weißwein lieblich <u>www.weingut-</u> <u>strobel.de</u>					

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## Tuesday 08/10/2019

Time and place	Activity	Responsible	Responsible
		students	teachers
8:15	Start – Tour through the "Rhön Mountains"		
At school/	Today we will tour the "Rhön".		
at the hostel	It's a group of low mountains in the center of Germany where		
	the German states Bavaria, Hesse and Thuringia come		
	together. In 1991 UNESCO declared parts of the Rhön a Biosphere		
	Reserve on account of its unique high-altitude ecosystem. The		
	Rhön is home to unique animals like the Rhön sheep and		
	offers different culinary delights.		
	Working in groups		
	We need to work on a document to publish the results of our		
	project week. Today you will collect information.		
	You will have to do research on different topics		
	in teams. See worksheet "Group tasks".		
9:00 - 11:00	Visit to the "Landmetzgerei Kleinhenz", a rural		
	butchery in Unterleichtersbach		
	Visit to the "Biohof Weber", a farm which produces		
	sustainably		
11:00 - 12:00	Lunch		
12:00 - 13:30	Tour through the Rhön Mountains and Biosphere		
	reserve		
13:30 – 15:30	Visit to the "Pax" brewery in Oberelsbach		
	Mr Seufert will present his brewery, tell us about his		
	philosophy and maybe offer some beer.		
	Group 1: 13:30 / Group 2: 14:30		
16:30 - 17:00	Tour to the Volkersberg		
17:00 - 19:30	Guided tour and lunch at the convention center		
	Volkersberg		
19:30 - 20:30	Return to Würzburg		
	Writing reports		

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## Group tasks

Work in groups. Take notes on Tuesday during our trip so you can summarize your topic on Thursday. You will have to write a text which is about 2 pages long.

Please be active to get the needed results. Listen carefully and take notes during the visit. You may have to interview our experts to ask further questions or do research on the internet. Photos might support your results.

#### Your topics are:

#### Comparing conventional and sustainable producers/companies:

- Present the producer in short.
- Summarize differences to conventional producers (including examples).
- Describe negative aspects of conventional production. Ask the producer for his/her opinion.
- Summarize advantages and disadvantages of the sustainable production of goods.

Group	Task
Green	Landmetzgerei Kleinhenz
Blue	Biohof Weber
Orange	Pax-Bräu

#### Marketing of sustainable producers/companies:

- Describe the following aspects by comparing the visited producers (Landmetzgerei Kleinhenz, Biohof Weber, and Pax-Bräu)
- Find similarities.

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• Ask for challenges they are facing.

#### The following questions might help you...

Group	Task
Red	Product policy (Produktpolitik)
	<ul> <li>Why did you switch to sustainable production?</li> </ul>
	<ul> <li>Which products do you offer in organic quality?</li> </ul>
	- What is the quality of the products?
	- Is the quality always the same? How is this controlled?
	- How large is the product range? What does the size of the range depend on?
	- Which products are most in demand?
	<ul> <li>Where do you buy your raw material and are there any problems?</li> </ul>
	- How important is tradition?
	- Are packaging etc. also sustainable?
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Yellow	Pricing policy (Preispolitik)
	<ul> <li>How high are the prices compared to conventional products?</li> </ul>
	- How does the different price come about?
	- Are the prices stable?
	- Are customers willing to pay more?
	- How much more would they pay?
	etc.
Pink	Communication policy (Kommunikationspolitik)
	<ul> <li>How does the producer advertise?</li> </ul>
	<ul> <li>What is the target group?</li> </ul>
	<ul> <li>Which channels does he use for advertising?</li> </ul>
	<ul> <li>How strong is the demand for sustainable products?</li> </ul>
	<ul> <li>How are new customers most likely to be acquired?</li> </ul>
	- Are the customers satisfied?
	- How is customer satisfaction evaluated?
	etc.
Violet	Distribution policy (Vertriebspolitik)
	<ul> <li>How is distribution generally carried out? directly or via intermediaries?</li> </ul>
	<ul> <li>How can canteen kitchens purchase the products?</li> </ul>
	<ul> <li>Can the required quantities be delivered? Are there any bottlenecks?</li> </ul>
	<ul> <li>Is distribution over long distances possible and economical?</li> </ul>
	etc.



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## Wednesday 09/10/2019

Time and place	Activity	Responsible students	Responsible teachers
8:00 – 11:30 > Cafeteria (Mensa)	<b>Cooking:</b> All students will prepare the menu for Wednesday.	Annika, Paula, Norbert, Vitus, Anna	M. Fröhlich
8:00 – 10:00 > Room 10	Meeting with R. Wallner (only the teachers) Organisation of the project and further steps		R. Wallner, teachers from every country
10:00 – 11:30 > Room 10	Writing reports (only the teachers)	Michael	D. Rinaldi, D. Porceddu, B. Pavón Del gado
10:35 - 10:40	Announcement schoolhouse		
11:30 – 15:00 > Cafeteria (Mensa)	Serving counters Cleaning the kitchen	14FA1	M. Fröhlich
12:00 - 13:30	Lunch		S. Tauber, M. Spindler, C. Büttner
14:00 – 16:30 > inner city	City Tour		C. Büttner
16:30 – 17:30 > Residence	<b>Tour through the "Staatliche Hofkelterei"</b> (a wine press house operated by the state)		S. Tauber, Herr Stollberger
18:00 – 19:00 > ?	Dinner	Team Blue, Jule, Natalie, Claudia	
	Cleaning	everyone	

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# Thursday 10/10/2019

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Time and place	Activity	Responsible students	Responsible teachers
8:00 – 11:30 > Cafeteria	Cooking: All students will prepare the menu for Thursday.	Carolin, Darja, Madeline,	V. Amrhein
(Mensa)		Sophie, Laura, Marie	
8:00 - 11:30	Writing reports	Michael	D. Rinaldi, D. Porceddu, B. Pavón Del gado
10:35 - 10:40	Announcement schoolhouse		
11:30 - 15:00	Serving the counters	14FA1	V. Amrhein
	Cleaning the kitchen		
12:00 - 13:00	Lunch		
13:00 - 15:00	Documentation of the week	everyone	C. Büttner
> Room 10	Work in groups. Summarize your results from		
	Tuesday. Upload them on eTwinning.		
	Save as "Tuesday – <i>group name – task</i> .docx".		
15:00 - 15:30	Coffee Break	Marie, Laura	A. König
15:30 - 17:00	Bread tasting and presentation		M. Schiffer,
	A local baker visits us.		S. Tauber
	Taste the bread and evaluate it. See worksheet		
	"Bread tasting and evaluation".		
17:00 - 18:00	Dinner	Team	
		Orange, Annika, Paula	
18:00 - 19:00	Presentation "Zehntkeller Iphofen"	Madeline,	
10.00 19.00		Darja, Carolin	
	Wine tasting		
	Taste the wine and evaluate it. See worksheet "Wine tasting 2"		
	Cleaning	everyone	

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# Listen to the presentation and fill in the missing information. Ask our expert Mr Schiffer if you have questions.

Criteria	Traditional bread	Factory produced bread
wheat type/ Weizenarten		
Cultivation/Anbau		
Environmental impact (seasonal, regional)/ Auswirkungen auf die Umwelt (regional, saisonal)		
Effects on our health / Auswirkungen auf die Gesundheit		
Price of the wheat / Bezugspreis des Getreides		
How the bread is made / Zubereitung des Brotes		

Please turn over  $\rightarrow$ 

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#### Taste the bread and evaluate it.

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Appearance / Optik	
Smell / Geruch	
Taste / Geschmack	
Texture / Textur	
Marketing (large	
enterprises) / Vermarktung	
(Großbetriebe)	
Price / Preis	
Price acceptability /	
Preisakzeptanz	

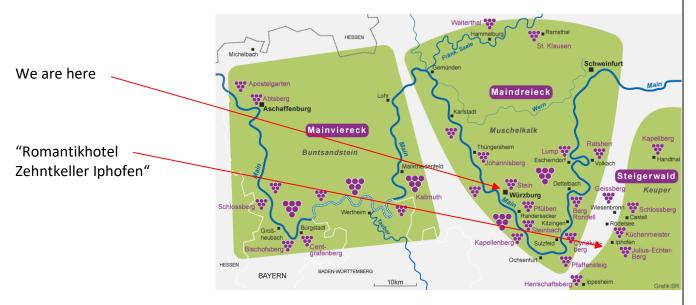


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## Wine tasting - Presentation





- hotel, winery and distillery
- founded in the year 1850 by the Seufert family
- operated for three generations
- 25 hectares of vineyard area
- bio-dynamic cultivation since 2009
- Received full certification in 2012

#### Grape varieties:

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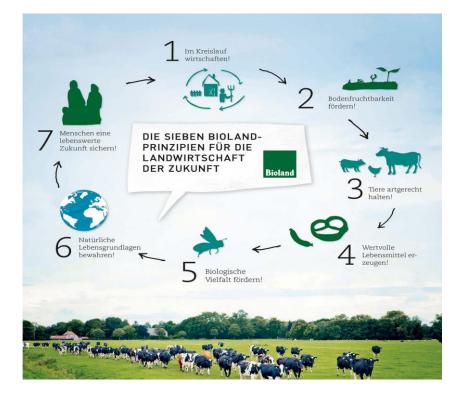
#### The "Bocksbeutel"

- first mentioned in 1659
- was once considered as protection against fraud/cheating
- only quality wines of certain cultivation areas (QbA) Franconia and parts of Baden
- minimum quality requirements:
   9,4 % vol
   72 ° Öchsle

#### The seven principles for farming of the future:

- cultivate in a circle
   For example: instead of using chemical fertilizer use manure of compost or leftovers
   from the winemaking
- Take care of a good foil/ground
   For example: with help of greened vineyards, no chemical fertilizer
- 3. Keep the animals well
- 4. Produce good and valuable food
- Take care of the biological diversity
   For example: because of the greened vineyards there are more good insects
- 6. Keep our planet healthy
- 7. Save our future

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## Wine tasting 2

#### Taste the wine and evakuate it.

Wein/	Farbe/	Geruch/	Geschmack/	Körper/	Rating
wine	color	nose	taste	body	
2018 Iphöfer Julius - Echter-Berg Silvaner Kabinett					
2017 Weißer Burgunder QbA					
2018 Iphöfer Kronsberg Bacchus Kabinett					
2017 Wiesenbronner Wachhügel Spätburgunder QbA					



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# Friday 11/10/2019

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Time and place	Activity	Responsible students	Responsible teachers
9:00 – 10:00 > Room 503	Evaluation of the week	Marie, Laura	R. Wallner, M. Spindler
	Wishes for further meetings		
	Use the App to evaluate the week. What was good? Is there anything you would like to change?		
10:35 - 10:40	Announcement schoolhouse		
10:00 - 12:00 > Room 10 12:00 - 12:30	<ul> <li>Closing event <ul> <li>Standing reception</li> <li>Presentation of the Europasses</li> <li>Presentation of the 1<sup>st</sup> year</li> <li>Presentation of the week</li> <li>Information about next meetings</li> <li>Snacks and drinks</li> </ul> </li> <li>Cleaning</li> </ul>	everyone	R. Wallner, S. Tauber, M. Fröhlich
12:30 - 14:00	Walk to the town hall	Laura, Marie	S. Tauber
14:00 – 15:00 > town hall	Reception by Würzburg's 3 <sup>rd</sup> mayor		S. Tauber , D. Porceddu, B. Pavón Del gado
15:00 - ? > inner city	Spending free time together		



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## Slow Food worldwide

Product name	
Produktname	
Place of the crop	
Herstellerland	
Terstellenand	
History of the product	
Geschichte des Produkts	
Product use	
Verwendung	
Export countries	
Exportländer	
Curiosities	
Besonderheiten	





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