**SURVEY about healthy habits**

1.Did you practice any sport during summer holidays?  
a) Yes  
b) No  
c) Sometimes

2.If you practiced any sport what kind?

3.What was your favourite food during summer holidays?

4. What was you favourite drink during summer holidays?

5.How much time did you spend outside?  
a) Less than 1 hour a day  
b) Between 1-5 hours a day  
c) More than 5 hours a day  
  
6.Do you think your lifestyle is healthy?  
a) Yes  
b) No  
c) I don't know

7.Do you agree with this sentence “Keep fit – be healthy”

a) Yes

b) No

8. Do you practice any sport? If yes what kind?