

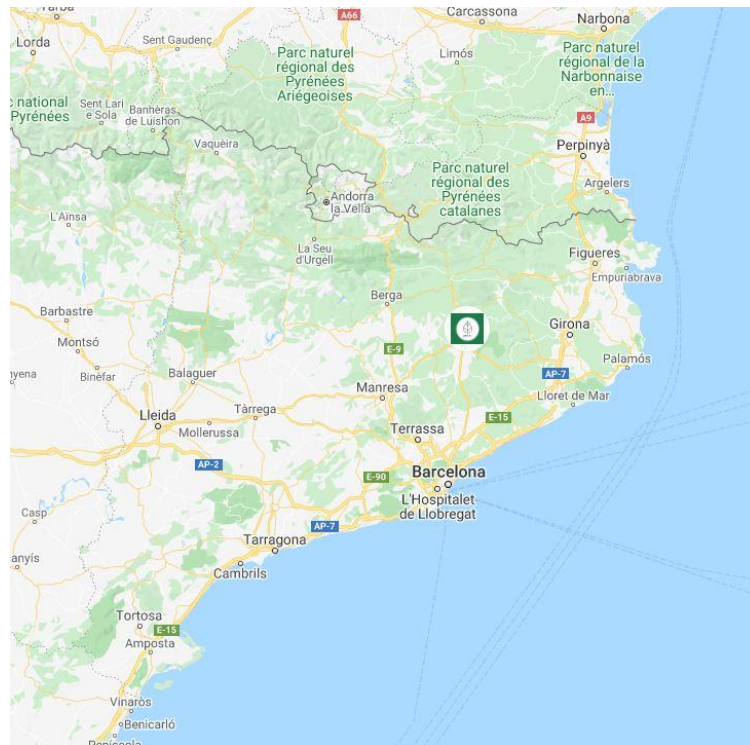


**INS**  
*Antoni Feij*



INS Antoni Pous i Argila is a secondary school situated in Manlleu, Catalonia, Spain. We are about 70km from Barcelona.

We are not far from the Mediterranean coast and the Pyrenees.





Manlleu is a city of 20,000 inhabitants. It is situated in the centre of Catalonia.

The square and the riverside are the most beautiful parts of the city.





Manlleu has an industrial past - it has a canal by the river that used to provide energy to the industries.  
Now that area is mainly used for recreation.





INS Antoni Pous is one of the four secondary schools in Manlleu.

There are 790 students and around 80 teachers.

Our timetable starts at 8am and it goes on until 14.40pm. We have two breaks of twenty minutes in between.







In our course, we have 13 subjects, and they are as follows:

- Reading
- Linguistic Structures: "Catalan" and "Spanish"
- Maths
- English
- Social sciences "History" and "Geography"
- Physical Education
- Music
- Scientific and technical field ("Physics and Chemistry" and "Technology")
- Projects
- Culture and values
- Tutoring
- Personal work
- Planning and organization





We have different classrooms: music, art, technology, science, ICT, a gym, a library and normal classrooms. In our school the classrooms aren't very big, but they are comfortable. We have lockers inside the classroom and one digital board. The most part of classrooms have a wall with windows from where you can see the playground.

