

Spiritual intelligence



ARVIS Personal Development

Introduction exercise



Read The Invitation by Oriah

(the introduction to SQ – Spiritual
Intellegence by Zohar & Marshall).

Individual task: Write down at least 3
meanings of SQ

Group task: Discuss and select 6 meanings of
SQ

Danah Zohar & Ian Marshall

SQ – Spiritual Intelligence



IQ – I can solve problems if I know the algorithm (computers)

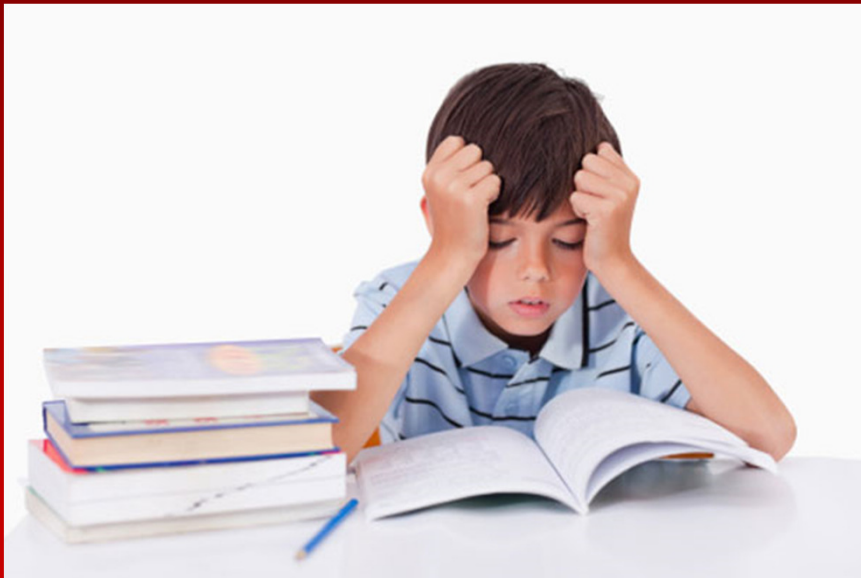
EQ – I can adapt in a given situation by managing my emotions and coping with the others (some animals)

IQ and EQ act in given areas, in limited situations

IQ and EQ play a **FINITE GAME**

What do we ask our children to do in school?

- To learn well!
- To behave!




IQ



EQ

But it is not enough



IQ and EQ do not explain the complexity of human intelligence, the deepness of our souls and the power of our imagination.

SQ

SQ operates from the center of our brain and collects all types of intelligence that we have.

SQ makes us become fully intellectual emotional and spiritual beings.

SQ

SQ unifies, integrates and has the power to transform the other two intelligences.

SQ facilitates the dialog between rationality and emotions, between mind and body.

SQ is a bases of development.

SQ offers the human being an active and meaningful center.

SQ and the WHY? question



SQ is not necessarily connected to religion.

SQ is the intelligence of the soul.

The human being's SQ began to develop when he first uttered the question WHY?

SQ is looking for the meaning of the universe, for the connections between things.

SQ offer a deep sense of the essence of life.

SQ

SQ is the superior instance of our intelligence

Source of SQ development: need of meaning

- Meanings
- Values
- Dreams
- Goals

SQ characteristics

Systemic

Transformative



WHY? Miracle question

SQ testing



A high level of SQ includes:

- **the ability of being flexible (adaptable in an active and spontaneous way);**
- **a high degree of self consciousness;**
- **the ability of bearing and over passing pain;**
- **the quality of being inspired by visions and values;**
- **the repulsion of causing useless harm;**
- **the tendency of seeing the connections between things;**
- **the tendency of asking "why?" or "what if...?" and for looking for fundamental answers;**
- **the ability of working of being creative and working against the conventions;**
- **the quality of inspiring the others.**

Developing our SQ



Problems:

How can we be spiritually intelligent in a society with a poor spirituality?

How can we improve our SQ?

- a correct use of relations and environment;**
- developing our symbolic imagination;**
- developing the ability to notice recognize and use the human qualities;**
- developing the creativity;**
- improving our curiosity;**
- Improving the knowledge and the use of human values.**

Exercise

**3 stages: individual, pairs, large group
discussion**

Time: 1 hour

**Write 10 questions that you think your
students want to hear in order to develop
their SQ**

And...



BE

REALLY

HAPPY

TODAY