



30th of March 2020

## Dear Diary,

You won't believe it, but I am you from the future, I know it sounds crazy, but wait until you read what I'm about to tell you.

So, right now you may have heard about this disease called Coronavirus, originated in Wuhan, China, and you may think that it won't arrive here. Well, you're wrong. In a few weeks you won't go to school, because you will be quarantined, because that virus will become a global pandemic!

So that's why I came back to the past, to give you some tips that will hopefully get you through this lockdown. TIPS:

1. You'll have to spend a lot of time at home, so don't freak out!! It's important to keep calm.
2. Also, follow a routine. Keep working and sending on time the assignments that your teachers give you (yes, you'll have to do homework at home).
3. Be responsible! If you have to go out, follow the sanitary instructions.
4. Spoiler: this lockdown will end some day, but in the meantime, stay informed!! Watch the news and follow the instructions given by the Government. And don't believe fake news.

Follow these tips and everything will be OKAY.

Good luck!!!

GEMA from the future

