



30th of March 2020

Dear Diary, Even though, you are not going to believe it I'm you

I know it sounds impossible but that's not the most shocking thing. What I am about to tell you, it might leaves you breathless, but you're going to stay 3 months stuck in home in quarantine.

Yes, the Covid-19 has arrived to Spain, and has killed a lot of people. Right now we are in a progressive output, and they say nothing is going to be totally normal until 2021. So, my only advice is: enjoy as you can, hug, laugh, dance, sing, breath, shout, have contact with the people and let yourself be free, because unfortunately you won't do this things for a long time.

Also, don't stress with the quarantine because there is light at the end of the tunnel. And I tell you this because finally tomorrow I'm going to see our friends and family, so stay at home, stay safe and think always in positive. But the most important enjoy the little things, the details, because you are going to miss them.

Best wishes

Héctor