

Focus 1 - 3R RULE: REUSE, REDUCE, RECYCLE



WE BELIEVE	WE ARE AWARE	WE COMMIT TO
<ul style="list-style-type: none"> ▪ It's important to fight to make sure that everyone is able to buy fair and sustainable food ▪ We should all try to reduce any kind of waste (food waste, plastic waste, paper waste, water waste etc. ...) as much as possible ▪ If everyone gives his/her contribution, we could really improve the global situation (about pollution, waste and climate) 	<ul style="list-style-type: none"> • Not everybody is aware of the value and the meaning of sustainable food • Many people prefer to throw away broken things instead of reusing them • A sustainable life-style (buying eco-friendly items and biological food) is expensive and not affordable by everybody • Reaching "zero waste" is tough, but it's an important ideal for the future 	<ul style="list-style-type: none"> ✓ Keep the old stuff instead of throwing them, for example: out of an old pair of jeans, we will make a bag; out of holed socks, we will produce soft toys (for instance rabbit shaped) ✓ Instead of throwing broken things away, we will repair them ✓ We will save gift boxes for future uses ✓ We will avoid using plastic items as much as possible, we will choose paper or recycled stuff instead ✓ We will try to avoid disposable items (except for masks) and substitute them with reusable ones ✓ We will use tote bags instead of plastic bags

Focus 2 - SUSTAINABLE MOBILITY



WE BELIEVE	WE ARE AWARE	WE COMMIT TO
<p><i>In this column you consider general principles, the ground of our sustainable choices, what we want to fight or what we want to achieve...</i></p>	<p><i>Here you describe the present situation, examples of non-sustainable choices, what we know should be changed...</i></p>	<p><i>Here you list what we can do to make things better, examples of concrete action and good practices you want to experience after the Erasmus event</i></p>
<ul style="list-style-type: none"> ▪ That public transportation should be affordable for everybody ▪ That the presence of public and electric transportation should be extended ▪ That all European countries should be able to transport food around the country with sustainable means 	<ul style="list-style-type: none"> • That not all the countries have enough money to afford transports like busses, undergrounds, etc • That in smaller towns and in the countryside there are no infrastructures, so people don't have the opportunity to take public transports • That it is easier and more convenient to use private transports at the expense of the environment • That electric cars are very expensive 	<ul style="list-style-type: none"> ✓ We will mostly use sustainable transport systems, like bikes, electric cars/scooters/bikes, or we will walk ✓ We will use stairs instead of elevators ✓ We will use more public transportations ✓ We will buy more zero-mile food or food from local markets