**Discussion about the Project in Lütfi Ege Secondary School in Turkey**

This project aims to develop pupils understanding of healthy, balanced eating and has cross-curricular links to some other lessons. Three teachers from our school did the project though two of them haven!t been members of Twinspace because they have limited English proficiency. As an English teacher I mostly translated the tasks and the results for them.

**English :** As the healthy eating unit is taught in 6th grade, for my 5th graders it was a new and exciting concept. It was quite simple to make integration into the existing curriculum. It provided the practice of food vocabulary and simple grammar structures. The pupils were willing to spend more time and energy in this project which is related to one of the ‘real life’ issues with clear aims and goals. They enjoyed being in contact with peers from other schools.

**School Counselling:** We have been working on healthy eating habits and debates at our school for years but it was on national level. This is the first time we have carried out a project on international level. There are many psychological, social and biological benefits of this project. Eating with friends and family is not only a good way to spend time together but also can help the students to stay healthy. It also boosts their mood when they make heathier food choices.

We invited a dietitian to inform students about meal planning and give advice about weight control.

**ICT:** The students created survey result diagrams and used Web tools for the activities and the evaluation. The use of Twinspace and internet, and programmes such as Word, Excel and PowerPoint, improved their ICT skills.