

# "DREAM A LITTLE DREAM"

2019-2022

Students'  
opinions  
on their  
Erasmus+  
Experience

OUR FINAL PRODUCT ABOUT FEARS &  
HOPES OF TEENAGERS IN EUROPE

## DREAM A LITTLE DREAM

ESCOLA SECUNDÁRIA FERNÃO MENDES  
PINTO, ALMADA, PORTUGAL

IE 3 D'ABRIL, MÓRA LA NOVA, SPAIN

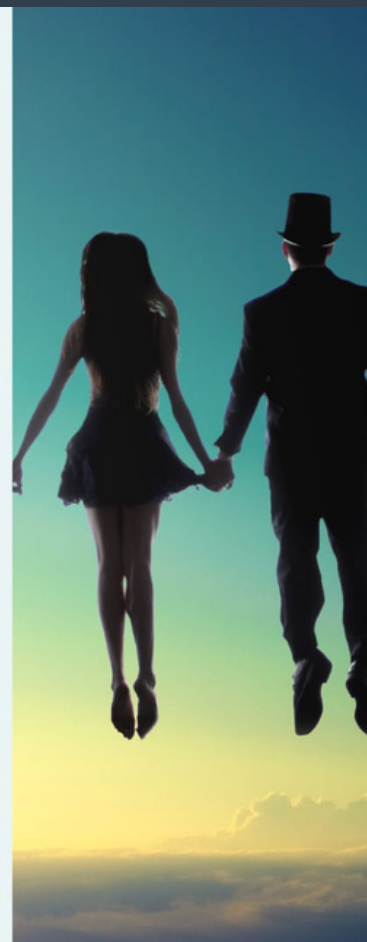
EUROPASCHULE RHEINBERG, GERMANY



25. März 2022

16.00 Uhr

Stadthalle Rheinberg





I loved being part of this project, it was an amazing and unique experience that I'm positive I'll never forget.

From this project I gained a lot, including new and amazing friends in and out of my home country, since aside from the partners from Germany and Spain it also allowed me to create bonds with people from my school who I very likely wouldn't have crossed paths with if not because of this project. Through "Dream A Little Dream", I got to develop very strong friendships and debate matters with people from different backgrounds and countries, this allowed me to expand my sights and gain very precious knowledge in a fun and dynamic way. This was the beauty of the project, having students from different places get together and talk about their hopes, fears, dreams, share the matters they find important as well as causes that they think are worth fighting for. The fact that this was done through theater intensified the whole experience since theater has a way of leaving those who take part in a play and it's making vulnerable and open to new feelings and experiences, bringing us together as a group and creating a safe and open-minded environment where each person knows they can trust the others and count on them.

To me the fact that we got to visit Germany was very important since it gave us a chance to see it, not through the eyes of a tourist but through the eyes of someone who's being inserted into the routine of any citizen of the region, seeing how people live, how the school works, gaining an understanding of a different society and being able to compare it to ours. Even though I really enjoyed this aspect, the part I enjoyed the most was meeting new people and the friendship we developed with them, we might not have been together for long but I know our bonds will last because we developed very deep ones with our colleagues from other countries, together we laughed, talked, shared a house and went through the process of building a play.

To all of the people from my school the only thing I have to say is: look out for these kinds of opportunities and if you see one that interests you and have the time to fit it in your schedule, then take it, don't be scared, go ahead and grab it because at the end of the day all of the effort you put into it will be worth it and you'll be left with a handful of good memories and new learnings at the small cost of a bit of your time and dedication.

**MADALENA GONÇALVES - 12º1**





Com a participação no teatro pude trabalhar a minha criatividade e melhorar as minhas capacidades de trabalho em equipa.

A parte de que eu mais gostei foi a apresentação final, a sensação de estar em palco.

Antes de tudo, gostaria de agradecer à escola pela oportunidade dada. Foi uma experiência única que acrescentou muito à minha formação, tanto académica quanto pessoal. Finalizámos o projeto e fizemos um ótimo trabalho juntos. Foi um enorme prazer trabalhar com todos e obrigada a todos os envolvidos para tornar um projeto realidade.

*With my participation in drama I could improve my creativity and teamwork skills.*

*The part I liked the most was the final performance, the feeling of being on stage.*

*First of all, I would like to thank the school for this opportunity. It was a unique experience that added a lot to my academic and personal background. We carried out the project and did a great job together. It was a great pleasure to work with everybody and thank you to everyone who worked to make this project come true.*

**GABRIELA LAMPREIA - 1º9**





Através deste projeto eu consegui expandir o meu vocabulário em relação ao inglês, consegui amenizar a minha timidez porque me tirou da minha zona de conforto e aprender novas culturas e hábitos através dos parceiros.

Eu acho que o que mais gostei foi mesmo a estadia na Alemanha porque primeiro o país é muito lindo e calmo e foi ao meu encontro, então eu gostei bastante e senti-me como se estivesse noutra realidade. A certo momento era mesmo e isso fez-me refletir bastante.

O mais importante para mim foi a união que conseguimos criar na Alemanha porque é algo que não iríamos conseguir fazer se fosse por via on-line.

Para a escola o que eu tenho a dizer é não tenham medo de sair da vossa zona de conforto porque podem estar a perder muitas coisas por um medo que pode ser trabalhado, e que possam existir mais projetos como este - que este não seja o fim mas o início de muitos.

E para os colegas, foi muito bom trabalhar com vocês e espero que tenham gostado tanto quanto eu e que isto fique guardado na vossa memória como um momento incrível e desafiante.

*This project allowed me to improve my English vocabulary, to help me overcome my shyness, because it took me out of my comfort zone, and to learn new cultures and habits through the partners.*

*I think what I really enjoyed the most was my stay in Germany because first of all the country is very beautiful and calm and it met me, so I liked it a lot and I felt as if I was in another reality. At a certain moment it really was like that and that made me reflect a lot.*

*The most important thing for me was the union that we managed to create in Germany because that was something that we wouldn't be able to get if we had only met online.*

*To the school what I have to say is: don't be afraid to go out of your comfort zone because you might be missing out on a lot of things due to a fear that can be overcome, and may there be more projects like this one - may this one not be the end but the beginning of many others.*

*And to my colleagues, it was great working with you and I hope you enjoyed it as much as I did and that this will stay in your memory as an amazing and challenging moment.*

**EDNA COSTA - 10º5**





O que eu ganhei com este grupo foi que primeiro sinto que melhorei no inglês e direta ou indiretamente conheci duas outras culturas.

Gostei muito da experiência em palco, com um público com um idioma diferente.

Participar em projetos escolares vale a pena, porque saímos de lá com experiências novas.

*What I gained from this group is that first I feel I improved my English and directly or indirectly I got to know two other cultures.*

*I really enjoyed the experience on stage, with an audience with a different language. Taking part in school projects is worthwhile because we leave them having got new experiences.*





In my opinion, with this experience I gained new friendships and greater cultural knowledge.

For me, the most important thing was the interaction we had between the groups, mostly outside the rehearsal hours, I enjoyed working with all the people from the three groups.

I think it's fantastic that our school has a very active projects office always with several projects for everyone to participate and I wanted to thank everyone involved in the project for all of us working together to provide a fantastic experience for everyone.

**DANILO KOVALCHUK - 12°3**





In my opinion, my experience in this project and the connection with our partners from Germany and Spain was extremely enriching, because not only it allowed me to form friendships with people that I wouldn't be able to meet in any other way, but also because it allowed me to learn a lot, both at the theater level, with Carlos' essential and precious help, and at the cultural level.

Participating in the theatre helped me gain more control over my behaviour, my actions and simple gestures, mainly because during rehearsals we reflected a lot about those topics. In these moments, I would reflect about how I wanted to react to a certain event or how I could deal with a certain problem.

My favourite part of this experience were the friendships and bonds that I had the opportunity to form between people that, even though we live in totally different countries, with different routines and habits, ended up having similar goals when it comes to our future.

The message I really want to spread is for you not to lose the opportunities that appear in your lives, because the moments I was able to live during these two weeks of my life were amazingly unique and unforgettable. I think that it should actually be mandatory to participate in an erasmus project at least once in your life, as it really is a unique and extraordinary opportunity!



## PARENTS' OPINIONS

O feedback da Madalena foi muito positivo, ela gostou muito de participar no projeto e, certamente, já o disse.

Como mãe, considereei este projeto muito interessante para o desenvolvimento de algumas competências da Madalena, tais como a cooperação, autonomia, criatividade, expressividade ...entre outras.

O projeto também funcionou como fator de motivação escolar e, dada a altura em que decorreu (pandemia), deu um sentido de normalidade e inclusão à Madalena.

O facto de ter havido o intercâmbio também permitiu contactar com outras formas de estar, alargando-lhes os horizontes e enriquecendo-os como pessoas.

Desejo que este tipo de iniciativas continue a acontecer e permita a muitos mais jovens poderem beneficiar deles.

Grata a si e a toda a equipa do projeto "Dream a little dream".

*Carolina Pulquério*

*Madalena's feedback was very positive, she really enjoyed taking part in the project and has certainly said so.*

*As a mother, I considered this project very interesting for the development of some of Madalena's skills, such as cooperation, autonomy, creativity, expressiveness, among others.*

*The project also worked as a school motivation factor and, given the time it took place (pandemic), it gave Madalena a sense of normality and inclusion.*

*The fact that there was an exchange also allowed contact with other ways of being, broadening their horizons and enriching them as people.*

*I hope that this type of initiatives continues to happen and allow many more young people to benefit from .*

*Thank you to you and all the "Dream a little dream" team.*

*Carolina Pulquério*

