

# Task

## Fase IV -1

Read Chapters 4 and 5 and complete the sentences with the correct numbers.

2.4, 5.6, 14, 70, 160, 170, 206, 500, 650

- 1 You have \_\_\_\_\_ litres of blood in your body.
- 2 Your heart beats about \_\_\_\_\_ times a minute.
- 3 There are \_\_\_\_\_ million alveoli in your lungs.
- 4 A singer's vocal cords move about \_\_\_\_\_ times a second.
- 5 You breathe in and out about \_\_\_\_\_ times a minute.
- 6 Tanya Streeter went down to \_\_\_\_\_ metres below the sea.
- 7 There are \_\_\_\_\_ bones in an adult skeleton.
- 8 About \_\_\_\_\_ million red blood cells are made in your bone marrow every second.
- 9 You have more than \_\_\_\_\_ skeletal muscles.

Read Chapter 6 and put the stages of digestion in the correct order.

- 1 Most of the nutrients are digested.
- 2 The food is broken up and mixed with acid in the stomach.
- 3 In the large intestine, the food becomes waste and loses water.
- 4 Your food is chewed and mixed with saliva.
- 5 The waste leaves the body.
- 6 The food goes into the small intestine.
- 7 The food goes down the oesophagus.