**Team Building Activities**

**My Name & Its Meaning**

Outside

Groups: Everyone

Needs: 3 volleyball balls

Challenge: Students gather in a circle. A student starts the game by throwing the ball to anyone in the circle. After saying his/her name and the meaning of it, the one who got the ball throws it to another person and the activity continues. Using 3 balls at the same time will be fun.

**Human Bingo**

Inside

Groups: Everyone

Needs: 5\*5 bingo cards containing characteristics, personalities, and life facts for the bingo matches, and pencils

Challenge: Distribute the cards and pencils in each group. They must interview each other. Have each player go around the group and ask other people to check off one box that applies to them. Names or signatures of one on multiple boxes will not count. No one can write their own name. A prize is in scheme.

**Seven-Word Biography**

Inside

Groups: 3 mixed groups

Needs: Papers and pencils

Challenge: Start by handing out paper and pencil to each player. Tell the players to think carefully and use seven words to summarize their life experiences. The stories will be cryptic and very interesting. Audiences have to ask for details, and each player has two minutes to answer questions or talk more about their lives.

**Commonality**

Inside

Groups: 3 mixed groups

Needs: Papers and pencils can be used to take notes

Challenge: Assuming that everyone has something in common with everyone else in the group, we will explain that their duty is to discover commonalities. Players have to mingle and find others who have something in common. It should not be what looks like hair colour or clothes. It should be something about life like "I took part in an Erasmus+ project before". The winner is the first to find something in common with all the other players in the group. A prize is in scheme.

**Who am I?**

Inside

Groups: 3 mixed groups

Needs: Papers, pencils and sellotape

Challenge: Have everyone write the names of well-known persons on papers and tape them to the foreheads or the backs of another one. Then, the participants have to go around and ask stereotypical questions such as “Am I a man or woman?” If the students choose well-known persons from their own country, students' cultural interaction with other countries may increase. A prize is in scheme.

**Two Truths and a Lie**

Inside

Groups: Everyone

Needs: Papers and pencils

Challenge: Start out by having every team member secretly write down two truths about themselves and one lie on a small piece of paper – Do not reveal to anyone what you wrote down! Once each person has completed this step, allow 10-15 minutes for open conversation – much like a party – where everyone quizzes each other on their three questions. The idea is to convince others that your lie is actually a truth, while on the other hand, you try to guess other people’s truths/lies by asking them questions. Do not reveal your truths or lie to anyone – even if the majority of the group already has it figured out! After the conversational period, gather in a circle and one by one repeat each one of your three statements and have the group vote on which one they think is the lie.

**Rock, Paper & Scissors**

Inside

Groups: Everyone

Needs: Music

Challenge: Music starts and everyone walks around. When the music is stopped, everyone plays rock, paper & scissors with the one right in front of him/her. The one stands last wins. A prize is in scheme.

**Odd One Out**

Inside

Groups: 5 mixed groups

Needs: Four photographs of the following: a can of dog food, a history book, a train, and a playground

Challenge: The city art gallery is in a bit of a dilemma. A new attraction, a 'hall of themed photography' is about to be opened in the gallery. There are four photographs that would be suitable for the gallery, however there is only room for three. The president of the gallery has suggested to leave out the photograph that appears to be the odd one out amongst the photographs.

Your team is a group of photograph experts and will need to come up with an explanation as to why each of the photographs could be considered an odd one out, while the other three can be grouped together in the new themed gallery.