



Erasmus+



ISTITUTO COMPRESIVO
MONTE ROSELLO ALTO



LETTER OF INVITATION

SUBJECT: Invitation to the 6th Erasmus + KA229 Meeting in Sassari, Italy, within the Erasmus+ KA229 Strategic Partnership 2018-2021 entitled

“We are less when we don’t include everyone” (2018-1-IT02-KA229-048254_6)

The activities of these 5 days of online meetings will be part of the theme *How to improve the everyone well-being at school*. The program is attached.

Dear Madam/ Sir,

This is an invitation to attend the 6th Erasmus + KA229 Strategic Partnership Project meeting from May 17th to May 21th 2021. The meeting will take place on Zoom, <https://us02web.zoom.us/j/84663438450>, **Meeting ID: 846 6343 8450**, organized by Istituto Comprensivo Monte Rosello Alto, Sassari, Italy.

Kind Regards,

Dirigente Scolastico

Rita Paola Spanedda



Erasmus+



ISTITUTO COMPRENSIVO
MONTE ROSELLO ALTO



17th Monday	18th Tuesday	19th Wednesday	20th Thursday	21st Friday
<p>Italian's Greetings Students' presentation (virtual tour of the school) 20'</p> <p>Students' presentations and board game "All about me" 20'</p> <p>Emotions Video "Get To Know Your Emotions" 10'</p> <p>Game "Inside Out: Guessing the feelings" 10'</p> <p>Breakout rooms GAME Emotions and synonyms 20'</p> <p>INDEX FOR INCLUSIONE Questionnaire about inclusion</p>	<p>Ice breaking activity 20'</p> <p>Storytelling activity: "Know your roots": tell a tale of your country that best represents you 30'</p> <p>Create our international story 1h</p>	<p>Ice breaking activity: "Two truths and a lie" (Get to know you) 20'</p> <p>Video Agenda 2030 Sustainable Development Goals Game</p> <p>Create your Human rights KITE (Follow Daniele Sistu's instructions)</p> <p>Etwinning project presentation: Into the Hell from Dante to Minecraft</p>	<p>Ice breaking activity: "Three qualities and one defect" (Get to know you) 20'</p> <p>Resilience Video</p> <p>Breakout rooms Resilient Spin Wheel 20'</p> <p>Tell me when you have been resilient Padlet 20'</p> <p>Yoga time-The benefits of yoga in controlling emotions 20'</p> <p>Video "How sport can help us to include everyone" 10'</p>	<p>Webinar "Digital Wellbeing", with Gavino Pugioni, Trainer of Social Warning Association</p> <ul style="list-style-type: none"> o Awareness on the use of social networks o How to recognize a Fake News o The importance of Online Reputation o Cyberbullying o The phenomenon of the Hikikomori o The new digital professions <p>Final Dance</p>
Day 1 "How do you feel?"	Day 2 "How do you feel?"	Day 3 "How do you feel?"	Day 4 "How do you feel?"	Day 5 "How do you feel?"