

## STEREOTYPES ABOUT POLES

Polish people are thought to be a lazy nation.

Polish people are handy and skilful.

Poles are sociable and love parties.

Polish people speak difficult language.

But Europeans consider Polish kitchen to be unique and healthy.

The nicest stereotype concerns kissing when they greet people. Poles are hospitable.

Polish people are truthfully attached to their traditions.



### But the truth is:

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Ninety-five percent of Poles describe themselves as religious people. Poland is a Catholic country and Pope – John Paul the 2nd who was believed to be a great authority was from Poland.

Anywhere you will go, anybody you will talk to will tell that Poles are hospitable, always take care about their guests, they are nice and kind. They like to say: "Guest at home – God at home".

Poland is rich in traditions. They organize a lot of festivals and holidays. Poles love good food, they like to play, sing and dance.

Of course Poland like every country has its own traditions. Poles have quite different times of meals. Breakfast at 7-8 o'clock. They don't have lunch – just a snack and about 2 o'clock usually they eat the main meal of a day – dinner. It consists of 2 dishes: first course – the soup and the main course. The supper is about 7 o'clock.

Quite a common dish in the morning is cornflakes with milk, different type of sandwiches and toasts. About the main courses: well known in Europe is Hunter's Bigos and Schabowy – cutlet with tomatoes and vegetables.

They say in Poland: the way to a human is by the stomach.

Polish food has good reputation with foreign visitors.

