

Exchange week
United Kingdom › Portugal



11/03 – 15/03

Bem vindo! Welcome! Welkom! Benvenuto!



maior

Agrupamento de escolas de Santa Maria Maior

About Escola Secundária de Santa Maria Maior

Escola Secundária de Santa Maria Maior is located on the outskirts of Viana do Castelo, a small town in the north of the country. It is part of Agrupamento de Escolas de Santa Maria Maior, covering a primary school, a school teaching from the fifth to the ninth grades and our school, which guarantees secondary education. Our school is attended by 858 students, taught by 103 teachers. The



group of schools which form the "Agrupamento" are attended on the whole by 1644 students, taught by 182 teachers. Our students range from ages 6 to 18. The graduates show quite high results in the final national exams, as a matter of fact above the national average.

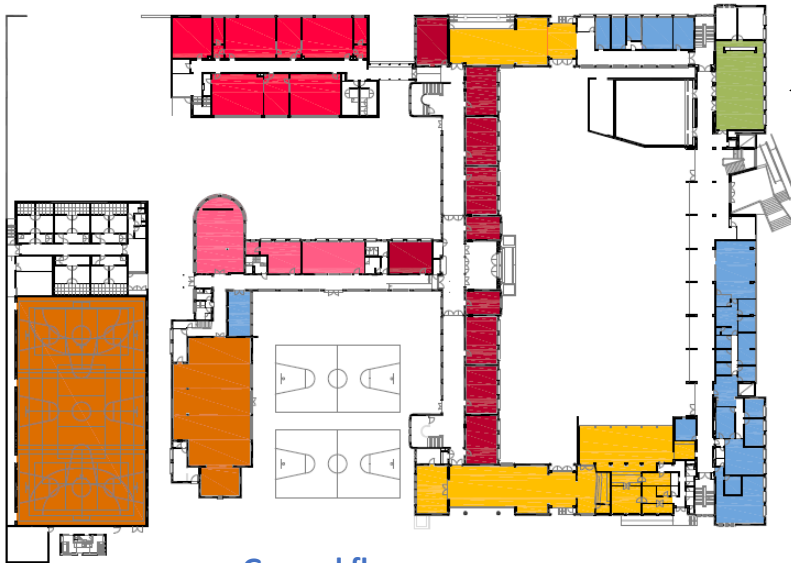
The aim of our school is to educate active, autonomous and responsible European citizens who value the national and the European heritage.

Besides academic progress and a focus on global learning of foreign languages, our school is willing to participate in international projects, as they are an inestimable source of knowledge, which enhances individual development.

Our students are very willing to be part of exchange programs which make them aware of their European citizenship.

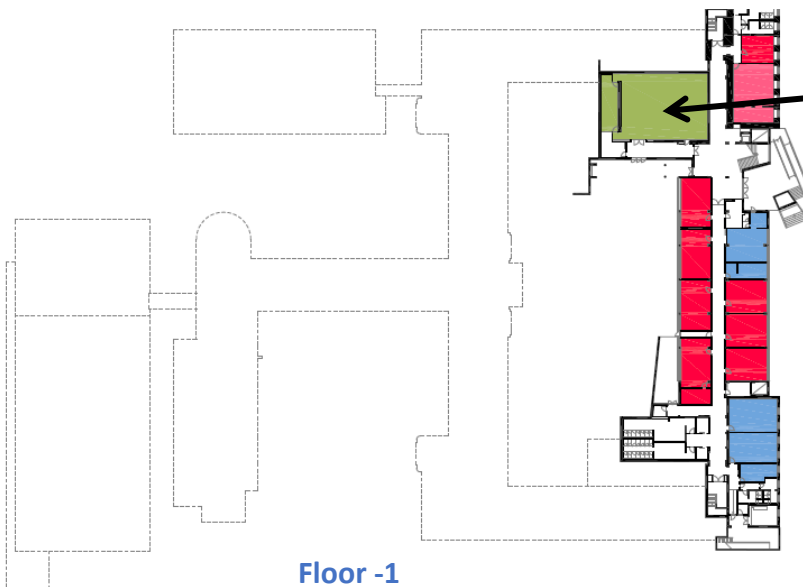
Most part of the students have no such possibility within their families and would highly benefit from experiencing the cultural diversity offered by this project. It will allow them to be aware of the social, educational and cultural diversity surrounding them as European citizens. This is the basis for consistently taking active part in future life and decisions based on acquired knowledge and experience.

Protecting and preserving our national identity and heritage, alongside with educating active and effective citizens, who respect each other's individuality and culture and become tolerant human beings, are our most important goals, as partners in this partnership.



Sala de Conferências is our 'homeroom' for this week

Ground floor

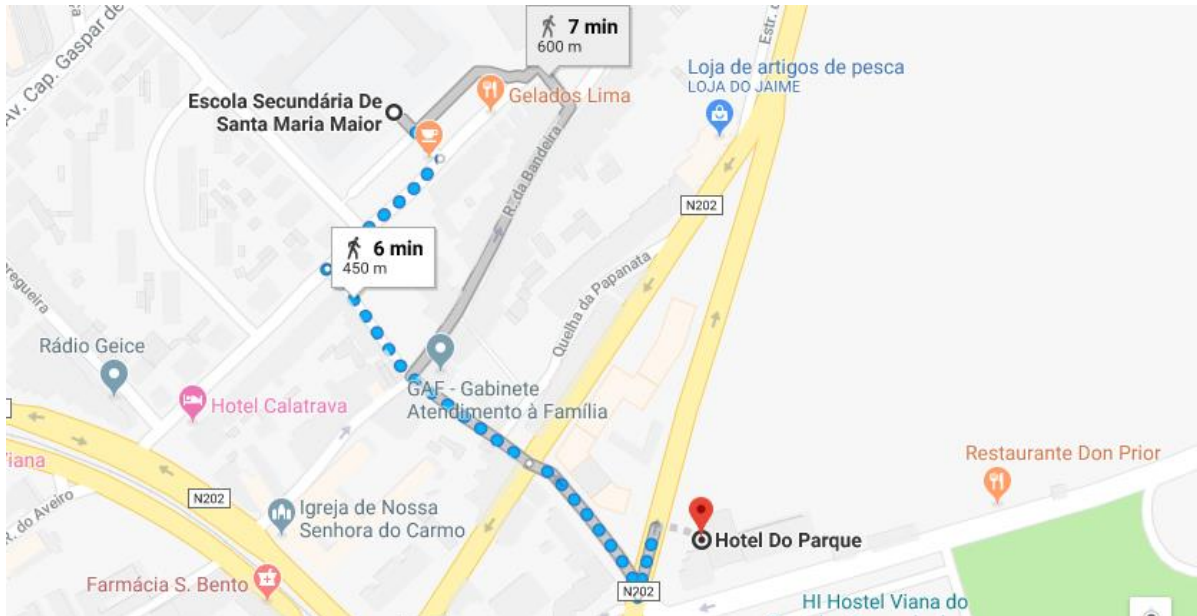


Auditório Maior is our reception room on Monday

Floor -1

How to get to our school?

It takes a seven-minute walk from your hotel to the school.



Useful information:

Telephone number of your hotel: +351 258 829 770

Telephone number of your 'brother' / 'sister':

Telephone number of Mrs Magalhães: +351 933118930

Telephone number of Mrs Santos: +351 966542855

Telephone number of Mrs Ferreira: +351 962318702

Telephone number of the school: +351 258800020

Telephone number of your teachers:

Programme

Day 1 – Monday 11/03

9:00

Reception at school by host students
Tour of the school

10:30

Presentation of our school, our city, our country and the Portuguese school system

Presentation by the English students (their school, their city and their country); the British school system

12:30

Lunch at school (canteen)

14:00

Improvisation workshop by AJD

16:00

Presentation of the characters created by the students

17:00

Coffee break

Day 2 – Tuesday 12/03

8:30

Departure for Porto

10:00

Guided tour of Casa da Música (The House of Music)
Visit to The Museum House Marta Horta Osório

Lunch at Mercado do Bom Sucesso

Visit to the Gardens of Palácio de Cristal and descent to “baixa”.
Visit to Clérigos Tower

15:00

Visit to Lello Bookshop and Museum
Descent to “ribeira”; over the bridge to Vila Nova de Gaia.
Return to Viana, passing Passeio Alegre, Castelo do Queijo...

19:00

Arrival in Viana

Day 3 – Wednesday 13/03

9:00

Group discussion about stereotypes: what are your first impressions? What were your expectations?
Working together in small groups on a visual presentation of these stereotypes and impressions.

10:00

Workshop on creative writing (by storyteller Rita Sineiro)

12:30

Lunch at school (canteen)

14:00

Going up to Santa Luzia

Guided tour of the city (by students)

Free time in the city centre

Dinner

21:30

Visiting the Cultural Centre for communications by Art students, within the scope of the National Arts Meeting

Day 4 – Thursday 14/03

9:00

Walking tour to the beach

13:00

Lunch at school (canteen)

14:30

Lesson of Portuguese (our students will teach you the beginnings of Portuguese language)

15:30 – 17:30

Illustration workshop (by Arts teacher Margarida Pinto)

19:00

Dinner (farewell dinner for all)

Day 5 – Friday 15/03

9:30

Visit to Museu do Traje (Costume Museum)

11:00

Visit to Centro de Mar and the hospital ship Gil Eannes

12:30

Lunch at school (canteen)

15:00

Departure for the airport

About Viana do Castelo

Viana do Castelo is a town in the North of Portugal, capital of the district with the same name. Viana is located about 70 kilometres North of Porto.

Viana do Castelo is home to the major popular festival in Portugal – Romaria da Senhora da Agonia. It is also known for its varied gastronomy, impressive modern architecture and beautiful beaches. The life of its inhabitants (vianenses) is inevitably linked to the sea: we have one of the largest ship yards in the country, an old tradition in fishing and a more recent focus in nautical sports (sailing, rowing, surf, kitesurf and windsurf).



Glossary: let's learn some Portuguese

Hello	Olá
Goodbye	Adeus
Good morning	Bom dia
Good afternoon	Boa tarde
Good evening	Boa noite
How are you?	Como está(s)?
(Very) good	(Muito) bom
My name's ...	Chamo-me ...
Nice to meet you	Prazer em conhecê-lo/a
What's your name?	Como se chama? (formal) Como te chamas? (informal)
I don't speak Portuguese	Não falo Português
I speak English	Falo inglês
Do you speak English?	Fala inglês?
I don't understand	Não percebo
Can you repeat?	Pode repetir?
Please	Por favor
Thank you	Obrigado/a
You're welcome	De nada
I'm sorry	Desculpe
Excuse me	Com licença
Can you help me?	Pode-me ajudar?
What time is it?	Que horas são?
Where is the toilet?	Onde é a casa de banho?
Where is the school?	Onde é a escola?
What's the way to ... ?	Qual é o melhor caminho para ... ?
Where can I buy something to eat/drink?	Onde posso comprar algo para comer/beber?
How much is it?	Quanto custa?

People I have met:

Write down the names and numbers of people you have met so that you can stay in touch.