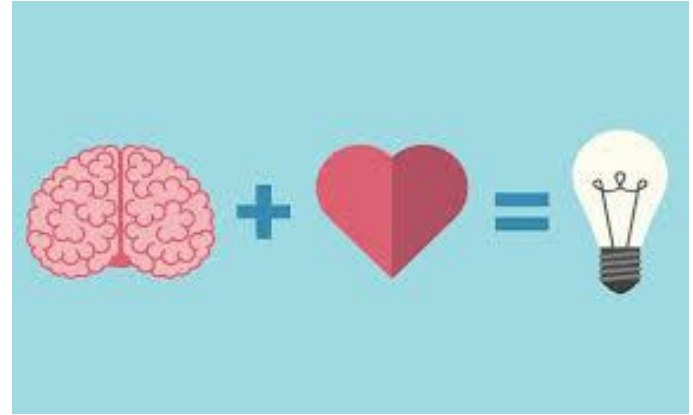


Emotional intelligence

Irene Estévez Picón
3ºE

What is emotional intelligence?



What is the purpose of emotional intelligence?



There are 5 types of emotional intelligence:

Self awareness



Self regulation



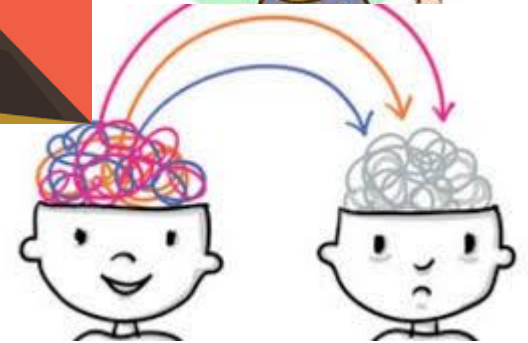
Motivation



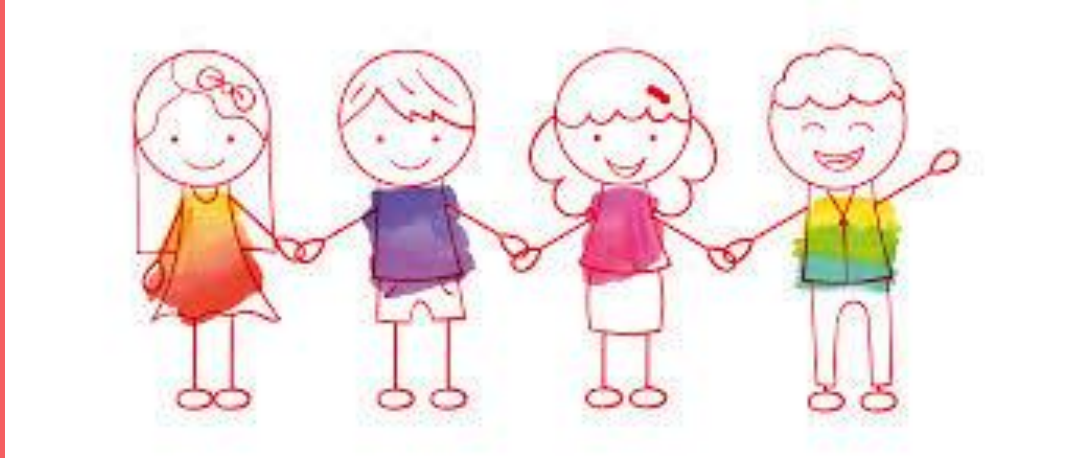
Empathy



Social skills



What is for me the emotional intelligence?



for me..

Thanks for your attention!