

14:30-15:10

15:10-16:30

16:30-17:30

40 minute Tea break and snack

Hiking way back to the Middle Vodno point

Bus Ride to the school - Kids collected/going home and have dinner



# **OOU Vlado Tasevski** Monday, May 13th, 2019 SWOT SCOUTS PROJECT 8:00am-17:30pm Mobility 2 Agenda - Day 1





### Event C2: "Values strengths and positive learning environment" (13-17<sup>Th</sup> May)

Home Breakfast ( Packet Sandwich ) 8:00-9:00am 8:00 - 8: 15 am Welcome to our school - SWOT Scouts Team Registration 8:30-9:30am Introduction Speech by the Headmistress of the school Vlado Tasevki Elka daskalova **Presentation** – the partner schools from Croatia, Spain, Italy and n. Macedonia **Swot Scouts Team moderators - introductions** ELTeachers - Violeta Panev, Biljana Ingilizova & Biljana Jovanova, Marija Tudzarova SWOT SCOUTS Badge - to make significant events days 9:30-10:00am **Emotional Diary Notebook** Emotional Diary is a tool to note down all the impressive events, feelings and activities during the stay in skopje and host country Violeta Panev, moderator 10:00-10:10am 10 minute BREAK (Coffee for Teachers and Snack for kids) 10:10-10:50am **Games and Social Integrity** Playing games can be learnt in a way to practice win win strategies in order to reflect on the problems and make solutions Biljana Jovanova, moderator (ELTacher) 10:50-11:25am **Practicing Kindness and self Awareness** We continue the story of self awareness and transfer to actiona, being kind is a virtue and value that help the school kids live in a friendly learning environment Biljana Pavleska, a pedagogue & Marija Tudzarova (ELTeacher) 11:25 - 12:00am **Practicing EMPATHY** Get the inside track on how to tackle the challenges of conflicts and building your person by he putting yourself into other shoes or seeing the things with the eyes of the peers. Elka Daskalova, moderator & Marija Tudzarova (ELTeacher) 12:10-12:30 Bus collecting to the Vodno Activities - Group 1 12.00 - 12.30Way to the City Mall - Shopping and getting round - Group 2 (this group to be collected from the City mall at about 3.00 p.m.) Middle point of Mountain Vodno - A visit to a Monastery Saint Panthelemon. (FreeTicket) 12.30 - 13.00Emilija V.Cholovik & Sonja Delovska – moderators (a science and a mother language teacher) The Church of St. Panteleimon in Gorno Nerezi, North Macedonia, is a small 12th-century Byzantine church located in a monastery complex, constructed in 1164, famous for The lamentation of Christ fresco Top of the Mountain Vodno and a Millenium Cross - Social Hiking 13.30 - 14.30We need physically medium prepared kids and teachers for hiking to the peak of the mountain. Sneakers or comfortable shoes needed, bottle of water and a snack/ sandwich in a small rucksack. Teachers will boost the kids' empathy for the living beings and nature surrounding us leading them trough the wood paths to the highest point of Skopje panorama view.





## OOU Vlado Tasevski Tuesday, May 14th, 2019 SWOT SCOUTS PROJECT 8:00am-17:30pm Mobility 2 Agenda - Day 2 Skopje, North Macedonia



# Event C2: "Values strengths and positive learning environment" (13-17<sup>Th</sup> May)

8:00- 9:00am	Home Breakfast ( Packet Sandwich )
8:30 - 9 :10am	Emotional Diary Notebook Emotional Diary – note down impressive events, feelings and activities during the Day 1 Violeta Panev & Biljana Jovanova, moderators
9:15 - 9 :55am	Boosting social emotional Intelligence skills & Values  Emotional vocabulary is explored trough being aware of the feelings. The kids are reflective and talk about values strengths and are ready to write their diary. Values discussed – empathy, happiness, hope, love. The value kindness is/can be elaborated shortly as a theme during the holidays (Christmas/ Easter Holiday)  Violeta Panev, moderator
10:00-10:10am	10 minute BREAK (Coffee for Teachers and Snack for kids)
10:15-10:55am	Empathy in art works The pupils create their works on the strengthening the emotions towards the outer world and the Mother nature and its all living beings Marica Bakoch, moderator (Art acher)
11:00-11:40am	Cultural inheritance - Feelings in Macedonian songs The rhytm in Macedonian folklore is always connected to the emotional milieu of the historic background. Slobodanka Badarovska a Primary Teacher ( & Elizabeta Sakoman a music tacher)
11:45 - 12: 30am	<b>TV survey</b> The kournalist from a SItel TV is going to visit and make a reportage on the project and its activities. He can ask the participants some questions about the event to find more on the objectives and its content.
13:00-14:00	<b>Lunch – Authentic handmade food ( students from MKD)</b> The way the food is cooked in N. Macedonia is considered a virtue and real richness of colors and different aromas.
14.30 - 15.30	Mindfulness activities
16.00 - 16.30	Kids collected/ going home and have dinner





# OOU Vlado Tasevski Wednesday, May 15th, 2019 SWOT SCOUTS PROJECT 8:00am-17:30pm Mobility 2 Agenda - Day 3



# Mobility 2 Agenda - Day 3 Skopje, North Macedonia

## Event C2: "Values strengths and positive learning environment" (13-17<sup>Th</sup> May)

8:00-9:00am Home Breakfast ( Packet Sandwich ) 8:30 - 9:10am **Emotional Diary Notebook** Emotional Diary – note down impressive events, feelings and activities during the Day 2 Biljana Ingilizova & Biljana Jovanova, moderators 9:15 - 9:55am Me and the others (Sharing other people's feelings) The story of Oscar Wild will be a literature design tool to make the kids aware of the other people and their feelings and happiness. Biljana Ingilizova - a moderator (ELTeacher) 10 minute BREAK (Coffee for Teachers and Snack for kids) 10:00-10:10am 10:15-11:15am Folklore Rhytm & Gym The pupils create an ORO in gym altogether, working on movements and pace of the dance Slobodanka Badarovska, moderator (A primary teacher) Note!! Comfortable shoes are desirable for the gym activities and for the walk to the city centre along the key of the River Vardar © 12:00 - 13:00am A visit to The Community of Karposh The kids and teachers pay visit to the Community Karposh to share info on the project and its benefits 13:00-13:45 Walk by the Key of the River Vardar (sandwich snack) 13.50 - 14.30Jewish The Holocaust Memorial Center for the Jews of Macedonia is a memorial to the holocaust of the 7,148 lews from North Macedonia and the history of the Jews in the Balkans, located in Skopje, North Macedonia. The Memorial Center is located in the so-called Jewish Quarter of Skopje, which was the center of Jewish life in this city until the deportation of the Jews. The Holocaust Memorial Center for the Jews of Macedonia was officially opened on 10 March 2011, 68 years after the Macedonian Jews were deported to the Treblinka extermination camp. Monument to remind us to empathize with different people and love human beings as ourselves. 14.30 - 15.30**Memorial House of Mother Theresa** This place had a great importance and influence on developing of the character of young Gonxha and to her desire to help the poor people. It is where Mother Theresa was baptized just one day after her birth. Empathy and helping the others was her life goal dream. 15.30 - 16.30Archaeological Museum of Macedonia With more than 6,000 exhibits and using sophisticated 3D technologies, specific light and ambient music, this museum presents the authentic history and culture of the Republic of Macedonia. Some of its content are statue of Venus Boadicea, the ritual carriage 18th centuries old, copy of

Alexanders' sarcophagus, etc. Compilation of life stories throughout the centuries.

the 12th century. Mixture of cultures and ethnic varieties.

The **Old Bazaar** is situated on the eastern bank of the <u>Vardar River</u>, stretching from the <u>Stone</u> <u>Bridge</u> to the Bit-Pazar and from the <u>Skopje Fortress</u> to the <u>Serava</u> river. As one of the oldest and largest marketplaces in the Balkans, it has been Skopje's centre for trade and commerce since at least

17.00 Kids are collected by the parents (dinner)

The old Bazaar

16.30 - 17.00

17.00 - 18.00





#### with the Teacher

## OOU Vlado Tasevski Thursday, May 16th, 2019 SWOT SCOUTS PROJECT 6:00am-21:30pm Mobility 2 Agenda - Day 4 Skopie, North Macedonia



## Event C2: "Values strengths and positive learning environment" (13-17<sup>Th</sup> May)

6:00 - 6 15 am **Welcome - SWOT Scouts Team** 

**Registration (group 4)** 

6:30-9:30am Departure for Ohrid (snack – packet sandwich)

- Tetovo The decorated Mosque
- The Monastery of Saint Naum
- The Bay of Bones
- The ancient Amphiteatre of Ohrid
- The Plaoshnik Complex
- Saint John, Kaneo
- The Samuel fortress

16.00-17:00am Lunch Break

• Saint Sophia Church

• Robevci House

6:30-9:30am Way back to Skopje

Collecting the kids by parents & Dinner

### **Places to visit** (a short description)

• <u>Šarena Džamija – Tetovo</u> meaning **Decorated Mosque**, is a mosque located near the Pena River in Tetovo, North Macedonia. The mosque was originally built in 1438 and later rebuilt in 1833 by Abdurrahman Pasha.

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- The **Monastery of Saint Naum** is an Eastern Orthodox monastery in North Macedonia, named after the medieval Saint Naum who founded it. It is situated along Lake Ohrid, 29 kilometres south of the city of Ohrid. He was buried in the church itself. He was a disciple and a follower of the Cyril and Methodius brothers, the founders of the old macedonian alphabe.
- Bay of Bones Cultural and historical landmark and a tourist attraction Museum on Water an exceptional archaeological complex,. On the southern coast of Ohrid Lake, a pile-dwelling settlement has been erected, an authentic reconstruction of a part of the pile-dwelling settlement which in the past was spreading at a total surface of 8.500, dating back between 1200 and 700 BC.
- The **Ancient theatre of Ohrid** of the Hellenistic period is located in Ohrid, North Macedonia. It was built in 200 BC and is the only Hellenistic-type theatre in the country. During Roman times, the theater was also used for gladiator fights
- Plaošnik or simply Plaoš is an archaeological site and holy place in Ohrid, 250 meters below Samuil's Fortress. The complex will have konaks (mansions) as in the time of Saint Clement of Ohrid, The church was built by St. Clement in the year 893 on the foundation of an early Christian basilica, and dedicated to St. Panteleimon. It was here that the Ohrid Literary School, a center of Slavonic literary and cultural activity where more than 3,500 disciples were educated. St. Clement was buried in this church, in the tomb which was built by his own hands. The baptistery basilica with hooked crosses (swastikas) on the mosaic floors was discovered, dating b/n 4th and 6th century. This early Christian basilica at Plaoshnik upon which the Kliment's monastery was built in the 9th century, was dedicated to St. Paul the Apostle who preached Christianity in Lychnidos (present-day Ohrid) in the 1st century A.D.
- Samuel's Fortress is a fortress in the old town of Ohrid, during the rule of Tsar Samuel of Bulgaria at the turn of the 10th century. It was estored in 2003. According to recent excavations by Macedonian archaeologists, it was contended that this fortress was built on the place of an earlier fortification, dated to the 4th century BC, which was probably built by King Philip II of Macedon.
- <u>Saint John the Theologian, Kaneo</u> is a Macedonian Orthodox church situated on the cliff over Kaneo Beach overlooking Lake Ohrid. The church is dedicated to John of Patmos, the writer of Revelation, who has been by some considered to be the same person as John the Apostle. The construction date of the church is believed to be built in the 13th century. Restoration work in 1964 led to the discovery of frescoes in its dome.





### **OOU Vlado Tasevski** Monday, May 17th, 2019 **SWOT SCOUTS PROJECT**

8:00am-12:30pm/17.00-22.00

# Mobility 2 Agenda - Day 5 Skopje, North Macedonia



### Event C2: "Values strengths and positive learning environment" (13-17<sup>Th</sup> May)

8:00-9:00am Home Breakfast ( Packet Sandwich )

Welcome to our school - SWOT Scouts Team 8:00 - 8: 15 am

Registration

8:30-9:30am Emotional Diary Notebook (Ohrid visit) - summative product

Emotional Diary to note down all the impressive events, feelings and activities during the the

previous 2 sightseeing days in Skopjeand Ohrid (museums and monuments)

Biljana Jovanova, Biljana Ingilizova & Violeta Panev, moderators

**Evaluation Questionnaire Online Survey** 9:30-11:00am

The survey to be filled in by everyone who took part in the Mobility 2 (kids, teachers, parents

onlineand coordinators) ELT eachers, moderators

10:00-10:10am 10 minute BREAK (Coffee for Teachers and Snack for kids)

Exhibition (Painting Emotions Pictures made by students) 11:00-12:00am

Feelings can be described, felt and expressed without words, meet our works and kids guided by

Marica Bakoch, moderator (Art Teacher)

12:00-12:15am **Announcement of the winners** 

Marica Bakoch, moderator (Art Teacher)

12:30 - 17:00 **Break & Rest** 

After writing the notes in the Diary if anything left undone and doing survey, during this break kids

can go home and have lunch and rest a bit, check the suitcases and documents for the departure next

days.

17:00-18:30 **Closing Event and Certificates** 

Dance – Wellbeing and Happiness - Tetka Cece (Dance teacher)

Cultural Heritage - Macedonian music - Elizabeta sakoman (Music Teacher) Kids' Performance on a an emotion story - Biljana Jovanova & Biljana Ingilizova

Certificates of Attendance, Achievement and Appreciation

19.30 - 21.30Farewell Dinner - Mobility Teachers and students

Venue - Giovanni Café

**Kids Collecting by parents** 21.30 - 22.00

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**OOU Vlado Tasevski** Saturday, May 18th, 2019 **SWOT SCOUTS PROJECT** Mobility 2 Agenda - Day 6