



Co-funded by the
Erasmus+ Programme
of the European Union

Project **SWOT Scouts**

Programme from 10th to 16th February 2019

Hosting city: Almería, Spain

C1: "Exploring emotions together"



Sunday, 10 February

Arrival of partner schools in Almería. Accommodation of visitor students with families and visitor teachers in hotels.

Monday, 11 February

8:15 – 9:15
LIBRARY

Words of welcome from Mr. Francisco Pérez Pedrosa, Headmaster.
Brief presentation of the four schools by local students and visitors.
Guided tour of the school by project students.

9:15 – 10:15
LIBRARY

Welcome by the local students to mobility C1 entitled
"Exploring emotions together."

Presentation **"What is emotional intelligence?"** by the 6
local mobility students.

10:15 – 11:15
LIBRARY

Emotional awareness group dynamics: **"This is Me: an
Emotional Round-Up"** (Mobility group).

A.10 (3^o E)



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Emotional awareness activity: **"HIGH FIVE - BUILDING SELF-ESTEEM"** (Local students).

11:15 – 11:45 **WELCOME BREAKFAST OFFERED BY HOST STUDENTS AND TEACHERS**

11:45 – 13:45

LIBRARY **Workshop: Making an **E.I. Positive Coexistence Rules** poster for the partner schools.**

A.10 (3º E) **Emotional awareness workshop: **"SWOTS Spotlight"** (Local students). Making the SWOTS' members magazine.**

13:45 – 14:45
LIBRARY **Emotional awareness activity (session 1): **"The Wheel of Life"****

LUNCH

16:30 – 19:30

Walking tour starting at IES Azcona towards the Promenade and Almería's beach. Emotional awareness activity **"SWOT Scouts Balloons" on the beach.**

Route to the city centre. **"Reading the City" tour: Taking photos for the emotions eBook: The students choose scenarios in the city to represent the emotions that will appear in the eBook.**

Time with the families. DINNER



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Tuesday, 12 February

8:15 – 10:15

**TECHNOLOGY
ROOM**

Workshop (session 1): "Designing an eBook of Emotions". Group 1

**TECHNOLOGY
ROOM**

Emotional awareness activity (session 2): "The Wheel of Life". Group 2

10:15 – 11:15

LIBRARY

Curricular lesson for mobility students accompanied by host students: Spanish Language.

11:15 – 11:45

BREAK

11:45 – 12:45

LIBRARY

Emotional awareness activity (session 1): "I know my strengths and my weaknesses: I'm ready to progress" (SWOT analysis).

12:45 – 13:45

LIBRARY

Emotional awareness activity (session 2): "I know my strengths and my weaknesses: I'm ready to progress" (SWOT analysis).

13:00

ONDA CERO

Radio interview at local radio station Onda Cero. (Address: Av. Federico García Lorca, 105, 04005 Almería).

13:45 – 14:45

Curricular lessons:

A34 (3º A)

Geography & History with Mr Miguel Sánchez Domene (Croatia)

A24 (3º C)

Biology with Ms Vanessa Sánchez Martínez (Croatia, Italy)



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A10 (3º E) Spanish Language with Mr Francisco Vargas Fernández
(Croatia, Italy)

ART ROOM (1º D) Art with Ms Caridad Serna Espinosa (Macedonia)

A23 (2º E) Art with Ms Susana Téllez Montoro (Macedonia)

LUNCH

17:30 – 19:30
LIBRARY

"The Importance of Emotions" by Prof. Serafín Gómez
Martín (Area of knowledge: Personality, Evaluation and
Psychological Treatment, Faculty of Psychology, University of
Almería).

Emotional dynamics by Prof. Serafín Gómez Martín: **"How do
you feel now?"**, **"Active Listening"**, **"I don't care
what you think of me"**, **Mindfulness** practice.

Time with the families. DINNER



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Wednesday, 13 February

8:15 – 9:15

A10 (3º E)

Workshop: *“Making my Emotional Diary”*. Group 1

**TECHNOLOGY
ROOM**

Workshop (session 2): *“Designing an eBook of Emotions”*.
Group 2

**ANNEX
BUILDING
MAIN
ENTRANCE**

Painting exhibition: *“Emotions in Colours and
Shapes”*. Group 3

9:15 –

Starting the visit to the City centre. Cultural heritage tour:

10:15

Appointed visit to Diputación de Almería. Reception to SWOT Scouts project by the President of Diputación de Almería, D. Javier Aureliano García.

12:00

**Almeria City Interpretation Centre.
Appointed visit to the Civil War shelters
Escuela de Artes
The Cathedral Square
The Alcazaba Moorish fortress**

LUNCH

16:30 -19:30

Emotional awareness group dynamics: *“MY BODY TALKS:
MOVING MY EMOTIONS”*.

Time with the families. DINNER



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Thursday, 14 February

8:00

Departure towards Roquetas de Mar (Almería). Visit of IES Turaniana, a local school with Emotional Education as curricular subject.

**9:15 – 9:30
ASSEMBLY
HALL**

Words of welcome from Mrs. Inés Cayuela, Headmistress.

Welcoming with Rozalén's song by local students.

**9:30 – 9:45
ASSEMBLY
HALL**

Who are we? Projecting videos about our city and school activities.

Brief presentation to know our mediator students: Who they are and what they do for the school coexistence.

**9:45 – 10:15
ASSEMBLY
HALL**

Workshop I: "KNOWLEDGE DYNAMICS"

**10:15 – 11:15
SPORTS
TRACK**

Workshop II: "GYMKANA"

11:15 – 12:00

Guided tour of the school by mediator students.

**12:00-12:45
CANTINA**

Breakfast with the mediator students.

Meeting of visiting and local teachers to exchange good practices.

**12:45-14:00
ASSEMBLY
HALL**

Workshop III: "Story for reflection"

14:15

Taking the bus back to Almería.



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LUNCH

17:00 –
19:30

MUSEUM
OF
ALMERÍA

Final conclusions.

Handing in certificates of attendance.

Closing show by students.

(Address: Ctra. de Ronda, 91, 04005 Almería).

20:30

FAREWELL DINNER at ClassiJazz

(Address: Maestro Serrano, 9, Almería 04004-España)

22:00

Concert at ClassiJazz



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Friday, 15 February

8,00h

Departure towards Granada.

C. 11:00

"Reading the City" tour in Granada: Generalife Gardens and Carlos V Palace (Alhambra). Cuesta de Gomérez towards Plaza Nueva.

13:45

LUNCH AT PLAZA NUEVA

16:00

Access granted to Nazari Palaces (Alhambra).

C. 18:00

Saying good-bye to OOU Vlado Tasevski and OŠ Otona Ivekovića partners.

Taking the bus back to Almería.

Saturday, 16 February

Departure of flights back to countries of origin.