



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

## C1 Mobility Report “Exploring emotions together”

### MEETING IN ALMERÍA (SPAIN)



Report of the activities developed at IES Azcona from 11th to 15th February 2019, in accordance with the Agenda

[https://docs.google.com/document/d/1AkKoq5QVvz88QbLMZ\\_D2LQc4Kw7aZ\\_T5hvK4MLMo8lrs/edit](https://docs.google.com/document/d/1AkKoq5QVvz88QbLMZ_D2LQc4Kw7aZ_T5hvK4MLMo8lrs/edit)



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

**Erasmus+ Project 2018-1-ES01-KA229-049952**

## ACKNOWLEDGEMENTS

I would like to express my gratitude to all the families that have made this possible. Thank you for being such good hosts, for being ready to help the SWOT Scouts project by offering us your time, your care and your homes.

Thank you to all the teachers at IES Azcona for their understanding and patience during a week when our daily routine was totally overturned. My special gratitude to those who collaborated actively during that week in February.

I am sincerely grateful to my SWOT Scouts project team for their time and effort in preparing everything necessary to host this mobility. This could not have been achieved without their invaluable implication.

Finally, thank you to the three partner schools' coordinators and accompanying teachers. I deeply appreciated their collaboration, generosity and empathy. I am looking forward to meeting them again in Skopje, Zagreb and Brindisi.

*"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful." – Mother Teresa*

Delia Rodríguez Segura  
IES Azcona's coordinator



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

PARTICIPANTS:

## **IISS E. Majorana, Brindisi (Italy):**

Alex Lillo (student)  
Federico Miccolis (student)  
Giulia Miccoli (student)  
Morena Leobilla (student)



Giulia Palmitessa (accompanying person)  
Marusca Destino (accompanying person)



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952



**Osnovna Škola Otona Ivekovića,  
Zagreb (Croatia):**

Antea Perić (student)  
Kiara Mudrić (student)  
Larisa Dijak (student)  
Lina Trninić (student)  
Lovro Škiljan (student)  
Vita Čvarar (student)

Ivana Mijatović Jurić (accompanying person)  
Vlasta Kovačević Herzog (accompanying  
person)







Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

**OOU Vlado Tasevski, Skopje (North Macedonia):**

Anja Jakovska (student)  
Elena Trajkovska (student)  
Mila Jovanovik (student)  
Srna Georgievaska (student)



Elka Daskalova (accompanying person)  
Violeta Panev (accompanying person)



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

## IES Azcona, Almería (Spain):



Gema Requena Muriel (student)  
Irene Paniagua Rodríguez (student)  
Laura de Amo Pérez (student)  
Lucía Mateos Rodríguez-Carretero  
(student)

María Sánchez Ayala (student)  
María del Mar Andújar Rodríguez (student)  
Natalia Martín Serrano (student)  
Noelia Milán Yeste (student)  
Pablo Velar Cerrillo (student)  
Rodrigo Lirola del Águila (student)  
Wenyi Zhou (student)

Other local students from classes 3ºE and  
3ºD



Delia Rodríguez Segura (coordinator)  
Ana Martínez García (project team)  
Antonio González Jiménez (project team)  
Emilio Castaño Castaño (project team)  
Francisco Vargas Fernández (project team)  
José María Verdejo Lucas (project team)  
Juana Núñez Martínez (project team)  
Laura Pérez Martínez (project team)  
Sonia Rodríguez Amate (project team)





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

Sunday, 10 February

The arrival

After arriving in Spain on Saturday 9th via Granada and Malaga Airport, the Croatian and Macedonian team arrived in Almería by bus on 10th February at 12.30 and 18.30, respectively. The Italian school arrived by plane to Almeria airport at 22.30.

All the teams were met by the teachers of the host school and the families hosting the children. This was the first face-to-face meeting of the students, although they had met previously on eTwinning, Whatsapp and email.

Twelve families of the students of our school hosted fourteen students from the three partner countries. The host families provided accommodation, breakfast and dinner for the duration of their stay, as well as organizing activities such as sightseeing in the free time. All the families had been cooperative and forthcoming during the preparation phase, and were in constant contact with the coordinator, Delia Rodríguez Segura, via email, school internal messaging system and mobile phone, for the duration of the stay. The Italian and Croatian team were accommodated in Hotel Gran Fama and the Macedonian team was accommodated in Hotel Embajador, both of them within walking distance from the school.







Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952



**Erasmus+**  
**Project SWOT Scouts**  
**Welcome Week**

Mobility C1  
IES Azcona, Almería • 11<sup>th</sup>-15<sup>th</sup> February 2019

SWOT SCOUTS

Co-funded by the  
Erasmus+ Programme  
of the European Union

IES AZCONA  
IES Azcona  
Almería, SPAIN

IES E. Majorana  
Brindisi, ITALY

DDU Vlado Tasevski  
Skopje, MACEDONIA

Općina Brijuni  
Opatovina  
Zagreb, CROATIA





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project SWOT Scouts

Erasmus+ Project 2018-1-ES01-KA229-049952

Monday, 11 February

Day 1



The official agenda started at 8.15. Our Headmaster, Mr Francisco Pérez Pedrosa, and the Head of Studies, Juana Núñez Fernández, welcomed the visiting teachers, who kindly brought some gifts for the school, the Headmaster and the project teachers. The teachers party went up to the library, where our visiting as well as local students were waiting. Mr. Francisco Pérez Pedrosa had warm words of welcome to the visiting

student.

A brief presentation of the four schools by local students and visitors followed, and a group of local students guided our visitors on a tour of the school.





Co-funded by the  
Erasmus+ Programme  
of the European Union

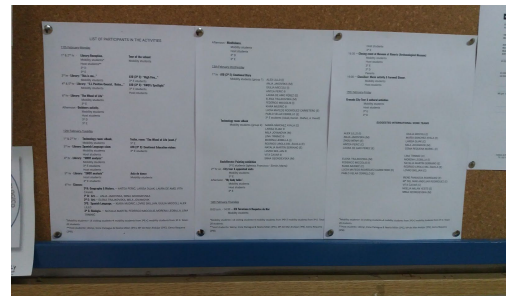


# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952



SWOT Scouts identity cards were given to the students to wear during trips and activities outside the school and they were advised to refer to the list of participants in the activities displayed in the Erasmus+ Corner, the library and the technology room in order to know where and when they had to go for the project activities.



The students went back to the school library from the tour and listened to the presentation about emotional intelligence prepared by the team of local students who will take part in the Macedonian mobility in May. Local and visiting teachers helped the students fill in a poster with 10 tips on how to improve one's emotional intelligence.



While the students were doing the project activities, we received the visit of Mr Andrés Cabrera, Chief of the Service of Educational Ordinance, on behalf of the Territorial Delegate, and Jesús Pérez Castaño, Provincial Coordinator of Plurilinguism. Although a formal invitation to the Delegate of Education for the Province of Almeria had been issued, the recent change of government in Andalucía made it impossible since the new Delegate and





Co-funded by the  
Erasmus+ Programme  
of the European Union

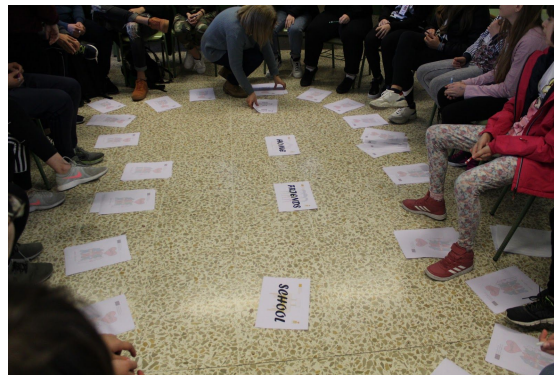


# Project SWOT Scouts

Erasmus+ Project 2018-1-ES01-KA229-049952

his/her team had not been appointed yet.

From 10.15 to 11.15, two simultaneous emotional awareness group dynamics took place in two different rooms, one for the mobility group and one for local students, the aim of which was to serve as ice-breakers and to make students better acquainted with one another while acquiring self-awareness at the same time.



11.15 to 11.45 was break time. We enjoyed a welcome breakfast offered by host students and teachers, where visiting project partners and Delegation of Education representatives could taste some of our local cuisine and produce.





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

After the break and before going home for a well-deserved lunch, the students still had three hours of emotional awareness workshops:



E.I. Positive Coexistence Rules poster



SWOTs Spotlight Magazine



The Wheel of Life





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project SWOT Scouts

Erasmus+ Project 2018-1-ES01-KA229-049952

In the afternoon, we took a walking tour starting at IES Azcona towards the Promenade and Almería's beach., where the emotional awareness activity "SWOT Scouts Balloons" took place. The SWOT Scouts string of balloons was meant to symbolize the union of the project partners, who are sharing their feelings and emotions.



En route to the city centre for the "Reading the City" tour, the students were instructed to look for sites to take photos for the emotions eBook. They had to read the city and choose scenarios in the city to represent the emotions that will appear in the eBook.

emotion	scene	location



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

Tuesday, 12 February

Day 2

The morning work started at 8.15 in the Technology Room. Here both local and visiting students were divided into two work teams.



Group 1 was assigned to the Workshop “Designing an eBook of Emotions”. They were in charge of beginning the edition of an eBook about emotions using the tool called StoryJumper. Ms. Vlasta Kovačević Herzog directed the workshop, during which selected students signed into the application and were instructed in the basic use of the main features. The rest of group 1 discussed the contents and the list of emotions to appear in the ebook.



Group 2, formed by the students who didn't do this activity the previous day, was involved in the emotional awareness activity "The Wheel of Life". In this way, we ensured all the activities had manageable groups while trying to involve as many local students as possible.



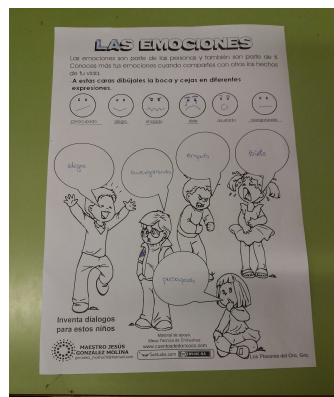
Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

**Erasmus+ Project 2018-1-ES01-KA229-049952**

After that, mobility students had the opportunity to attend a Spanish Language lesson with their Spanish partners. They learnt words for emotions, greetings and expressions for common routines in Spanish.



After the break, emotional awareness work went on at school with the activity "I know my strengths and my weaknesses: I'm ready to progress". This was the first time the students did their SWOT analysis, a self-awareness tool which is intended to be used again at the end of the project in order to test the evolution of students in self-awareness. It will also be used recurrently by students during the project as an aid towards the setting of goals.





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952



An international delegation formed by project coordinators, accompanying teachers and two students per nationality went to Onda Cero Radio Station for an interview about the project and the mobility, as part of our dissemination plan. Onda Cero is one of the leading radio stations in Spain, both at national and local level. Headmaster Francisco Pérez, coordinators Marusca Destino and Delia Rodríguez, and students Federico Miccolis and María Sánchez answered the questions of Mr. Juanjo del Arco and Mr. Juan Antonio Manzano, two well-known radio speakers in Almería.



The last period, from 13:45 to 14:45 was devoted to curricular lessons. Our guest students could share some classes with the local students:





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952



Geography with 3ºA, Biology with 3ºC, Art with 1º D & 2ºE, Spanish Language with 3ºE

The evening programme (17:30 – 19:30) scheduled “The Importance of Emotions” talk and emotional dynamics by Professor Serafín Gómez Martín (Area of knowledge: Personality, Evaluation and Psychological Treatment, Faculty of Psychology, University of Almería). SWOT scouts enjoyed a wonderful experience to share feelings by means of different dynamics such as pair and group active listening, mindfulness practice and focus on self-consciousness, to name just a few.



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project SWOT Scouts

Erasmus+ Project 2018-1-ES01-KA229-049952

Wednesday, 13 February

Day 3

For the first period of work, the students were divided into three groups which worked simultaneously in different tasks: designing the eBook of emotions, arranging the painting exhibition "Emotions in Colours and shapes" and making an emotional diary.



After that, a big group integrated by our guest students, 3ºE and 3º D local student went to the city centre for several appointed visits as part of the cultural heritage project priority.

The first visit was to Diputación de Almería, where SWOT Scouts project representatives were warmly welcomed by the President of Diputación de Almería, D. Javier Aureliano García. He thanked our visitors for choosing Almería and praised the many natural attractions that Almería has all around its province.



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952







Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952







Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

Other visits that morning were to Almeria City Interpretation Centre, the Civil War shelters, the School of Arts, the Cathedral Square and the Alcazaba Moorish fortress.



In the afternoon, we had the emotional awareness group dynamics called “My body talks: Moving my emotions”. Our students had the opportunity to reflect on the fact that most of the time we aren’t aware of body language, and this is something we should give importance to, because it sends powerful messages that emotionally intelligent people know how to interpret for satisfactory social and professional interaction. At a personal level -they learnt- our body sends us unmistakable signals whether our minds are working in a positive, beneficial way for us or the other way round.





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project SWOT Scouts

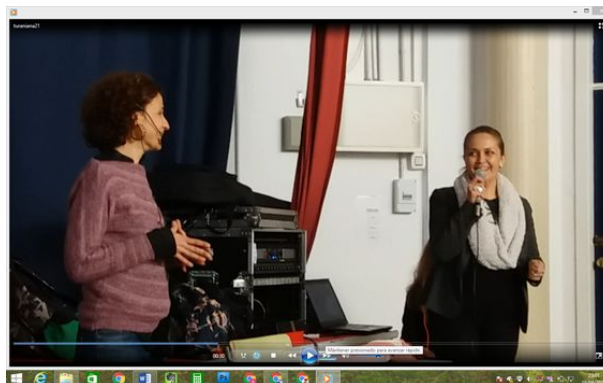
Erasmus+ Project 2018-1-ES01-KA229-049952

Thursday, 14 February

Day 4



On Thursday, we took a half-hour trip to a nearby town, Roquetas de Mar, for a morning full of project activities at IES Turaniana, where we were warmly welcomed by the Headmistress, Ms. Inés Cayuela. She told us about the characteristics of her school, its multiracial students and the projects they are involved in, assisted with the English language by Ms. Carmen Alonso, one of the English teachers, and accompanied by Ms. Ana Belén Molina, Head of the Orientation Department and Emotional Education teacher.



Carmen Alonso acted as the presenter of the programme they had prepared for us, which included videos, song performances, socialising games, emotional education dynamics and a nice breakfast during which SWOT Scouts could exchange experiences with IES Turaniana's mediating students. Previously, our students were introduced to these peacemakers and learnt the fantastic labour they do when conflict arises between students.





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952



IES Turaniana has Emotional Education as curricular subject, so the SWOT Scout teachers took the opportunity to talk with Ana Belén Molina about the subject she teaches and the procedure to select the students who will take the subject.



At 14:15 we took the bus back to Almería for lunch at home with the hosting families.



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project SWOT Scouts

Erasmus+ Project 2018-1-ES01-KA229-049952

That evening we had our farewell dinner, followed by a jazz concert at ClassiJazz. That was the last night all the SWOT Scout students were going to spend together. Before the dinner, we had a little ceremony at the Museum of Almería during which IES Azcona's Headmaster gave the students their certificates of attendance to the mobility. The event was livened up with a music and dance show by Azcona's students.







Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

Friday, 15 February

Day 5

We spent the last day of mobility C1 in Granada. Our visitors could enjoy this beautiful city that houses the Alhambra, the Generalife and the Albaicín neighborhood, declared a World Heritage Site by UNESCO because of their value as a unique testimony of the Islamic culture in the Iberian Peninsula.





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952



It was a wonderful day devoted to sightseeing, taking hundreds of photos, buying souvenirs and learning about the history of Granada under History teacher Mr. José María Verdejo's guidance.



Co-funded by the  
Erasmus+ Programme  
of the European Union

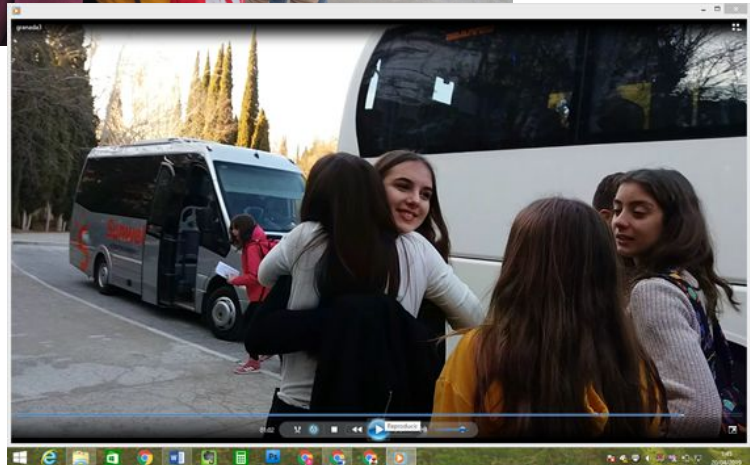


# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952



Later that day it was the saddest moment. It was time to say goodbye to some of our friends, OOU Vlado Tasevski and OŠ Otona Ivekovića, who had to take their flights back to their countries from Granada Airport.







Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

Saturday, 16 February

Going back home

Our three partner schools set off for their countries of origin on Saturday, 16th February, from Granada and Almería Airport.



The host families saw the Italian guests off at the airport.



All of the teams arrived safely to their homes.



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Project **SWOT Scouts**

Erasmus+ Project 2018-1-ES01-KA229-049952

## Conclusions

- All the activities were performed in accordance with the mobility programme.
- All the workshops and emotional dynamics were fulfilled, enriching all the participants with new knowledge and self-awareness.
- We learned about the similarities, as well as differences, in the functioning of our school systems.
- The pupils also learned about the similarities and differences between the four countries of the project. This insight has contributed to strengthen in them the values of respect, tolerance and open-mindedness.
- They could improve their skills to communicate in English in a real-life context.
- Everybody made new friends. Even the shier students were willing to get out of their comfort zone and be there for the rest.