



Emotional Intelligence Activities

Aspects of emotional competence covered: Emotional awareness, self regulation of emotions, empathy, social awareness.

Educational level: Primary, Secondary Education, Higher Education

Source: Own authorship / Encarnación Compán González

Duration: 240 min.

Rules for a healthy coexistence

INTRODUCTION:

The rules of coexistence are basic among people; this makes for an adequate school climate. One way to get students to be more involved in their fulfillment is to have these boundaries written together. By doing this activity students are participating and are more aware of why it is necessary that they exist.

OBJECTIVES:

- Shared responsibility of the entire educational community in which there is an adequate school climate, under principles of respect, tolerance and equality.
- Develop strategies for the prevention and peaceful resolution of conflicts.

PREPARATION:

Space: The computer class with computers and tables to develop group activities.

Materials & resources:

- Computers and overhead projector
- Color printer to get the posters.
- Adhesive tape to stick the posters on the class wall

VOCABULARY:

Nouns and adjectives related to the rules of coexistence.

Verbs of action: arrive, greet, say goodbye, talk, answer, etc



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PROCEDURE:

1. The class agrees on the classroom rules that make for an adequate school climate. You can start from the school rules established in the school's coexistence policy, but allow students to come up with living standards that, in their opinion, are missing but should be there.
2. The rules of coexistence are distributed among the students of the class by the teacher. A rule of coexistence for each student.
3. On the computer each student prepares a poster using a word processor and WordArt letters and they can choose the design they want and add the images they like best.
4. The student prepares another poster making the English translation of the phrase with the same design or choosing a different one.
5. The teacher prints the posters and the students paste them on the wall of their class.
6. Each student explains the rule that has touched him or her and why they think it is important for school coexistence.
7. The class looks great with the posters. So students see them every day and remember what they should do. And the teachers too and anyone who enters the class.