I'm 19 years old and I'd like to find happiness. What should I do and whose advices should I follow to have happy life?   
     Young people asks himself these questions. Especially, we teenagers lost in the world. No one asks what we feel. It's all about profit. Where is a place of kindness, friendship, love or trust? Faith gives us the support, strength and hope for a better tomorrow. She protect us like a mother her child. It shows that you can live better, but in harmony with nature.   
      We live in difficult times. Terrorism becomes commonplace. The world is suffering through hunger, violence and hatred. Tomorrow is uncertain. We don't know what to think, how to proceed, because we are young. I know I have the right to make mistakes if I want to discover what life is. We need a spiritual guide. He will show us the way and give a hand when we need. Parents do not notice our loss. They are busy with problems. Then, we are looking for understanding our environment. Easy solutions are not good. Remember, only you create your future. You set your points. Do not be afraid to dream, is the gateway to success. Follow your own path and not trodden by all. You already know that road, it will not take you to a new location. You're looking your place on Earth. You should appreciate the people who are always with you. They are friends, with whom it will be easier to go through life. But remember, you can't get lost in the struggle for life. That is why we need spiritual support. The body needs food, the soul of the prayer.

 In our history it has happened a lot. War, terrorist attacks, insurrection or factions have shaped our world view and beliefs for centuries .. Today, you can see a crisis of faith. Easier for people is live without God. We want to live without thinking about the consequences of their actions. Unfortunately, each of us comes to the moment when they must think about the meaning of life. The procedure according to our conscience helps us to heal the wounds that still we are. The good that we pass to others, always come back. It is not always at the same time and from the same people, but when you do not expect. Faith survived in us for hundreds of years because it is a spiritual need that even dormant, ever come back to us.   
     I quote at the end words of the great man: " It will be beautiful, after all. Just wear comfortable shoes, because you have to pass all life ... "- John Paul II.

Rajpold Maria, Mielec, Poland