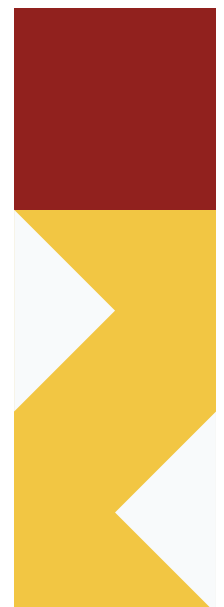


Erasmus TV International & Portugal Meeting.

March 28th to 1st of April



odisseiaETAP2030

Viagem para a terra de amanhã !!!



THE SCHOOL



THE SCHOOL

ETAP- Escola Profissional was created in 1989 and it is one of the oldest and most prestigious professional schools in the country. It was the first to be created in the North region and the second nationally.

It organises initial education and training courses for young people and has six Training Units - Caminha, Vila Praia de Âncora, Vila Nova de Cerveira, Valença, Viana do Castelo and Ponte de Lima - and in the Metropolitan Area of Porto - Maia Municipality.

Young people can complete their secondary level education and training pathway by choosing the vocational course that best suits their motivations and vocational centres of interest. Once completed, in a dual certification pathway, school and vocational, in our school, students can choose to enter the world of work with a level IV qualification from the European Union or continue their studies in higher education institutions, polytechnic or university, with good access conditions.

ETAP is also the promoter of three Qualifica Centres located in Viana do Castelo, Ponte de Lima and Caminha, where adults and young people/adults can certify the academic and/or professional skills acquired throughout life in different contexts (formal, informal and non-formal) and through the most different life experiences.

ETAP Escola Profissional was a precursor in the implementation of quality management systems adapted to education and training institutions. It obtained the EQAVET seal of conformity awarded by ANQEP under the Quality Assurance System.

The trainees who attend professional courses at our school, in addition to the theoretical and practical training they receive throughout the three years of their courses, also take opportunity to participate on ERASMUS+ projects and internships in various European countries.

Throughout its history, ETAP Vocational School has trained thousands of young people and hundreds of adults in training areas such as hotel and tourism, construction and civil engineering, graphic arts, environment and natural resources, management, commerce, IT, design, multimedia, car mechatronics, fashion, sports, among many others, always recording high levels of satisfaction.

The current Educational Project of ETAP Vocational School, called "ETAP Odyssey 2030", seeks to give the necessary framework to its action, which has the central objective of preparing young people for entry into the labour market or for further studies, providing them with a set of soft skills that will enable their full integration into society and their success in the future.

DISCOVERING VIANA DO CASTELO



THE CITY

Viana do Castelo is the northernmost Atlantic city in Portugal, about 25 minutes away from the international airport of Oporto.

The visitors can enjoy a remarkable quality of life, either by the tranquillity and safety of its urban living, either by the richness of its natural, monumental and historical heritage, or, still, by the existence of excellent cultural, sport and social equipment.

The presence of the river, the mountains and the sea provide the city with excellent landscapes which enchant the senses, provide a psychological climate of relaxation and are conducive to the healthy and pleasant occupation of leisure time.

A set of modernised cultural spaces - theatres, cinemas, libraries, museums - provide cultural enrichment for residents and visitors, while the presence of the river and the sea offers special conditions for leisurely sailing and the practice of all types of water sports.

The unequalled wealth of Viana do Castelo's ethnography, which makes the city the capital of Portuguese folklore, the originality and functionality of its handicraft, with special emphasis on crockery and embroidery, the assiduous and qualified cultural entertainment, are other attributes that make Viana do Castelo an extremely attractive city for all types of Tourism.

It's good to live in Viana do Castelo!



OUR STUDENTS

OUR ERASMUS TV INTERNATIONAL CLUB

The challenge was presented and promptly accepted by a group of students who voluntarily chose to participate in this project.

The group is composed by students of the 10th grade and different classes, courses of different areas such as multimedia, management and programming of operating systems and graphic arts.

A heterogeneous group, united and with a strong motivation to share experiences, willing to learn about new cultures, habits and traditions. It is curiosity that motivates us.

We also want to spread the word about our culture, history, tradition and heritage. We hope to welcome you as our tradition dictates, affectionately and doing our best to make you feel comfortable.

STUDENTS



DISCOVER THE CITY

DISCOVERING VIANA DO CASTELO

Peddy paper activity with a pedestrian route to visit historic and cultural places.

This activity allowed the integration of the mobility participants and the group, composed by students from all nationalities, allowing them to live together while they worked together to get to know the cultural heritage of Viana do Castelo.

Above all, it was a lively and interesting activity, as we got to know some of our city's historical landmarks, such as:

The Chapel of Nossa Senhora da Agonia - the most famous of the four chapels erected on the hill formerly known as "Morro da Forca", together with the Chapel of Nossa Senhora da Conceição.

The Fountain at Praça da República - this is a Renaissance fountain and National Monument, the last of a set of three monumental projects made by the Porto stonemason João Lopes.

Santiago da Barra Fort - in a dominant position on the right bank of the river Lima's bar, its function was to defend the anchorage and settlement of Viana da Foz, currently Viana do Castelo.

The Port of Viana do Castelo - important since the Middle Ages, at the time of the Portuguese Discoveries, the port of Viana do Castelo is the third largest port in the country.



TRADITIONS

TRADITIONAL DINNER

Held in Quinta da Presa our traditional dinner where we presented and could taste some of the typical dishes of our rich gastronomic culture. It was also the opportunity to present, through the Folkloric Group of the Lavradeiras of Meadela, an impressive performance where dance, song and traditional music met to provide us with a true cultural show.

Besides the traditional instruments, the elements of the group presented themselves with the traditional clothes of our culture, a symbol of local identity, unique in the panorama of popular clothing in Portugal, easily recognised and identified with the region of origin.

After presenting the traditional costumes, the group explained in detail the differences between the various costumes presented, identifying the peculiar characteristics of each one, the differences according to the formality of the occasion, adapting it to the rhythms and moments of rural life of daily work, moments of rest, namely Sunday, and of celebration, where the girl showed herself proudly in her splendour.



PRESENTATION ONG

NON-GOVERNMENTAL ORGANIZATION

Presentations by students.

Because students also have something to say, this was the moment when the groups presented a local or national NGO, identifying its focus of action, its importance for the community and its possibilities of volunteering.



SEMINAR

GENDER EQUALITY

Seminar provided by "Plano I Association".

In a spirit of collaboration, Plano I Association provided a seminar where it sought to raise awareness among the young participants on a wide range of current social issues, namely inequality, discrimination, violence, exclusion and poverty.



CULTURAL TRAIL

CULTURAL VISIT / TRAIL

It is time to see Viana do Castelo in a different way, to contemplate all the splendour of the city through an elevated panorama, the most beautiful views over Viana do Castelo.

We took the Funicular of Santa Luzia and, with a drop of 160 meters and taking between six to seven minutes, we covered the 650 meters until we reached the top of Santa Luzia. A curiosity, this is the funicular with the longest trip in the country.

We visited the Citânia de Santa Luzia, known locally as "old city", one of the best known castros in Northern Portugal and undoubtedly one of the most important for the study of Proto-History and the Romanisation of Alto Minho. Its strategic location allowed it not only to dominate vast areas of the riverside area, but also to control the movement of entrances and exits in the Lima mouth, which, in Antiquity, would have been navigable for most of its course.

We ended our cultural trail with a visit to the most charismatic temple of the city, the Santuário do Sagrado Coração de Jesus or Santuário de Santa Luzia, where the interior is spectacular, its surroundings majestic and possessing a zimbório, the highest point of Viana do Castelo, from where we could see a landscape of several kilometres, considered one of the most beautiful in the world, a unique view of the region, which aggregates 3 natural elements (sea, river and mountain), compiling in this way a unique image.



WORKSHOP

HOW TO TURN MY SMARTPHONE INTO A PROFESSIONAL CAMERA

Workshop provided by professional expert and teacher of the school, Flávio Cruz, which had the purpose of providing the participants with some techniques, plans and tips to take advantage of all the capabilities that a smartphone allows, as equipment for photographic and video registration.

After the workshop, we went to the north beach, Atlantic coast, where the participants put into practice the techniques and tips discussed in the workshop and where, besides the fantastic photographs, we admired the seashore on a sunny and warm morning.



NATURAL CENTER

CMIA

ENVIRONMENTAL MONITORING AND INTERPRETATION CENTER

We visited the CMIA - Centro de Monitorização e Interpretação Ambiental, an environmental monitoring and interpretation centre resulting from the restoration of the Azenhas de D.Prior Castelo where the natural estuaries of the river Limia are preserved. We had the opportunity to get to know the natural fauna and flora of the region.

In small groups, a peddy paper activity took place where we explored the diversity of plants and animals in the environment and the impact that human beings are causing to the environment.

Following the workshop promoted on the theme "How to turn my smartphone into a professional camera" we had the possibility to put what we learned into practice as the space is prone to good photos.

All in all, it was an activity in contact with nature.



PORTO TOUR

TOUR ON PORTO

Arrived at Porto, starting at the Cathedral, we enjoyed a tour by tourist bus where we enjoyed the impressive views over the Douro River and moved to the first point of the day, the cellars of Quinta da Boeira where we learnt a little about the production of Port wine, about the boats and where we saw the largest bottle of wine in Europe.

We enjoy a walk between Gaia and Alfandega do Porto, knowing the pedestrian bridge Luis I, one of the most beautiful in Europe, where the view over the Douro River is simply stunning, the riverside area tourist spot and undeniable beauty. We visited the São Bento station famous for its tile panels and a historical building.



INTERACTIVE EXHIBITION

Museum of Discoveries

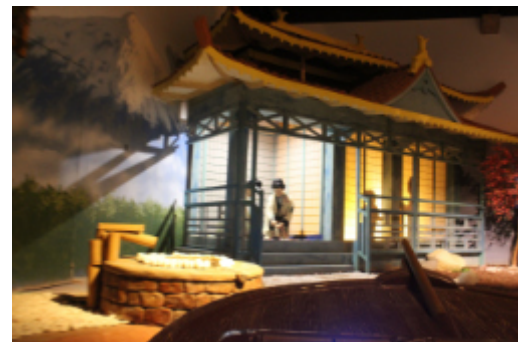
Our visit to this museum allowed us to learn about the history of Portuguese sailing, exploring voyages, ships, trade and colonies around the world, travelling back in time.

The World of Discoveries - Interactive Digital Exhibition, is a space that reconstructs the fantastic odyssey of the Portuguese navigators, who crossed oceans to discover an unknown world. Here we learn about the importance of the time and the history of Portuguese sailing and caravels.

We learned how a caravel was organised inside through full scale models, as if we were inside one.

Through a boat trip we saw and heard the history and the role that Portugal played in this process for centuries, creating new ocean routes and putting people, animals and plants in circulation all over the world.

It was a very nice learning moment.



TESTIMONIES



SPAIN



Chronicle of the week in Portugal- Viana do Castelo : **An experience without waste by Carmen Lamata from INS Vallbona d'Anoia, Spain**

Whenever I make a trip or outing that takes me out of my routine, I face it without expectations and even certain laziness before starting. It overwhelms me to prepare the suitcase and anticipate what to take and above all to have to adjust every detail millimetrically due to aircraft regulations. This is me!

This exchange to Portugal with co-workers and students started like this, without any expectations, one more experience as a teacher accompanying an international exchange. However, as soon as we set foot at the airport on Sunday 27th at 7:30 in the morning, those little butterflies in my belly (let's call it butterflies, let's call it intuition) began to tell me that everything was going to be fine.

It is obvious that to create this sensation of good vibes, the previous work of the international coordinator, my colleague Carmen Flores, played a vital role, because it is not easy to bring together five countries under the banner of a European project and mobilize 48 people, between students and teachers, in a third country, in this case, Portugal, where everything flows and develops in such an exemplary manner. Starting with our students who have demonstrated great maturity in all aspects, whom I take this opportunity to congratulate, since they have easily been able to adapt to and follow all the proposals and activities that have been proposed to them throughout the week.

The organizing country is another success key to this trip. Indeed, they have been exemplary hosts who have foreseen every detail of the meeting, anticipated our needs and made us feel as a compact international team.

I have nothing else to say, just highlighting the fact that the students at Erasmus TV International are very lucky to be able to join mobilities of this type within their curricula. I encourage them to participate in this and other Erasmus projects, because the experiences outside the classroom can be fantastic!!!

This Erasmus project has been a big opportunity to know other people and to discover other cultures. I have enjoyed it because I have been able to practise my English, I have tasted new dishes and I have done activities I had never done before...

Personally, it has been an unforgettable experience because it has allowed me to step out of my comfort zone and I have been able to discover new things about myself that I thought I couldn't do.

Sara Rubio, 16 years old, Vallbona d'Anoia (Spain)

Erasmus TV International:

The Erasmus, as a life experience, is an unforgettable landmark in my life. I have enjoyed getting to know and spending my time with the students from other countries and I thank my teachers and the teachers from the other countries for this great opportunity they have given us.

I loved meeting new people, sharing their likes, ways of life, cultures and traditions.

I've also liked all the activities in general, some have been a bit more exciting than others, but in general all have been very productive and fun. I feel like repeating this experience and I'm looking forward to the future and to the next meeting in Vallbona.

Pol Diaz, 15 years old, INS Vallbona d'Anoia (Spain)

This trip to Viana do Castelo has been one of the best experiences in my life. I have made a lot of new friends and met nice people. The hotel was very nice and comfortable, and ETAP was a huge school with a great variety of vocational studies to choose from. I recommend these Erasmus experiences very much because you learn a lot from them and they are a lot of fun.

Àlex Allepuz, 13 years old, INS Vallbona d'Anoia



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12:00	94172	Ponta Delgada	Estimated	12:05
12:05	TP4651	Madeira		
12:05	TP1940	Lisbon		
12:05	9N3811	Brussels		
12:10	TP212	Newark	Estimated	11:31
12:15	FR5861	Cagliari	Estimated	12:10
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TURKEY



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Erasmus TV international Portugal mobility was a unique experience for me and my students. The city of Viana do Castelo was a wonderful place, with a magnificent view of the River Minho and the Atlantic Ocean. Our students had the chance to explore this beautiful city in a pleasant way with the Peddy Paper activity organized by the host school. In addition, we had the chance to enjoy the view of the whole city with our visit to the Santa Luzia Church that we took with a pleasant journey with the funicular. The seminars and practices held by experts at the host school were extremely beneficial. Moreover, with the trip to Porto, we had the chance to experience the magnificent atmosphere of this city. In addition to all these, it was very enjoyable to taste the wonderful dishes of the Portuguese Cuisine.

In this beautiful and harmonious atmosphere, our students had the opportunity to mingle and communicate with students from other countries, and they had the opportunity to both improve their foreign languages and get to know different cultures.

Finally, I would like to thank the Portuguese Team for their wonderful hospitality, who made this event great for us. They did their best to provide us with this beautiful atmosphere. In conclusion, this trip was an unforgettable life experience for both me and my students.

Ebru Derinođlu, teacher, Turkey

I was really happy when I heard that I had a chance to go to Portugal because I got Covid before Italy trip and couldn't go there so for me to hear that I had a chance again it was a great feeling.

When we went there, they really made us feel home. They were friendly to us and they always tried to make sure that we feel comfortable. I really like Porto and Viana do Castelo. I was able to smell history out of the cities. They really planned everything and showed us every corner of the city. I learned about their culture and their food. Everything I ate was delicious and I really enjoy doing things with them. The first night they showed us their folk dance and they danced with us that was really fun. I really enjoyed the seminars too. They gave a seminar about gender equality and it was really informative for me and for all of us and they taught us how we can turn our mobile phones into cameras and they let us experience this on the beach and we had a picnic by the Ocean. I had a lot of fun. I am really glad to have been there and being part of this project. I made new friends and talking to them was a joyful thing for me. I would like to thank them for making us feel home and I would like to thank our teachers for giving us this opportunity.

Beyza Havva İlhanogđlu, student, Turkey.

ROMANIA



The meeting in Portugal was great. The Romanian students and teachers enjoyed every moment. Our students broaden their horizons, improved their communication skills, made new friends, worked together with their colleagues from the partner countries and were happy to discover the beautiful city Viana do Castelo and the Portuguese culture. The short-term exchange of the group of pupils in Portugal was very well organised and achieved all their objectives. Thank you to all the Portuguese team and especially to Cristiana Montes and Joao Barroso for their effort in organising the meeting and for their hospitality.

Carmen Epure, teacher, Romania

I was excited to be part of this meeting and make new friends. The activities were entertaining and I enjoyed working in groups with the others. It was nice meeting other people and making new friends. I would like to do more activities like this in the future.

Bogdan Andrei Toma, student, Romania



POLAND



The meeting in Portugal was amazing in every aspect. Not only it gave another great opportunity to all the participants of the project to explore the cultural variety between the participating countries, but also let the participants see some of the Portuguese magnificent heritage as well as feel the magical atmosphere of Viana do Castelo and Porto in close-up. I particularly liked all those moments when I could see my students filled with awe when they could see some majestic views and places or when they could try totally different cuisine which they liked a lot. What was also really important was the fact that the students could see how different approaches to various matters can be in different countries, they could learn new things connected with photography, which is so important in our everyday life and also, discover different points of view during discussions about gender equality. All in all, it was an unforgettable meeting which filled us all with great memories regarding beautiful places, good people, delicious food, interesting opinions, involving workshops and debates and last but not least, experience which will stay with the participants forever.

Małgorzata Głuszyk, teacher, Poland

I had an opportunity to take part in Erasmus TV International project in Portugal. To be honest that was a journey that I'll remember forever. Despite the country and gorgeous views I had an opportunity to work with such an interesting and clever band. Hosts were very friendly and nice to us. They tried to show us everything and taught a lot of wonderful things. Workshops were absorbing. I hope that I will have a chance to take part in another projects, too. Thanks for all, dear friends.

Martyna Zawitkowska, student, Poland

ITALY



From the 27th to the 2nd of April our school took part in the Erasmus Transnational Meeting in Portugal. The meeting was hosted by ETAP Escola Profissional in Viana do Castelo.

Viana is a quiet, nice town and its motto is 'if you like you visit it, if you love it you stay'. We enjoyed it a lot, our guests organized the meeting perfectly.

We stayed at Hotel the Parque, rooms were comfortable and quiet.

We especially enjoyed the folkloristic show with dancers and singers that was performed during one of our social dinners.

On the fourth day we attended a particularly interesting workshop on how to use your phone as a professional camera and then we took a walk to the beach to have a try. It was really amazing, students and teachers really appreciated it! Students also liked the visit to Porto and to the Museum of Discoveries, where on a boat they took a tour to discover the many far lands reached by Portuguese explorers.

The topics of the meeting were all equally interesting but what surprises me every time I take part in one of these meetings is how easily students start to cooperate and work with each other, how quickly they get close, make new friends and share experiences.

A special thank to Joao, Cristiana, Paulo and Angelina that gave us the warmest welcome to their country and unveiled some of its secrets.

Corrado, teacher, Italy

From the 27th of March to the 2nd of April we took part in an Erasmus+ Transnational meeting in Portugal, in our team there were 4 teachers and 7 students.

We stayed in Viana do Castelo but we also visited Lisbon and Porto.

The cuisine in Portugal is very special and very abundant.

During the morning we attended workshops on gender equality, NGOs and on how to use your phone as a professional camera. It was a very beautiful experience and we also visited the most beautiful cities in Portugal.

We have made new friends especially with the Spanish students because they are more or less our age.

We have to thank our teachers and the organizers of the project because this experience has made us grow in many ways and especially thanks to our teacher for giving us this fantastic opportunity.

Mia, Riccardo, Marta e Amir, students, Italy

CERTIFICATION

Already with nostalgia in our hearts, we started our last working day with a reflection on how the mobility went and we proceeded to the respective delivery of participation certificates to all participants.

It was a full week, the weather was pleasant and allowed us to go around our city showing what we are so proud of, our history, heritage, culture, gastronomy, landscapes and, above all, our passion for the region and the pleasure in receiving our guests, making you feel good and trying to make this time gap as pleasant as possible, so that you take Viana in your heart.

For some reason the symbol of Viana do Castelo is a heart, because...

...if you like you visit it, if you love it you stay.



