1. **What is the meaning of the magnet? Try to guess what´s the meaning and think if all of us have those Yin-Yang elements and if we should balance both elements on our lives. Some of us may be more Yin and some others may be more Yang, and both are necessary and fine.**

**The meaning of the magnet is that everyone has a little bit of Yin in their Yan, that opposites attract. Some people are Yin, others are Yan , they always complement each other**

**Elsa Mangione Robles.**