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Basic
Essence
Rare
Good
Absolute
Masterpiece
Of
Therapeutic properties





Fresh
Inside the
Sea , swim and have
Habitat

Having

Only

Nutritive

Effects

Yellow and yummy



Kee**p**
In perfect
Way
Yourself



Lemon juice is

Every

Monday afternoon

On my desk

Near an orange cake



Marvellous
Arabic
Special
Tasty gum
Island from Greece
Comes



Olive oil

Is

Light and healthy



Orange
Refreshes
And is a
Natural cure
Genuine for
Everybody



People

Always eat

Spaghetti with

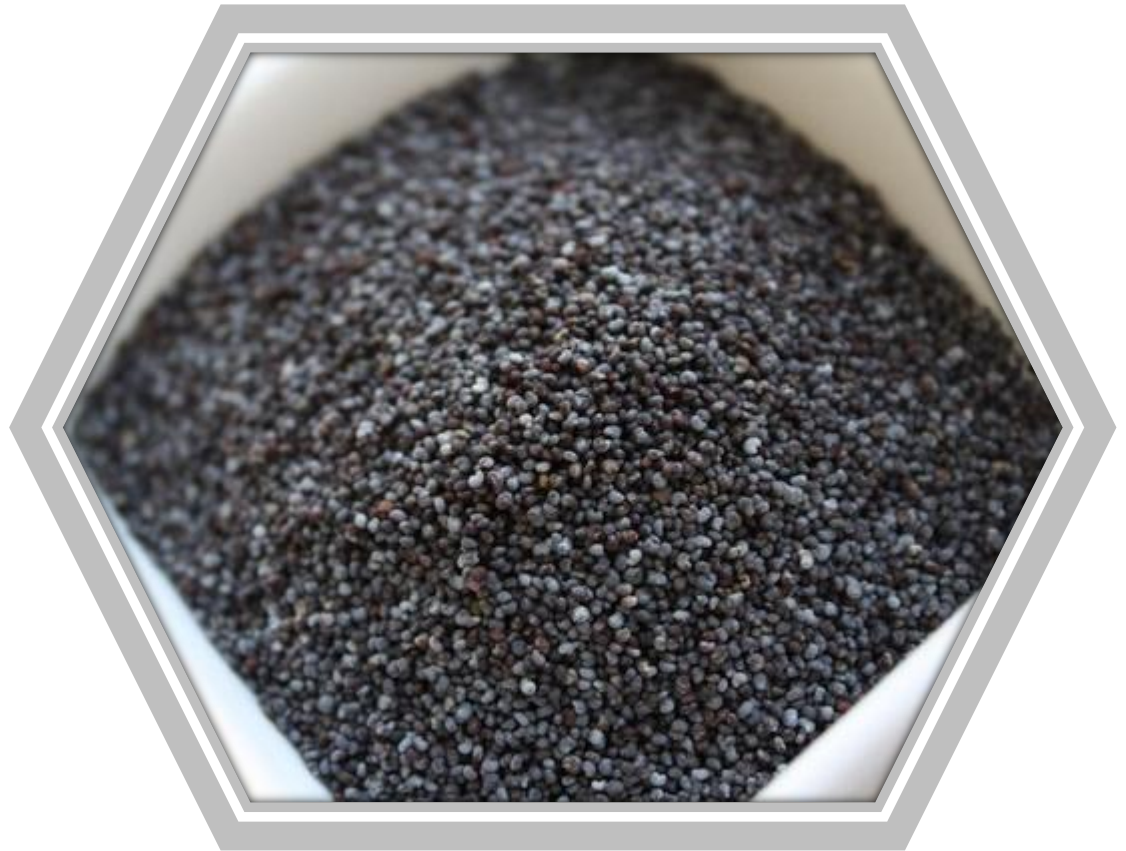
Tomato

And basil



Pinch
Or
Plenty into a
Plate
You can have

Small
Exclusive
Extra
Dressed black
Seeds



Tangerines
Are Italian fruits.
New
Generation
Eat and taste them.
Refreshing,
In cold days,
Nourishing,
Energetic and
Sweet, they are



The recipe is:

Oil,

Mozzarella,

And

Tomatoes...

Oh, how tasty pizza is!!!



Zucchini are
Used in every
Country and
County
Highly
Ideal in
Nutrients
Indeed



We played with the words of Italian Superfoods but we thought of playing with a superfood from each team too.

We hope you will like them !

by Martina