E-twinning activity

The Paralympic is the biggest multi-sport event for disabled athletes in the world. The first games Paralympic there were in Italy in 1960. At the London 2012 Games, 4,200 athletes from 160 countries took part in 20 sports.



The result of this competitions are benefits: first of all, upgrade the physical condition of disabled person because this one practises sport. The Paralympic games upgrade also the psychological condition because thanks to sport disabled person feels confidence in her abilities. These games are a way to give a better life to all disabled people who participate at Paralympics competitions. There are also many associations that organize activity for disabled people and not only Paralympics.

In my opinion the disabled players can’t compete with “normal” players at a professional level because physically the players who have no physical malformation are too advantages. From my point of view can exist games at the amatorial level for both: include disabled and not disabled people. Indeed, there are also many amateur organisations that promote activity for disabled and not people.

The sport is wonderful instrument: although there are unfortunately blind and wheelchair people, they can be doing a normal life. Thanks to sports these people can socialise, stay together is an optimal way to battle the difficult conditions of them. Furthermore, the disabled people can feel important in today’s society and above all guarantee the principle of equality which is the form basis of the modern democracy.

There are people without leg or arm who can practise physical activity. They, during the sports activity, have the prosthesis. A prosthesis is an artificial apparatus which has the purpose of replacing a body part missing. This electronical instrument consent to these people to lead a normal life. Indeed, they can run, walk and do all actions of everyday like.