

Climate Warriors HSAL

Bike to Work Day : Online Lesson

This lesson plan is designed for informing English learners about Bike to Work Day

IT IS NOT TOO LATE
FOR

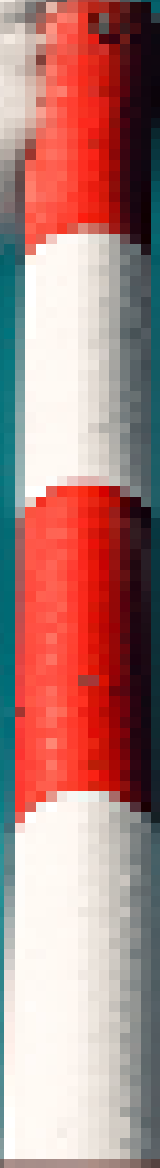
Environment



eTwinning



To fight climate
change together



*"I thought I couldn't
make a difference
because I was small"
Greta Thunberg*

MULTIPLE CHOICE

Bike-to-Work Day is held (1) _____ year across North America on the third Friday of May. It was started by the League of American Bicyclists in 1956. Its aim is to (2) _____ the bicycle as a serious choice of getting to and from work. In today's world where global warming is a (3) _____ issue, the bicycle is a perfect way of reducing our carbon footprint. Cycling to work is a (4) _____ alternative to driving or taking public transport. A healthier society means there is not so (5) _____ pressure on the country's health system. Of course, it depends how far you live from your place of work. Cycling is also much kinder on your pocket. Another (6) _____ of cycling is feeling more creative and full of energy once you get to work, which will improve your performance.

Bicycles are the most common (7) _____ of transport in the world. There are about one billion worldwide. This makes it the most popular (8) _____ ever. When we think of some countries, like China, we imagine hundreds of people cycling everywhere. Even in high-tech Japan, it is (9) _____ not to see businessmen, farmers, mothers or workers in the streets on their bikes. Bicycles were invented in the 19th century and haven't changed (10) _____ since. Bicycles now have gears, better brakes and suspension, but the shape is the same as before. We use bicycles today for (11) _____, fitness, policing, Olympic competition, mail delivery and lots more. Without the bicycle, (12) _____ of the world might stop working!

Put the correct words from this table into the article.

- | | | | | |
|-----|--|--|---|---|
| 1. | (a) holding | <input checked="" type="checkbox"/> (b) held | (c) hold | (d) holder |
| 2. | <input checked="" type="checkbox"/> (a) promote | (b) promotion | (c) promoter | (d) promoting |
| 3. | (a) seriously | (b) series | <input checked="" type="checkbox"/> (c) serious | (d) seriousness |
| 4. | (a) health | (b) healthily | <input checked="" type="checkbox"/> (c) healthy | (d) healthiest |
| 5. | (a) many | (b) more | (c) most | <input checked="" type="checkbox"/> (d) much |
| 6. | (a) beneficial | <input checked="" type="checkbox"/> (b) benefit | (c) benefits | (d) benefactor |
| 7. | <input checked="" type="checkbox"/> (a) form | (b) farm | (c) from | (d) forum |
| 8. | (a) inventor | (b) invented | (c) invents | <input checked="" type="checkbox"/> (d) invention |
| 9. | (a) possibility | <input checked="" type="checkbox"/> (b) impossible | (c) possibilities | (d) impossibility |
| 10. | (a) most | (b) many | (c) more | <input checked="" type="checkbox"/> (d) much |
| 11. | <input checked="" type="checkbox"/> (a) recreation | (b) recreate | (c) recreational | (d) recreates |
| 12. | (a) more | (b) most | <input checked="" type="checkbox"/> (c) much | (d) many |

PHRASE MATCH

Match the following phrases from the article.

Paragraph 1

- | | | |
|----------------------------------|---|----------------------------|
| 1. Bike-to-Work Day is | 3 | a. our carbon footprint |
| 2. getting to and | 4 | b. country's health system |
| 3. a perfect way of reducing | 6 | c. feeling more creative |
| 4. pressure on the | 1 | d. held every year |
| 5. it depends | 2 | e. from work |
| 6. Another benefit of cycling is | 5 | f. how far you live |

Paragraph 2

- | | | |
|---------------------------------|---|------------------------|
| 1. Bicycles are the most common | 4 | a. in the 19th century |
| 2. the most popular invention | 6 | b. stop working |
| 3. Even in high- | 1 | c. form of transport |
| 4. Bicycles were invented | 3 | d. tech Japan |
| 5. the shape is the | 2 | e. ever |
| 6. much of the world might | 5 | f. same as before |

PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

- (7) and full of energy once you get to work, which will improve your performance.
- (14) delivery and lots more. Without the bicycle, much of the world might stop working!
- (8) Bicycles are the most common form of transport in the world. There are about one billion worldwide. This makes it the most
- (1) Bike-to-Work Day is held every year across North America on the third Friday of May. It was started
- (13) before. We use bicycles today for recreation, fitness, policing, Olympic competition, mail
- (6) place of work. Cycling is also much kinder on your pocket. Another benefit of cycling is feeling more creative
- (5) means there is not so much pressure on the country's health system. Of course, it depends how far you live from your
- (3) from work. In today's world where global warming is a serious issue, the bicycle is a perfect way of reducing
- (9) popular invention ever. When we think of some countries, like China, we imagine hundreds of people cycling
- (11) workers in the streets on their bikes. Bicycles were invented in the 19th century and haven't changed much
- (12) since. Bicycles now have gears, better brakes and suspension, but the shape is the same as
- (4) our carbon footprint. Cycling to work is a healthy alternative to driving or taking public transport. A healthier society
- (2) by the League of American Bicyclists in 1956. Its aim is to promote the bicycle as a serious choice of getting to and
- (10) everywhere. Even in high-tech Japan, it is impossible not to see businessmen, farmers, mothers or

WRITING

Write about Bike To Work Day for 10 minutes. Show your partner your paper. Correct each other's work.

Encouraging people to cycle to work and forsake their motor vehicles for just one day is one of the most popular activities on Bike Day. We should reduce the use of public transport or cars and thus, our carbon footprint. Bicycle is a great alternative to them. Furthermore, I guess everyone knows the importance of getting exercise. Cycling for 30 minutes to and from work is indeed one of the best exercises ever. It also helps reduce health issues especially obesity.

I would really like to join the Bike To Work Day. Lastly, remember that it is held every year across North America on the third Friday of May :)