

Climate Warriors HSAL

Bike to Work Day : Online Lesson

This lesson plan is designed for informing English learners about Bike to Work Day

IT IS NOT TOO LATE
FOR

Environment


eTwinning



**To fight climate
change together**

*"I thought I couldn't
make a difference
because I was small"*
Greta Thunberg

MULTIPLE CHOICE

Bike-to-Work Day is held (1) _____ year across North America on the third Friday of May. It was started by the League of American Bicyclists in 1956. Its aim is to (2) _____ the bicycle as a serious choice of getting to and from work. In today's world where global warming is a (3) _____ issue, the bicycle is a perfect way of reducing our carbon footprint. Cycling to work is a (4) _____ alternative to driving or taking public transport. A healthier society means there is not so (5) _____ pressure on the country's health system. Of course, it depends how far you live from your place of work. Cycling is also much kinder on your pocket. Another (6) _____ of cycling is feeling more creative and full of energy once you get to work, which will improve your performance.

Bicycles are the most common (7) _____ of transport in the world. There are about one billion worldwide. This makes it the most popular (8) _____ ever. When we think of some countries, like China, we imagine hundreds of people cycling everywhere. Even in high-tech Japan, it is (9) _____ not to see businessmen, farmers, mothers or workers in the streets on their bikes. Bicycles were invented in the 19th century and haven't changed (10) _____ since. Bicycles now have gears, better brakes and suspension, but the shape is the same as before. We use bicycles today for (11) _____, fitness, policing, Olympic competition, mail delivery and lots more. Without the bicycle, (12) _____ of the world might stop working!

Put the correct words from this table into the article.

- | | | | | |
|-----|-----------------|----------------|-------------------|-------------------|
| 1. | (a) holding | (b) held | (c) hold | (d) holder |
| 2. | (a) promote | (b) promotion | (c) promoter | (d) promoting |
| 3. | (a) seriously | (b) series | (c) serious | (d) seriousness |
| 4. | (a) health | (b) healthily | (c) healthy | (d) healthiest |
| 5. | (a) many | (b) more | (c) most | (d) much |
| 6. | (a) beneficial | (b) benefit | (c) benefits | (d) benefactor |
| 7. | (a) form | (b) farm | (c) from | (d) forum |
| 8. | (a) inventor | (b) invented | (c) invents | (d) invention |
| 9. | (a) possibility | (b) impossible | (c) possibilities | (d) impossibility |
| 10. | (a) most | (b) many | (c) more | (d) much |
| 11. | (a) recreation | (b) recreate | (c) recreational | (d) recreates |
| 12. | (a) more | (b) most | (c) much | (d) many |

PHRASE MATCH

Match the following phrases from the article.

Paragraph 1

- | | |
|----------------------------------|----------------------------|
| 1. Bike-to-Work Day is | a. our carbon footprint |
| 2. getting to and | b. country's health system |
| 3. a perfect way of reducing | c. feeling more creative |
| 4. pressure on the | d. held every year |
| 5. it depends | e. from work |
| 6. Another benefit of cycling is | f. how far you live |

Paragraph 2

- | | |
|---------------------------------|------------------------|
| 1. Bicycles are the most common | a. in the 19th century |
| 2. the most popular invention | b. stop working |
| 3. Even in high- | c. form of transport |
| 4. Bicycles were invented | d. tech Japan |
| 5. the shape is the | e. ever |
| 6. much of the world might | f. same as before |

PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

- () and full of energy once you get to work, which will improve your performance.
- () delivery and lots more. Without the bicycle, much of the world might stop working!
- () Bicycles are the most common form of transport in the world. There are about one billion worldwide. This makes it the most
- (**1**) Bike-to-Work Day is held every year across North America on the third Friday of May. It was started
- () before. We use bicycles today for recreation, fitness, policing, Olympic competition, mail
- () place of work. Cycling is also much kinder on your pocket. Another benefit of cycling is feeling more creative
- () means there is not so much pressure on the country's health system. Of course, it depends how far you live from your
- () from work. In today's world where global warming is a serious issue, the bicycle is a perfect way of reducing
- () popular invention ever. When we think of some countries, like China, we imagine hundreds of people cycling
- () workers in the streets on their bikes. Bicycles were invented in the 19th century and haven't changed much
- () since. Bicycles now have gears, better brakes and suspension, but the shape is the same as
- () our carbon footprint. Cycling to work is a healthy alternative to driving or taking public transport. A healthier society
- () by the League of American Bicyclists in 1956. Its aim is to promote the bicycle as a serious choice of getting to and
- () everywhere. Even in high-tech Japan, it is impossible not to see businessmen, farmers, mothers or

