

Eating meat - a problem?





???



Environmental effect of eating animal products

“The livestock sector produces about 15% of global greenhouse gases, roughly equivalent to all the exhaust emissions of every car, train, ship and aircraft on the planet. “

<https://www.bbc.com/news/science-environment-34899066>

Impact of consuming animal products

This means: eating animal products, like meat, cheese, milk etc. produces as much harmful gas as all

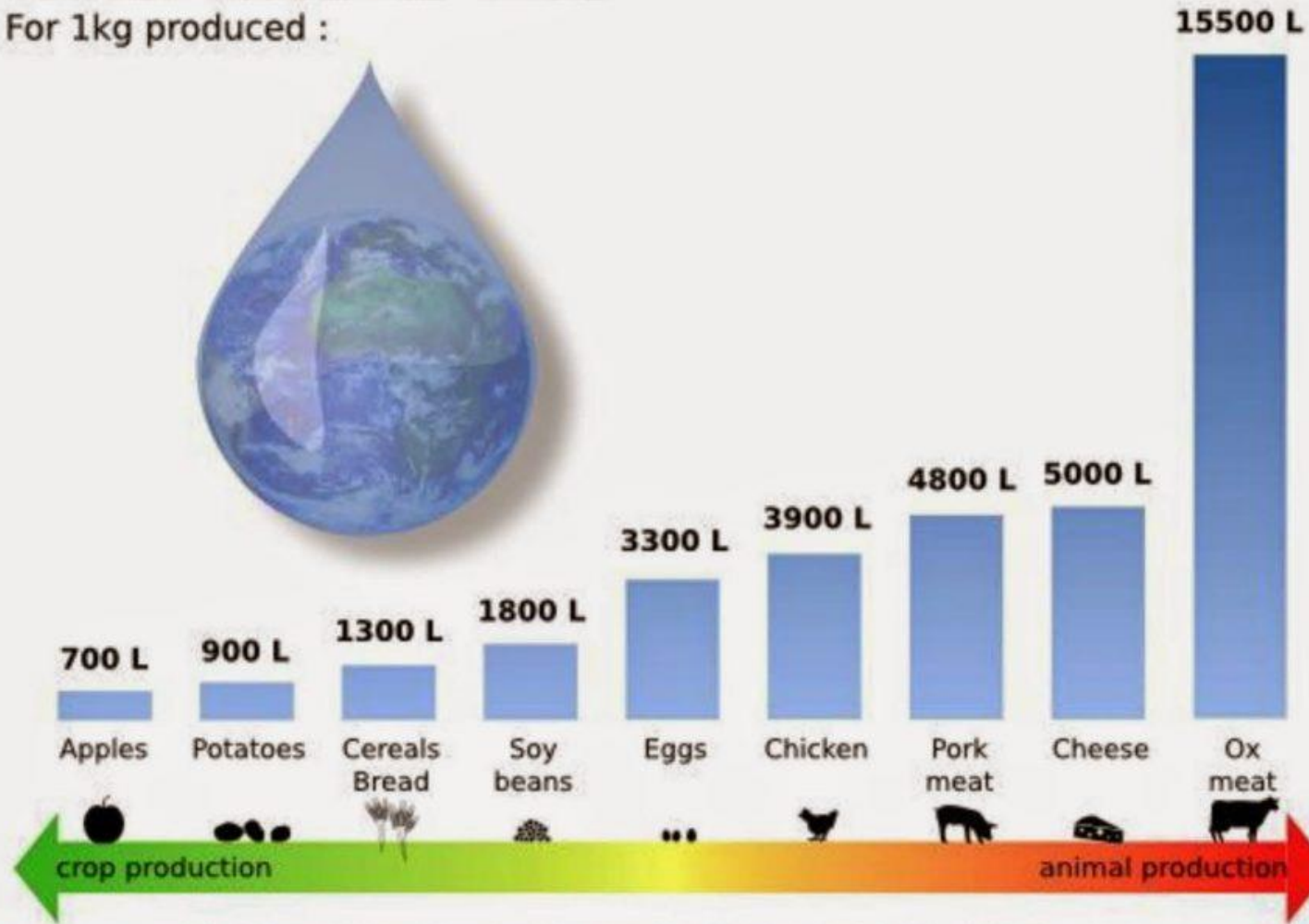
- ▶ **Trains**
- ▶ **Cars and lorries**
- ▶ **Cruise liners**
- ▶ **Planes**

Together!



Water need for food

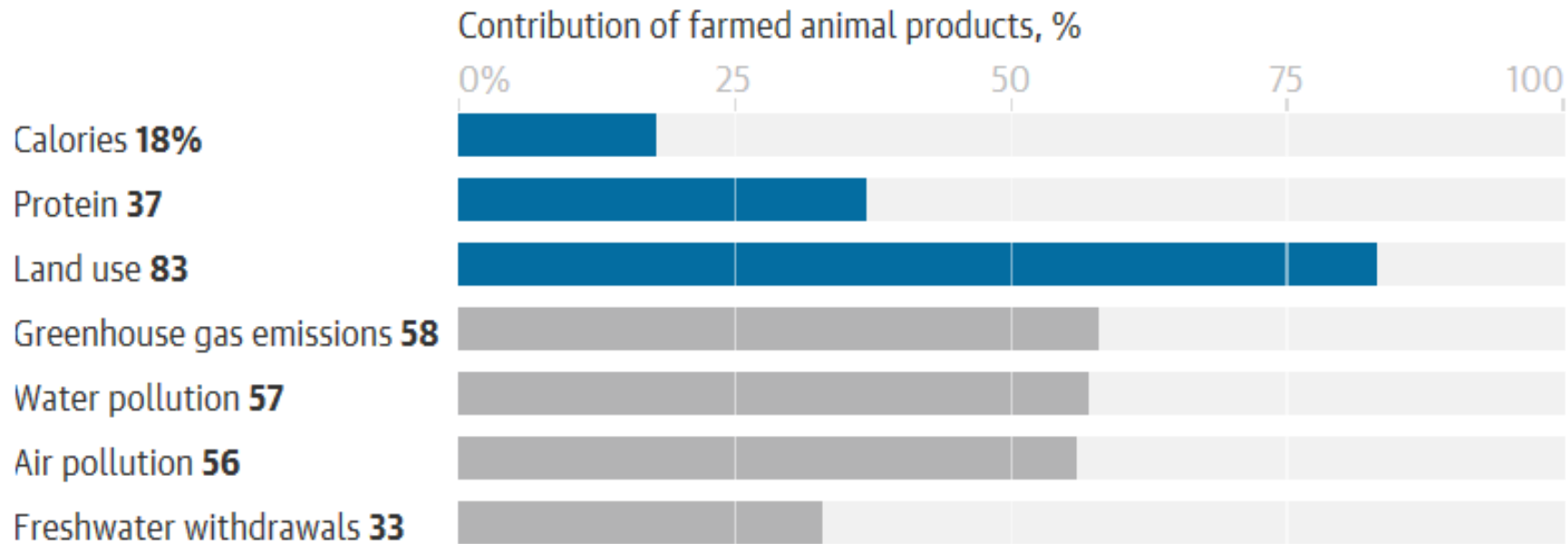
For 1kg produced :



Source : Water Foot Print <http://www.waterfootprint.org/?page=files/productgallery>
Diagram www.L214.com

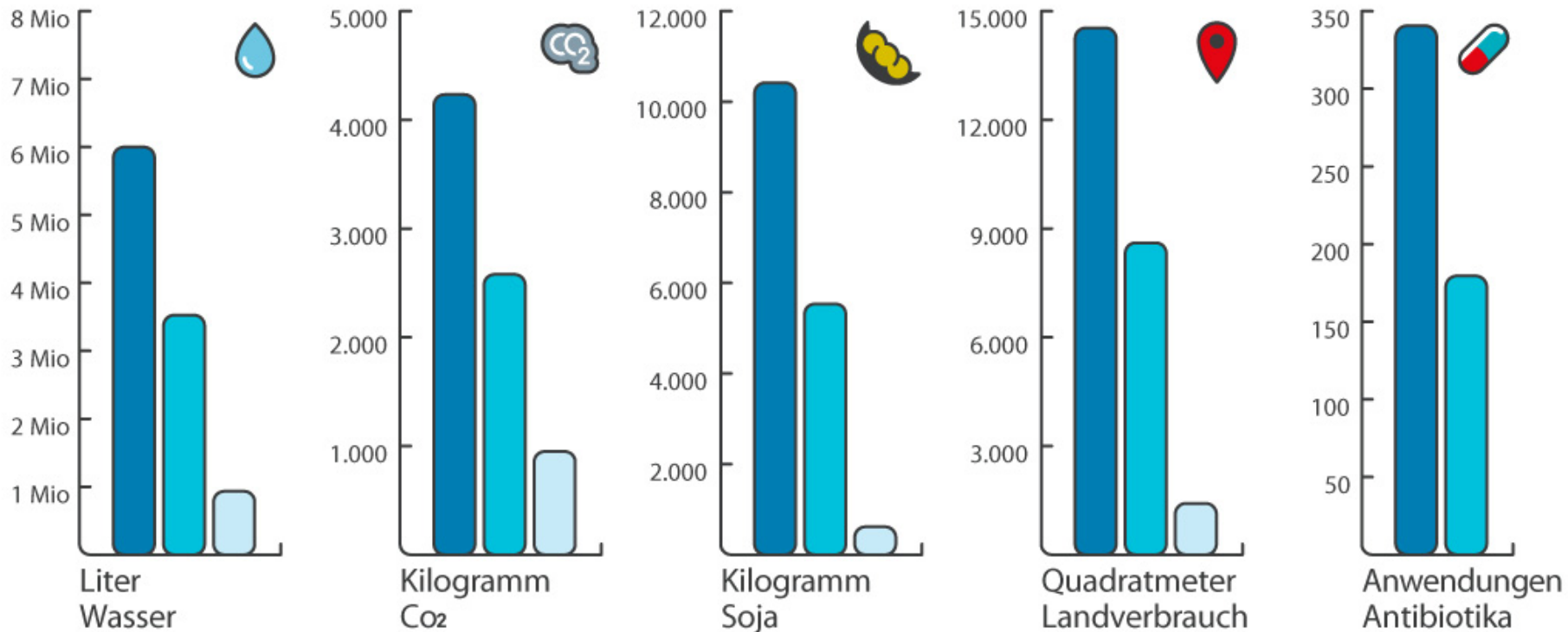
Impact of consuming animal products

More than 80% of farmland is used for livestock but it produces just 18% of food calories and 37% of protein



Guardian Graphic | Source: Poore and Nemecek, Science

This is how we could help the environment by eating less meat



durchschnittlicher Fleischkonsum 50% Fleisch 50% Vegetarisch komplette vegetarische Ernährung

blitzrechner.de/fleisch

Impact of consuming animal products

The largest meat consumers

Million tonnes, 2011

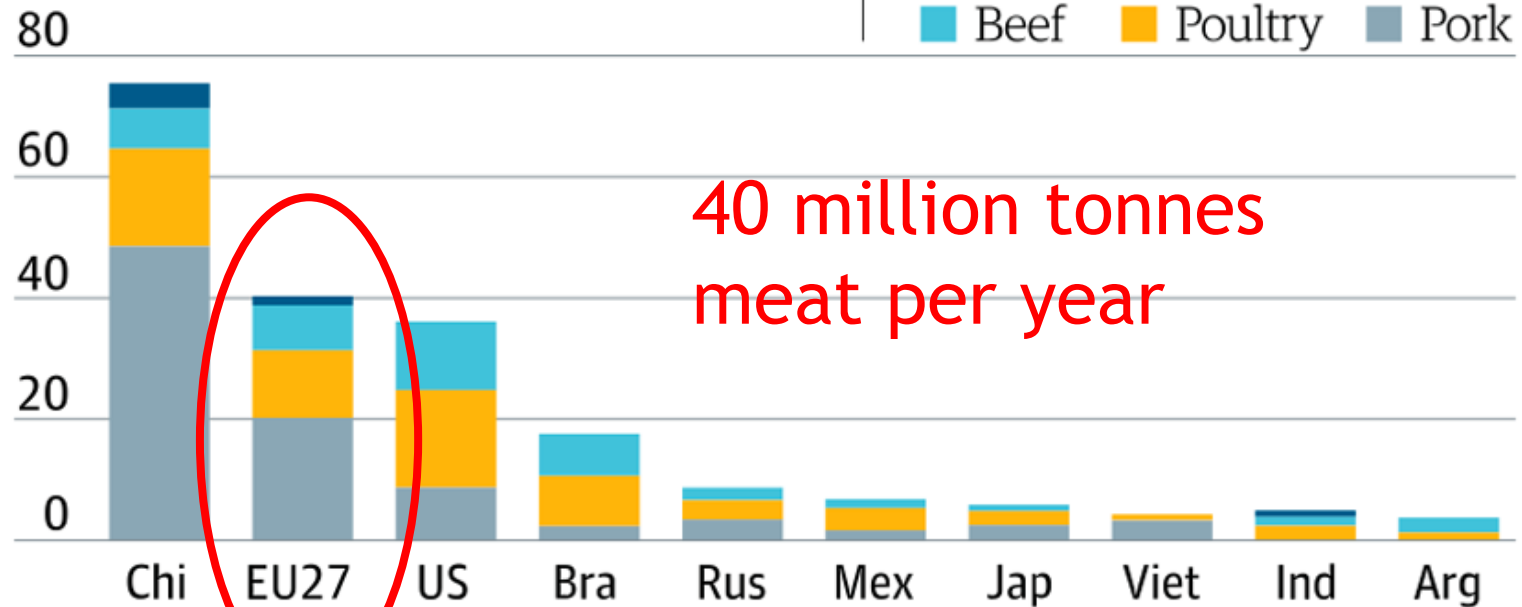
Key

■ Mutton and goat meat

■ Beef

■ Poultry

■ Pork



40 million tonnes
meat per year

GUARDIAN GRAPHIC

SOURCE: FAOSTAT

Some fun facts

Spain: Since 2011, number of vegetarian restaurants has doubled

Germany: 10% vegetarian plus ca. 50% „Flexitarians“ (part-time vegetarians)

People who eat less meat and eat more vegetables are healthier (less risk of heart attacks)

Vegetarians live longer

:-)

Impact of consuming animal products

“A vegan diet is probably the single biggest way to reduce your impact on planet Earth,”

said Joseph Poore, University of Oxford, UK

“It is far bigger than cutting down on your flights or buying an electric car.”

<https://www.theguardian.com/environment/2018/may/31/avoiding-meat-and-dairy-is-single-biggest-way-to-reduce-your-impact-on-earth>