

Day 2. Monday 14th

Excursion around the school.

What is the school's name? Rīgas Zolitūdes Ģimnāzija

What amazed/surprised me the most about the school?

I was surprised that you can use the phone listening to music, playing games, reading the lesson, if you don't need change sheets.

Lāci. Bakers' Expedition. (jobs, tools, history and degustation).

What did I get to know

I learned a lot from this ~~bread~~ ^{bread} factory.

I know what ~~traditional bread~~ ^{traditional bread} is made of, at the beginning we tried ~~bread~~ ^{bread} it was very good. This ~~is~~ ^{is} my hope very long history. We make very large cake.

FOOD DIARY

I was fed in the family:

For breakfast - bread with butter, cheese and not

For lunch - Rice with chicken

For supper - milk and cereal

When Latvians talk about their land national identity, nothing would describe it more exactly than a real rye-bread.

The bakery "Lāci" uses immemorial cultivated master knowledge and skills to bake the bread. The real rye-bread is baked from the steel cut rye meal, the fermentation process takes place in wooden tubs, the fermentation base is created rather with the starter than with the pressed yeast, bread is baked in a real wood-fired hearth and all this gives a unique flavor and nutritional value to the bread.

