ENGLISH LANGUAGE TECHNIQUES FOR SELF-STUDY

1. Changing the language of your phone

Nowadays, we spend many hours on our phones. During that time, without being completely aware of it, we are constantly in contact with useful and up to date vocabulary related to social media. That is the reason why we think this technique is very helpful for learning English or any other languages, as it is an intuitive and effortless method of doing so.

2. Talking with your foreign friends

In today's society, it is very common having contact with international people due to academic exchanges. If you are lucky enough to have something like that, don't miss the amazing opportunity to improve your English. We know that it can be intimidating, but sometimes we must jump into the pool even if it means making mistakes. Just be patient, practice makes perfect!

We think it is a very useful technique because it implies an emotional bond. The will of keeping friendship with these people is stronger than the fear of using English, which makes this one a really great technique.

3. Watching videos in English

Nowadays, thanks to webs like Youtube, we have thousands of videos within reach. This wide range of videos means that there are many topics to choose from, which allows us to always have an option that we are interested in. Moreover, we can watch the videos with subtitles (in English or in our own language) if we don't feel confident enough, and then we can eventually turn them off.

We are very fond of this technique as we have been able to see the results in our own English skills. We believe that choosing a topic you are really interested in makes the experience funnier and more enjoyable.

María García Molina María Osuna Fernández