**Erasmus+ Project 2019-1-HU01-KA229-06100  
Self-awareness: Embrace Yourself, Embrace the World**

**Title:cyberbullying**

AGE: 14-16 SECONDARY SCHOOL STUDENTS

LESSON AIM :

* Identify good habits to limit the damage of the mobile Phones and social media
* Acquire a conscious behavior for a responsible use of the mobile phone
* reflect on the use of the phones and social media to understand what advantages they offer and what dangers they hide

TIME: 55 MINUTES

**TASK 1**: WATCH THE VIDEO ON YOU TUBE

<https://youtu.be/JfAFQ7ascuM>

ACTIVITY 1

After watching the video, the students reflect on what they have just watched and give answers to a set of questions with a given score (0-5)

1. WHAT DO YOU HAVE IN COMMON WITH THE PROTAGONISTS OF THE VIDEO?
2. DO YOU USUALLY DO THE SAME IN SIMILAR SITUATIONS?
3. WHY DO YOU NEED TO POST PRIVATE LIFE MOMENTS?
4. DO YOU FEEL LOST WITHOUT A 24-HOUR CONNECTION?

ACTIVITY 2

The students compare their answers, sum up the points and discover the addiction level to phones and social media.

ACTIVITY 3

The students first analyse the results of the survey, then, in groups, prepare a chart containing the advantages and the dangers of social media

|  |  |
| --- | --- |
| Advantages  1.  2.  ……………… | Disadvantages  1.  2  …………….. |

**TASK 2**

The teacher elicit students to think about the negative aspects of social media and in particular on cyber-bullying

ACTIVITY:

WATCH THE FOLLOWING VIDEO ON YOU TUBE

<https://vimeo.com/119144265>

In groups, write a brief rap song about cyber-bullying