**The Bean story**

*Iuliana Ciubuc- Buşteni-România*

Beans originated in South America, Central America and India.Where did and who took her from one end to anoder of the world.

As our beans every day has obvious scientific name: **Phasoleus Vulgaris.**

Beans is a legume used since the ancient Greeks and Egyptians: dry beans were found in the tombs of Egyptian pharaohs as food for the afterlife.

Throughout human history, past and beans as a food remained inexpensive and healthy way to include nutrients in the daily diet. Beans are extremely beneficial component in any diet because carbohydrate, protein and fiber content and low in calories, fat and salt. Who has not tasted once a bean ragout with or without pork, bean soup, bean beaten?

Dishes are “irresistible” Huh???!

What was said along time about beans?

“If you dream bean that grows in the ground is a sign that you will not have money problems.

“If you eat beans is a signthat should you stay away from those who talk behind your back.

“You dream may : you get the joy,green beans’ll visa; a sign of marriage; dream may portend a joi, not necessarily related to marriage.

Green beans portends marriage.

When marriage is not the case, the dreamer who eat beans or green beans , will be a joy.

In Persian tradition, eating dried beans in a dream , it’s foreshadowing strife.”

On Bonduelle , beans are called ”ladies word” , referring obviously that is grown all over the world.

“It is believed that beans has more than 8000 years.

It is one of the “three sisters” of the pre-Columbian American cuisine, along with corn and pumpkin. The Aztecs cultivated “Ayacolt”, ie beans with are are maize that which they used as a hair to climb.

Today beans are one of the main sources of albumin plant in the world. Meets in the kitchens of all nation.

There are 30 000 varieties of beans, which are grown over 500.

Beans can be found in the wild in tropical areas of Asia and America.

The pod ussualy contains several seeds, about the same as cultivated.

There is also a verb that comes from beans namely verb to use, which is synonymous whith:you simper, you wine, you ape.

Word , that verb is close folk etymology , of course , bean, whose name comes from the language Nigerian **fasoli**.