

Hanna-Maria Seppälä, the finnish swimmer



Hanna-Maria Seppälä was born 13. December 1984.

Now she is 35 years old. She is Finnish freestyle swimmer. She won the world title in the 100 m freestyle at the 2003 World Aquatics Championship in Barcelona, Spain.

Hanna-Maria started swimming at age 5 and made the Finnish national junior team by age 10. In 1999 she won the bronze medal in the European Junior Championships in the 50 m freestyle event. To date she has broken 100 Finnish national records. Hanna-Maria's manager is Finnish Sports Management Agency, SportElite.



Seppälä's coach has been her own mother, Mirjami Seppälä.



In 2003, Seppälä was voted as Athlete of the Year in Finland. In the same year, her mother was elected as a coach of the year. At the 2009 Finnish Sports Gala, Seppälä was awarded with the Sport role model award . Seppälä's manager is SportElite, a company founded by Seppälä's siblings.

In the 2016 Long Track European Championships, Seppälä swam the final section of the Finnish 4 × 100 meter mixed event relay. Finland qualified for the European Championship in the finals, while securing an Olympic spot in Rio.

Seppälä ended her international swimming career in the World Championship in Short Track in December 2016.



Today, Hanna-Maria Seppälä is a well-being entrepreneur. Hanna-Maria's dream of the future is to become a doctor.

She is married to
businessman Antti Hintsa



(source: wikipedia)

