1. I can concentrate better when I am physically active.



*Not yet*

*I can do it!*

1. My mistakes help me grow.



*Not yet*

*I can do it!*



1. I like to learn something I don’t know anything about.



*Not yet*

*I can do it!*

1. I’m not afraid of challenges.



*Not yet*

*I can do it!*

1. I can ask for help.

*I can do it!*