

FREE Growth Mindset Stuff



What is the difference between "I can't do it" and "I can't do it yet"? Which phrase is indicative of a growth mindset? How do you know?

There is a difference between knowing and not knowing yet.
-Shelia Tobias

The power of Yet...

Name: _____
Date: _____

Growth Mindset Musings



fixed mindset
fixed mindset



^{noun}
a belief that talent and intelligence can't be changed despite dedication and hard work

How is fixed mindset related to growth mindset?

Think of a Fixed mindset and a growth mindset on a continuum (or a line). Understanding the parts of ourselves that fall into a fixed mindset pattern will help us move towards growth. Where would you place yourself on the continuum?

fixed mindset  growth mindset

My brain is like a **muscle**.
When I **exercise** it, it gets **STRONGER!**



©Kirsten's Kaboodle - Growth Mindset Posters and Cards

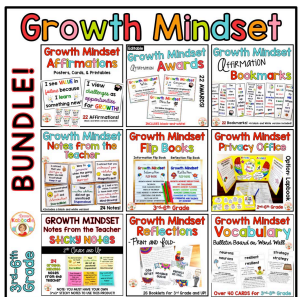
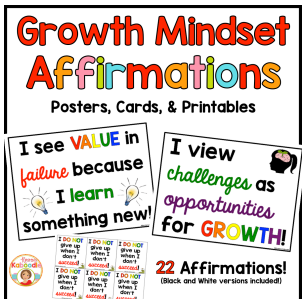
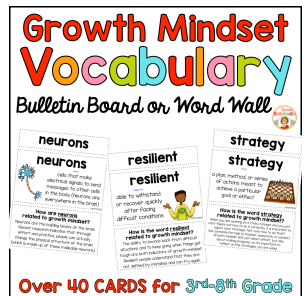
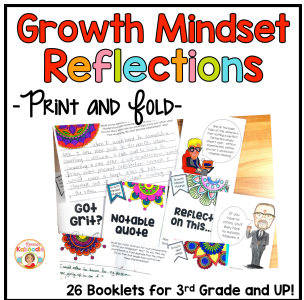
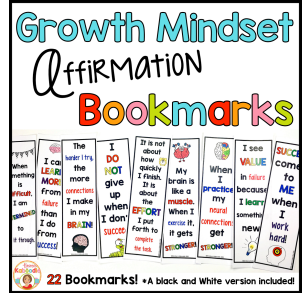
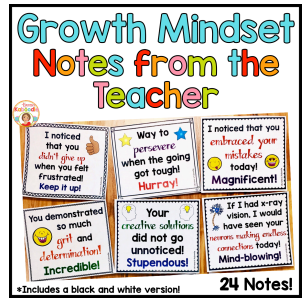
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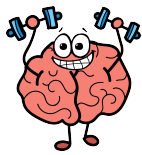


3rd-6th Grade

Ideas for Use:

1. Growth Mindset Notes from the Teacher: Cut out the notes. Deliver the note to students when the message on the note has been demonstrated. Students can also nominate other students to receive the note on the card or they can deliver the note to a classmate when the behavior has been exhibited. If you'd like access to additional notes from the teacher, click the image on the right.
2. Growth Mindset Bookmarks: Cut out the bookmarks and use them in the same way that you might use notes from the teacher. Laminate the bookmarks prior to cutting them for more durability and extended use. If you'd like the bookmarks to print smaller (for use with smaller chapter books, for example), shrink the size of the page in the print window. Want more growth mindset bookmarks? Click on the image to the right.
3. Growth Mindset Print and Fold Booklets: Each page makes one booklet. First, fold along the horizontal line (this fold will split the mandala in half). Then, fold one more time so that the name and date lines appear on the cover page. Elicit a discussion with your students about the quotes and reflection questions before they begin. As an alternative to whole group discussions, ask students to reflect on the questions in pairs or in small groups. If you're interesting in accessing over 25 growth mindset print and fold reflection booklets, click on the image to the right.
4. Growth Mindset Vocabulary Cards: Do you have a word wall? You can cut off the top word card for your word wall or you can use the middle card with the image and definition. If you choose to use the information for a bulletin board, cut off the top card and simply use the two bottom sections for the board. It is important for students to understand how each word relates to growth mindset, so if you choose to eliminate the bottom section from the bulletin board, keep that information handy for reference. For over 40 growth mindset vocabulary cards, click the image to the right.
5. Growth Mindset Poster and Cards: Spend time discussing the ways in which students can incorporate the affirmation in their lives and how they can "live" the affirmation more in the future. You can present the card to the student after you witness him/her demonstrating the affirmation. Students can also nominate other students to receive the affirmation cards when they witness a classmate demonstrating the given behavior. Access 21 additional posters and cards (black and white versions are also included in the product) by clicking the image on the right.
6. Want to SAVE BIG and grab the bundle? Not only does it include EVERYTHING you see here, it **ALSO INCLUDES** a growth mindset privacy folder template, informational and reflection flip books, sticky notes from the teacher, and growth mindset awards. With over 400 pages of engaging activities, your students will be growth mindset gurus!





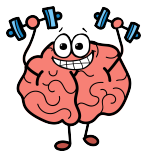
Way to
train your brain
today!
Terrific!

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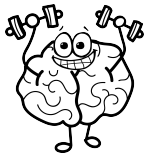
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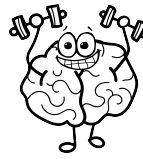
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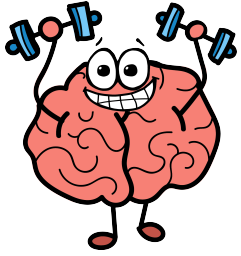
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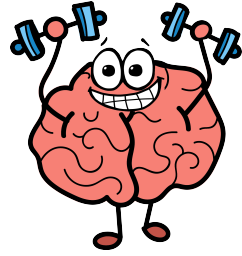
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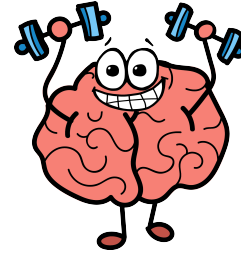
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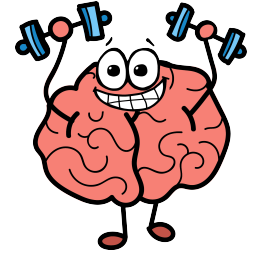
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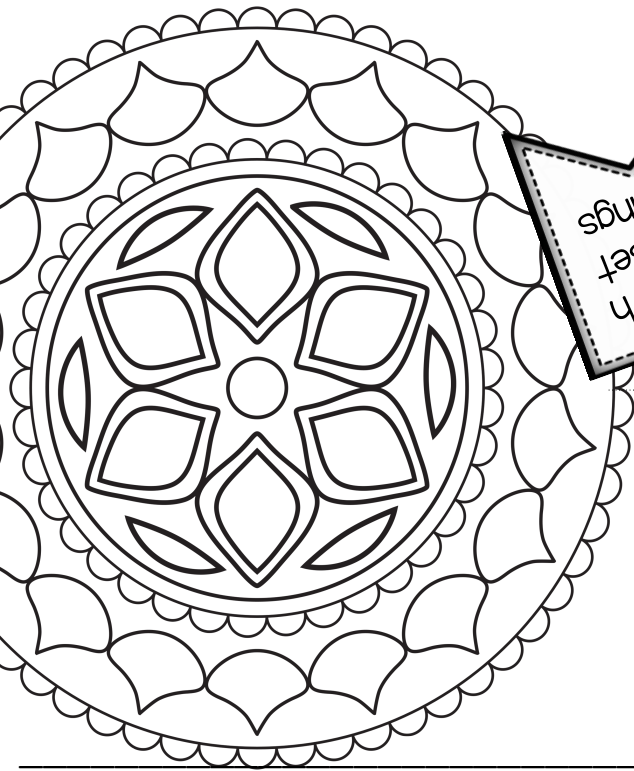


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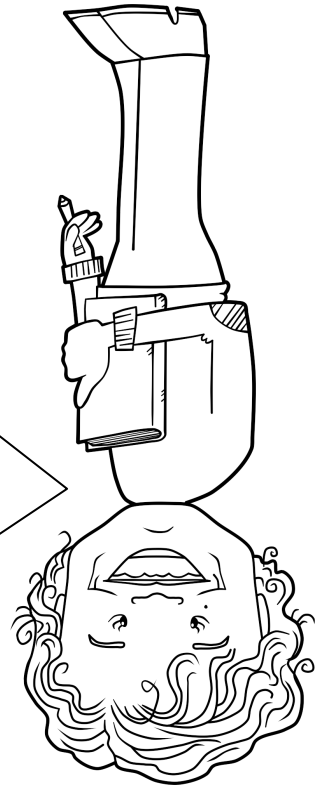
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The power of yet...



Growth
Mindset
Musings

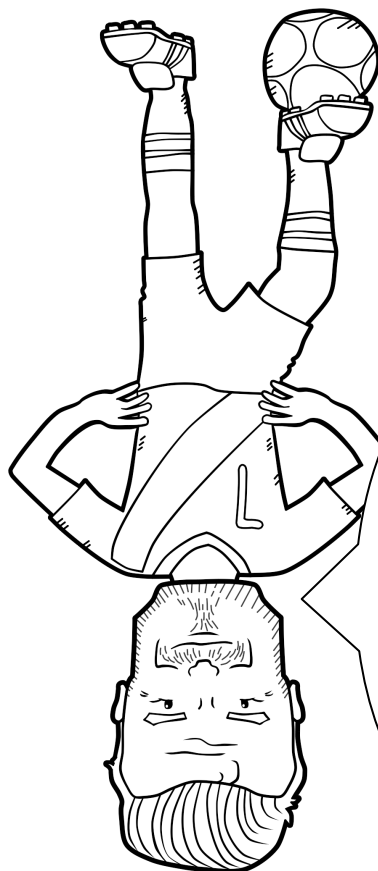
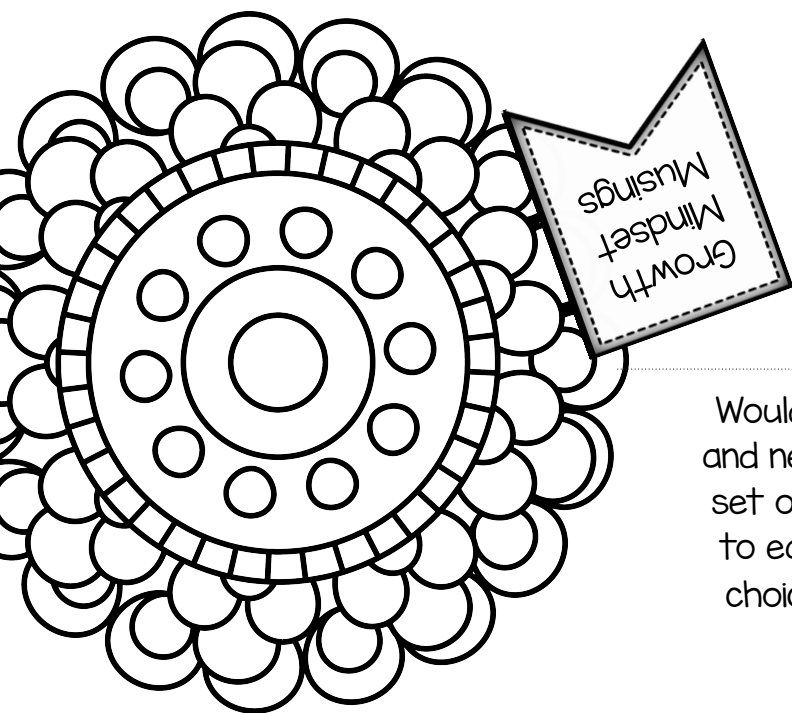
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Which phrase is indicative of a growth mindset?
How do you know?

Name: _____
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Would you rather?



The only time you run out of chances is when you stop taking them. -David Beckham

Would you rather get a gift for a million dollars and never be allowed to live out your passions OR set out to achieve your goals with the potential to earn a million dollars? Why? How would this choice affect your sense of fulfillment in life?

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noun



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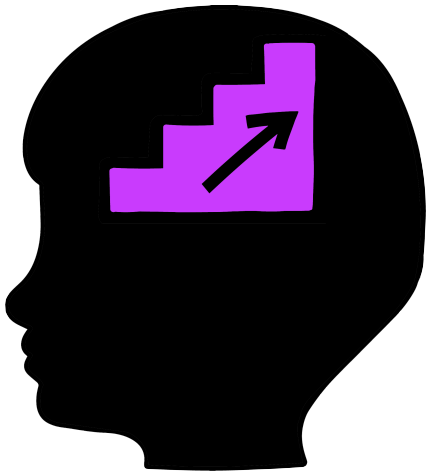
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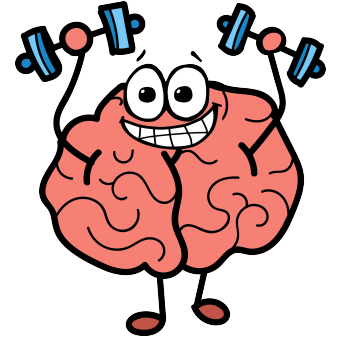
a belief that, despite obstacles and challenges, a person can develop abilities and achieve goals through motivation, hard work, and practice.

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Where did the term growth mindset come from?

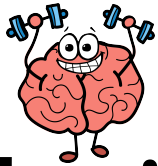
Dr. Carol Dweck coined the term growth mindset to help people describe their beliefs about learning and intelligence. Dr. Dweck wanted people to understand more about the neuroplasticity of the brain and a person's ability to strengthen the brain through effort, hard work, and practice.

My brain is like
a muscle.



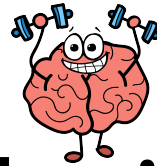
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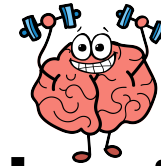
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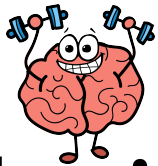
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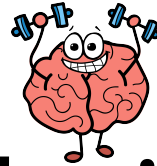
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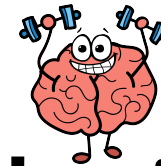
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