



# ŠPANJOLSKI TORTILE

**PRIPREMA:**

**VRIJEME PRIPREME:**  
10 minuta

**UKUPNO VRIJEME: 50 minuta**

**SASTOJCI :**

- 7 Krumpira
- 1 luk
- 6 Jaja
- Maslinovo ulje
- Sol

- *Izrežite luk i krumpir na srednje veličine*
- *Stavite ih u kipuće ulje dok ne postanu zlatni.*
- *Lagano kuhajte jaja, a zatim ih pomiješajte s krumpirom.*
- *Stavite smjesu u posudu i kuhajte 15 minuta.*
- *Kada je spremna na jednoj strani, uz pomoć posude, okrenite je.*
- *Kada se druga strana kuha, stavite je na posudu za posluživanje.*
- *I imate španjolsku omelet!*



## Documents to deliver to the students in the MICRO-WORKSHOP.

### -Presentation of the Spanish team.

The Spanish team, within the Erasmus + project "STEMcooking Discovering Science and Maths through cooking", will hold a micro-workshop to analyse the electricity consumption when cooking a typical Spanish meal: the Spanish potato omelette.

To do this, we will cook two omelettes, one with an electric stove and the other one with an induction hob, we will compare both of them and check which one consumes more electrical energy.

Next, we will distribute the ingredients to prepare the omelettes.

### 1st Projection:

A video will be projected. In the video two students will comment, in their High School, some aspects about the typical dish that we are going to make: the potato omelette.

The students investigate the origin, the types of existing omelettes and their different ingredients. They will present the results of a survey on several people about the acceptance of the omelette. After that, some scenes of how the omelette was made at the High School or at home will be shown.

### 2nd Projection:

In the following video, two students will analyse the economic cost of making a potato omelette. In order to do this, they show how they searched for information in the library and on the internet. They have researched aspects of electric power, calculation of energy consumed, units of electricity consumption, price of electrical power, etc. All this lead them to ask themselves: how is the electricity bill of a house calculated?

They calculate what it would cost to make an omelette and realise that not only energy consumption intervenes in the total amount of the bill but also other aspects such as taxes and fixed fees. Therefore, they must be aware of the need to save electricity. The video ends with a series of energy saving tips.

