ICT (Information and communication technology) in physical education and sports

Leader: Zoran Dorontić, mag.cin.







The use of ICT in the teaching of physical education and health

ICT has become an indispensable part of modern teaching.

Many studies show that ICT helps students motivate for teaching content and encourages better cooperation and interaction (Sabol, 2016).

The application of ICT in education is diverse.

Some of the possibilities of wide application are individual learning and exercise.



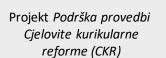
The role of the teacher

- With ICT, the teacher ceases to be the only source of information, so the teaching process becomes more dynamic.
- The teacher must acquire new ones over and over again.
- Ability in the use of modern technologies is considered one of the extremely important abilities of teachers.

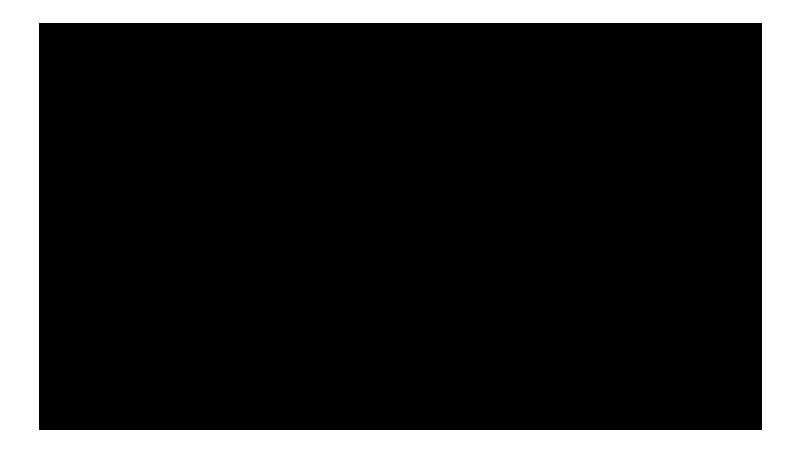
Office 365 for school

- Word
- Excel
- PowerPoint
- Outlook
- OneDrive
- Forms
- SharePoint
- OneNote
- Yammer
- Teams...















Mobile applications

Strava

 the best app for already advanced runners, allows you to compare your results with runners around the world

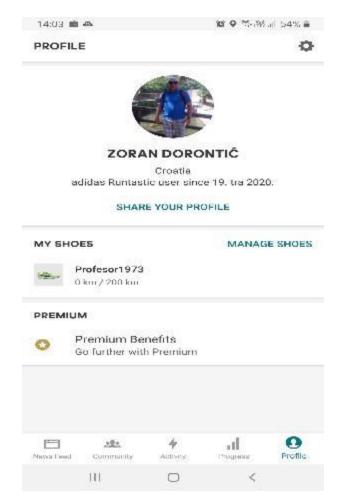
Adidas Running (Runtastic)

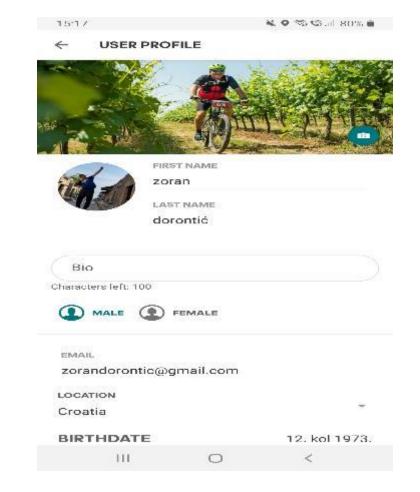
- via GPS, Runtastic tracks your training by measuring distance, speed, calories and shows the route run
- it also allows you to keep activity logs to monitor your own progress more closely

Endomondo

• follows alot of different sports activities such as speed, calories, distance, heart rate, etc.

ADIDAS RUNTASTIC



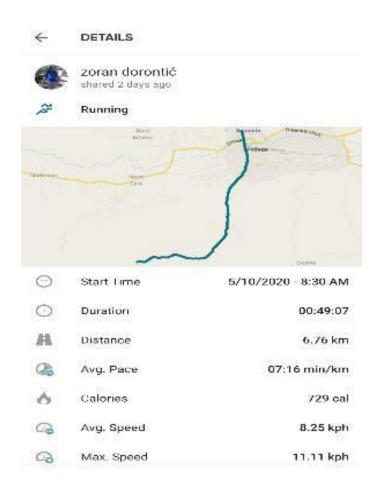


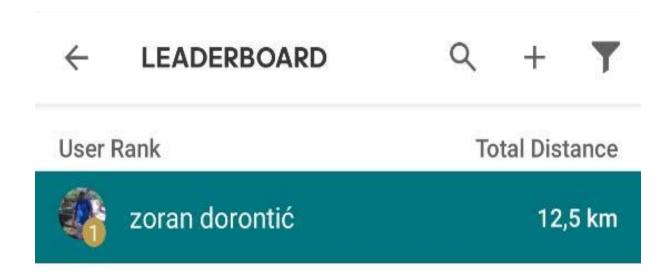






ACTIVITY













JAČI OD KORONE! Virtualna liga powered by Intersport 16.05.2020.

Virtualna liga - Odrasli

Zoran Dorontić (1825)

Ka Sportivo



f Facebook share

JAČI OD KORONE! Virtualna liga

Bolje virtualna trka. nego nikakva!











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Thank you for attention!









