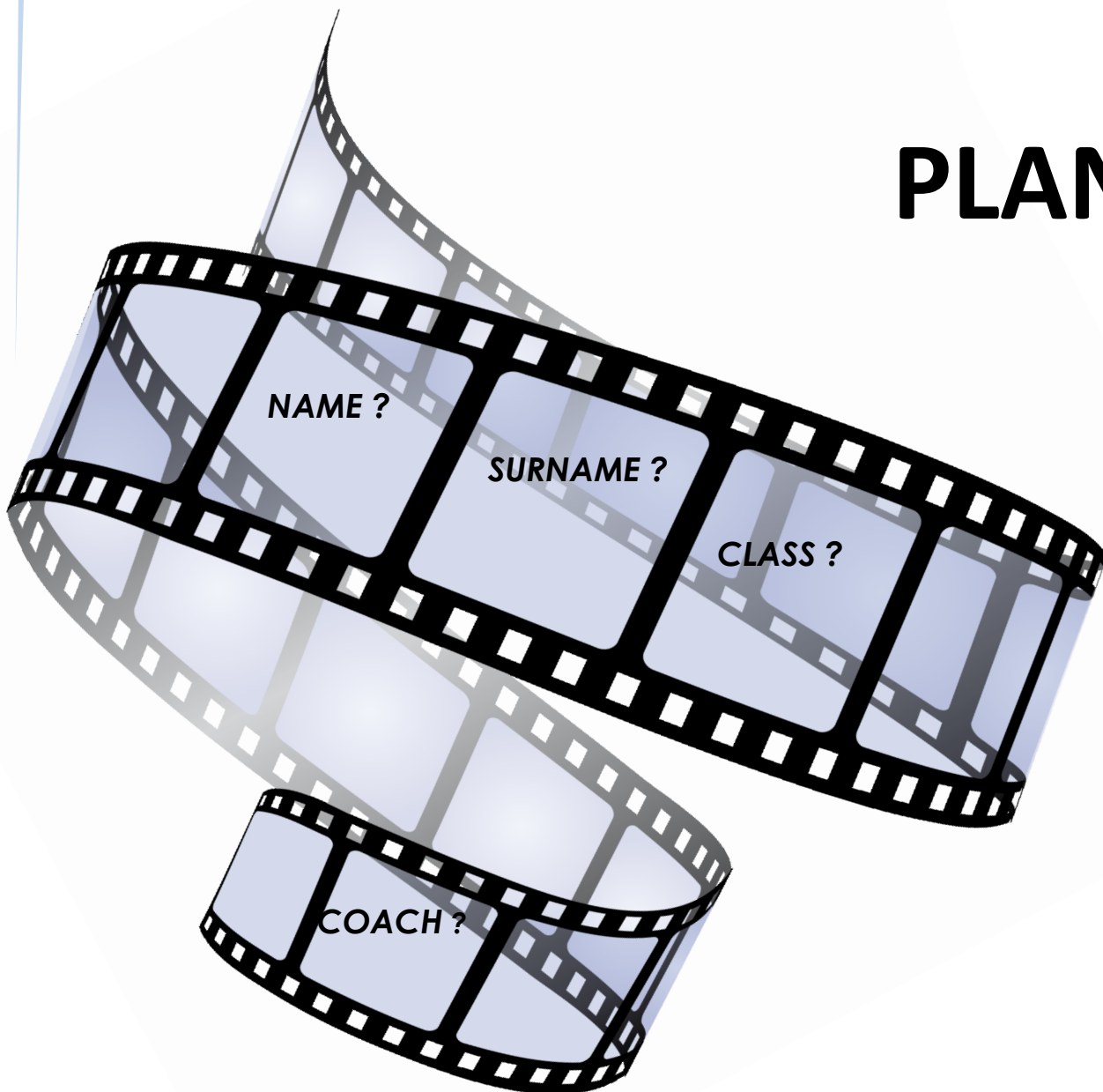




**Starting date :**

This personal document is a part of  
the Individual Learning Plan

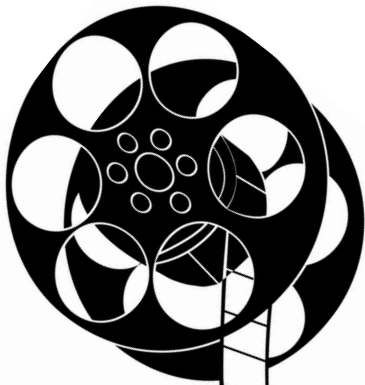
# PLAN



# And I, and I, and I...

## When I am thinking about the future :

- I have a clear idea of the profession to which I wish to orient myself:  
\_\_\_\_\_
- I have not yet determined the job I want to go to and I wish to have an orientation interview at CPMS.
- I have not yet determined the job to which I'd like to orient myself. I need to keep thinking about it alone.



## After the first grade, I'd like to enrol:

- I don't know yet.
- in vocational education (3P)  
in section \_\_\_\_\_
- in general education (3G)  
In section \_\_\_\_\_
- in technical transition education (3TTR)  
in section \_\_\_\_\_
- in technical qualification education (3TQ)  
in section \_\_\_\_\_

# Let's commit to succeed

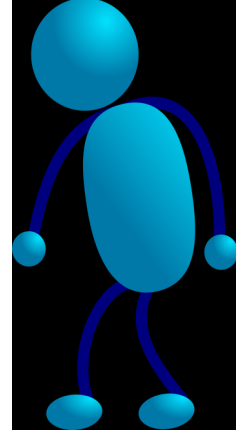
## MY KEY- ACTIONS

**Just an exemple to show you :**

On the basis of my learning star and my school results, I note ...

My main weakness ? Organisation ...

*« It's a mess, I'm losing my notesheets and my books, I always forget my equipment ... »*



### IF I THINK ABOUT IT...

My bag could be a great organizing tool. Why not make it my ally?



### AND IF I CHANGE MY HABITS ...

I will surely be more efficient if I put my bag in order every day ... It will not take up too much time and I will lose less things. My coach may also have some tips and tricks to share with me ...



### THEN, IF I TAKE ACTION...

I propose this idea to my coach: once returned from school, I empty my bag and throw unnecessary things away, I class the flying leaves of the day and I prepare the equipment that I will need the next day ...  
It's a start, isn't it?

**Now, it's your turn !**

# My personal commitment

I realize that I have some progress to make. I write this action plan so that I can evolve better during this period.

*I do not forget my three key-actions.*

**In which subject (s) can I be more effective?**

**Why doesn't it seem to work?**

SUBJECT(S)	WHY ?

**What do I want to change to be more effective in the future?**

**I choose :**  one subject \_\_\_\_\_

several subjects \_\_\_\_\_



a transversal skill if it seems to me that it's in my way of doing things that I need to improve myself .

\_\_\_\_\_

a disciplinary skill if it seems to me that it is with the content of the course that I have difficulties .

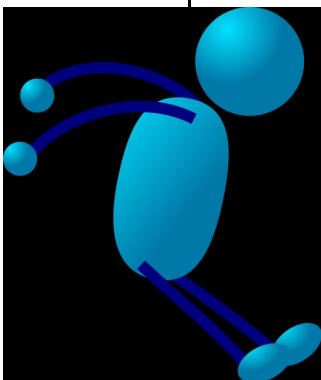
\_\_\_\_\_

# I DEVELOP MY COMMITMENT :

*I don't forget my key-actions : they are clear in my head !*

		
I THINK	I ADAPT	I TAKE ACTION

What do I change ?	How ?
How quickly? ?	With whose help ?



*I consult with my coach about this action plan and I adapt it if necessary.*

Student's signature

Parents'signature

Signature of the coach

**I DO ASSESS MYSELF AT THE END OF THE COMMITMENT :**

**WHICH ARE THE OUTCOMES OF MY ACTIONS?**

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**Progress being made :**

Intermediate evaluation made on \_\_\_\_\_

 	
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Final evaluation made on \_\_\_\_\_

 	
---	--

**How am I going to continue my progress ?**

**I HEREBY AGREE TO :**

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After the final evaluation, I submit this action plan to my coach, who will need it during the end-of-year class council.

# Se rencontrer pour partager

*Je prends un engagement à l'égard de moi-même, mais également de mon coach et de mes parents ou responsables. Il est donc important que je puisse leur expliquer comment je me situe dans ce plan d'action.*

## **Pour ce faire, j'organise une rencontre entre nous tous...**

0 Lors de la réunion des parents du \_\_\_\_\_

0 Lors d'un rendez-vous particulier.

## **Je dois penser à :**

- 1) consulter mon coach pour connaître ses disponibilités,
- 2) consulter mes parents/responsables pour connaître leurs disponibilités,
- 3) coordonner une rencontre qui convienne à tous,
- 4) confirmer la rencontre par un billet à l'adresse de chaque personne concernée.

## **Pour exemple :**

*Chers Parents,*

*Cher Coach,*

*Vous êtes invités à une rencontre le \_\_\_\_\_ à \_\_\_\_\_, dans le but de partager avec moi les résultats de mes engagements dans le plan d'action qui a été mis en place le \_\_\_\_\_.*

*Je crois qu'il est important que je puisse vous expliquer, de vive voix, comment je vois mon évolution, mon avenir, mon travail.*

*Notre rendez-vous se déroulera dans le local \_\_\_\_\_.*

*Je vous remercie d'être à mes côtés.*

*Signature*