LINKING EMOTIONS

TASK 1 and 2:

1. Sadness - I feel sad
2. Excitement - I'm excited
3. Relief – I feel relieved
4. Shock - I'm in shock
5. Embarrasment – I feel ashamed
6. Stress - I'm stressed
7. Satisfaction – I feel satisfied
8. Euphoria - I'm euphoric
9. Serenity – I feel calm

10. Hatred – I feel resentment

11. Frustration – I feel frustrated

12. Confusion - I'm confused

13. Boredom - I'm bored

14. Surprise – I'm surprised

15. Fear – I feel scared

16. Happiness – I feel happy

17. Tenderness – I feel delicated

18. Kindness – I'm kind

19. Melancholy - I feel depressed

20. Temptation – I feel attractive

21. Concern - I'm worried

22. Guilt – I feel guilty

23. Delight – I feel comfortable

24. Affection – I'm affected

25. Enthusiasm - I'm excited

1. . Solitude – I feel nostalgic

27. Anger – I'm angry

28. Admiration – I admire

29. Rage - I'm mad

30. Apprehension - I'm detained

TASK 3:

Similar:

* 8.Euphoria - 25.Enthusiasmo
* 2.Excitement – 14.Surprise
* 17.Tenderness – 18.Kindness – 24.Affection
* 20.Temptation – 28.Admiration
* 3.Relief – 7.Satisfaction – 9.Serenity
* 10.Hatred – 27.Anger – 29.Rage

TASK 4 :

Serenity

Stress

Frustration

Confusion