

# Task 1

1. In your notebooks, copy the following words used to describe emotions. Pay attention and you will see there are your pairs of opposites, try to match them:

→ happy - ~~upset~~ Angry

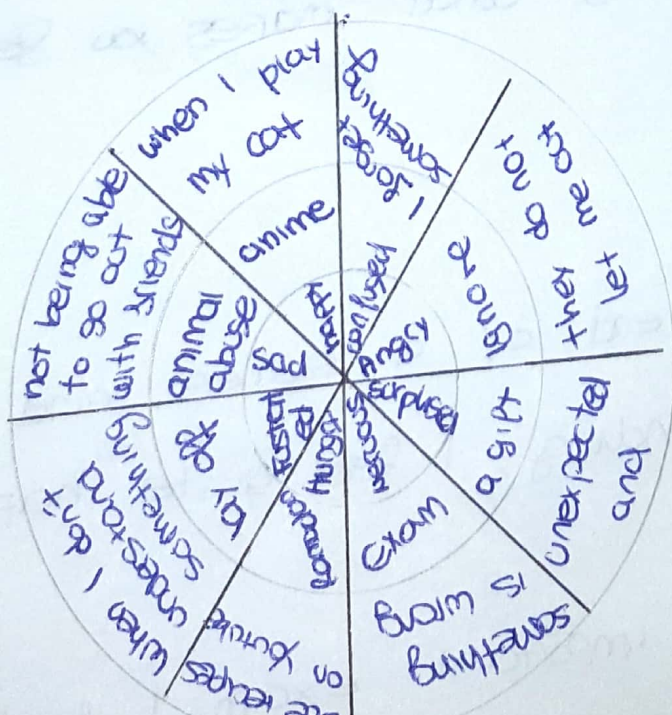
→ surprised - Upset

→ thoughtful - sleepy

→ Hungry - Frustrated

# Task 2

2. In your notebooks, Draw a wheel similar to the one below and copy them on the blue circle, opposites facing one another.



## Task 3

- 3 - Can you add the adjectives or verbs that match each feeling on the first circle?

happy → happiness

Sad → I'm sad

Confused → confuse

Angry → anger

Surprised → to surprise

Nervous → Be nervous

hungry → to be hungry

Frustrated → frustrate

## Task 4

- 4 - On the outer circle... Can you write a sentence to explain when or what makes you ~~feeling~~ feel like that?

Happy:

When I see the end of a series and it's a good ending, I feel quite happy.

Nervous:

When doing an important exam I feel nervous.



## Task 5

- 5- Add another ring to your wheel and explain what you do when you feel each of the emotions you wrote on the second ring.

Affectionate: when my friends give me something made by themselves, not bought.

Sad and Frustrate: I take a deep breath and I think everything will be fine

## Task 6

- 6- how can you say how she feels?

1- Happy

2- Sad

3- Angry

4- Disgusted

5- scared

## Task 8.

- 1- angry → they hit him
- 2- bored → You have to wait
- 3 → excited → It's on the roller coaster
- 4 → happy → Is going to ride the attraction

- 5 - hungry → he wants to eat
- 6 - sad → did not reach the measure
- 7 - scared → the attraction is scary
- 8 - shy → by the clown
- 9 - sleepy
- 10 - thirsty → want a soda
- 11 - tired →
- 12 - worried → because his friend fell