

**ERASMUS+ KA2 - Cooperation for Innovation
and the Exchange of Good Practices
KA229 - School Exchange Partnerships**

**2018-1-R001-KA229-049580
Get in Shape for Europe**

NEWSLETTER No 1



MEETING IN BULGARIA

**25-th February 2019 - 1-st March 2019
Pleven, FLS**



Participants

Partners Institutions and Teachers

Bulgaria

**Foreign Language School
(Pleven, Bulgaria)**

**Teachers: Yuriy Todorov, Greta Dimova,
Tanya Ilieva, Romyana Stamenova,
Zhorzheta Kamenopolska, Milena
Marinova, Rozaliya Danova, Nela
Zlatarska, Daniela Tsankova, Teodora
Stefanova, Lyudmila Boyadzieva,
Cvetoslava Mancheva, Nadezhda Valeva**

Romania

**The High School "Stefan Procopiu"
(Vaslui, Romania)**

**Teachers: Coşaru Georgiana
Luca Diana
Loghin Diana
Apopuţoaie Mihaela**

Greece

**5th General Senior High School of
Aigaleo
(Aigaleo, Greece)**

**Teachers: Papaiakovou Athanasios
Gkotsopoulos Panagiotis
Gerontiti Stavroula
Karavota Marina
Polyzoi Grigoritsa**

Partners Students

**Plamena Tseryanska, Iva Aleksandrova,
Elitsa Nedelcheva, Milvena Mihova,
Marinela Yordanova, Petya Raicheva,
Teodor Dimitrov, Mirela Yolova, Enrike
Ivanov, Aleksandra Yakovleva,
Aleksandar Aleksandrov, Anika
Dimitrova, Ana-Maria Rashkovska,
Daniela Ivanova, Ina Georgieva,
Kristiyan Velikov, Stefani Pasheva,
Emila-Lilia Petrova, Georgi Bukovski,
Tsvetan Krastev, Kristina Angelova,
Bilyana Moshevska, Dobromir
Gatyazhev, Vanina Petkova, Katrin
Kutayfan, Victoria Andreeva, Iskren
Iliev, Iva Vasileva
Kristina Boyanova, Iskra Hubcheva,
Veselin Nanov, Antoniy Stefanov, Martin
Iliev, Deyvid Dukov, Nikolay Velev**

**Proca Bianca Elena
Ghimpu Adriana Mădălina
Ciobanu Ştefan
Mititelu Alexandru**

**Ntamparaki Anna Maria
Orfanidou Maria
Kaoukis Panagiotis
Varelas Konstantinos
Sifnaios Georgios**

Poland
The High School of Economics and
Gastronomy
(Tarnów, Poland)

Teachers: Malgorzata Krzeminska
Magdalena Borszowska
Katarzyna Curylo

Italy I.I.S. E. Majorana-A. Cascino
(Piazza Armerina, Enna, Italy)

Teachers: Arena Raffaella
Carbonaro Concetta
Casanova Armando
Colajanni Maria
Curcuraci Rosanna
Mariggìo Leonarda

Sebastian Cichowski
Oliwia Szczerba
Emilia Wiatr
Natalia Kawa
Klaudia Lazarek
Joanna Swoboda
Karol Rudny

Buetto Salvatore
Larganà Alessio Dylan
Purrazza Filippo
Scalzo Michele
Costa Simone
Dibilio Mattia





Activities before mobility

- ✚ preparation of posters;
- ✚ corners at school relevant to the topic of the project;



- ✚ National meeting of European school clubs in Bulgaria



- ✚ Students take part in a National Competition for creating a poster dedicated to the topic of the European elections 23-26 May 2019
- ✚ Registration of the project on the e-Twinning platform

- ✚ "Citizens of Peaceful Europe" (CPE) - our school European club - Foreign Language High School - Pleven, Bulgaria



- ✚ 20 November - FLS organized educational activities on "European Union and Children's Rights" to mark the International Children's Rights Day



- ✚ FLS organized educational activities to mark the "International Day of Tolerance" - 16 November



“Tolerance is an act of humanity, which we must nurture and enact each in own lives every day, to rejoice in the diversity that makes us strong and the values that bring us together.” — UNESCO Director - General Ms Audrey Azoulay

- ✚ Create a facebook page of the project;
- ✚ a quiz for students to test knowledge;
- ✚ creating lessons on the subject;

Activities during mobility



Monday 25 February 2019 - Arrival of partners



Tuesday 26 February 2019

WELCOME TO FOREIGN LANGUAGE SCHOOL – PLEVEN



C1-Short-term joint staff training Events -
Teaching Common Values in Europe

C2- Short-term exchanges of groups of Pupils -
Get in Shape for Europe ... in Bulgaria

Partnership „Get in shape for Europe” (GISE)



Getting to know each other! - teachers' presentations about their city, schools and about themselves and their ERASMUS⁺ experience



Teaching Common Values in Europe (European and national policies on the promotion of common values, these values in national curriculums, the role of teachers in promoting common values among pupils, etc.)



A guided tour of the school and our European school club corners





Getting to know each other! – each student shares some information about himself/herself;



Each national group presents a PPT presentation about their country, city, school



A friendly competition – “Do you know.....?” – highlighting some interesting facts about the European Union and its policy, structures, and important European politicians. We use Kahoot app on smart phones and the winners receive an award! It aims at acquiring and deepening cognitive and intellectual competencies in the field of integration. We ensure the sustainability of the project "Skills for Life: Literacy (SLL)" (a Strategic Partnership between Romania, Greece and Bulgaria (together with schools in Turkey and Italy) during 2014-2016 - including a chapter entitled "Lessons about the European Union”



Attending “European Values and Virtues” - English Lesson



A guided tour of our school and our European school club corners



A visit to The Plevna Epopoe Panorama Museum

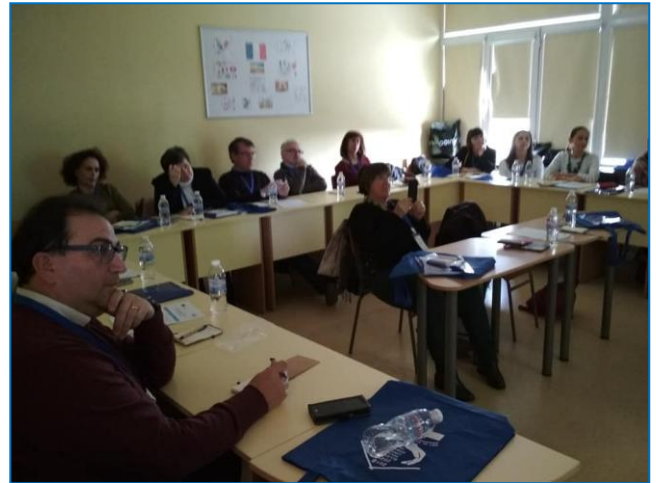
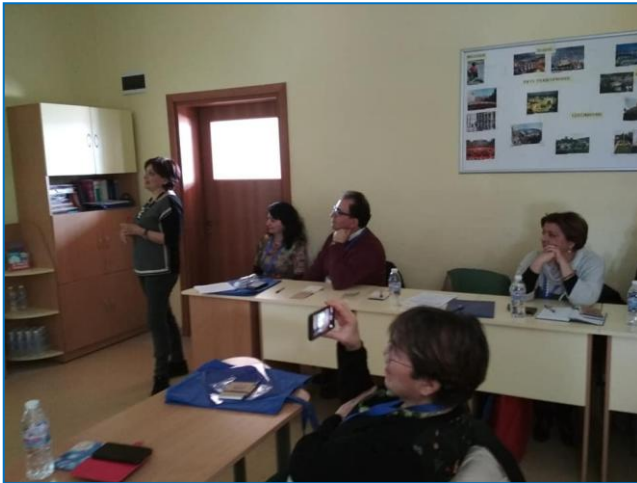


Wednesday 27 February 2019

Lecture Presentation: “My Europe – My Future ” – presented by: Krasimira Vasileva, Doctor of Science, instructor at Sofia University’s Department of “European Science” and chairperson of the National Association of the Bulgarian European Clubs



Teachers' presentations and discussions: How can e-Twinning contribute to the development of social, civic and intercultural competencies and to promoting common values?



Teaching common values in Europe ... in my school and in my classroom. The teams that have implemented projects addressing the themes of the GISE project will present materials (PPT Presentations/Word Documents) in which they will explain these activities and projects.



The Partners with experience in using eTwinning show how to use this tool.



Peer activity: Three things I liked /I learned from the presentations made. Working in pairs (2 teachers from different countries), teachers will discuss and identify 3 things they liked / learned from examples of experiences and good practice.



Good practices in project work on completed Erasmus+ projects





Students work together to create a video with students' messages to future generations.

Each student prepare a short message (10-30 seconds) with words for future generations.



Each national group presents a PPT presentation about the most important European events in their countries and Europe. Together all of these most important events in Europe's history will combine into a calendar and e-book titled "The Timeline of European History". Each group gets 6-8 minutes to present their events.



Learning and teaching activities based on the exploration of some themes related to democratic values, fundamental rights, active citizenship, nondiscrimination, hate speech, and media manipulation, the Internet and social networks. Each national group prepare a PPT presentation on the issues mentioned while in their home countries. The presentation focus on one of the themes mentioned above.

Attending the Physical Education Lesson titled “Traditions and Art - Foundation of European Values”.



Students learn together a traditional Bulgarian dance – the horo – a community circle dance.



Comments and feedback, granting of mobility certificates



Tour guide in Pleven – going sightseeing in the center of the town and a visit to the “Svetlin Rusev” Art Gallery “European Dimensions in Art”



Thursday 28 February 2019

An excursion to Gabrovo and to Etar - an open-air museum which shows how our craftsmen used water in the 18th and the 19th century.



Guided tour of the museum and taking part in a workshop making a „Bulgarian Martenitsa” (a magical and unique Bulgarian artifact made each year for a special holiday)



Students learn and sing a traditional Bulgarian song

A visit to the interactive museum of industry in Gabrovo



Completing evaluation questionnaires



Friday 1 March 2019

Departure of participants

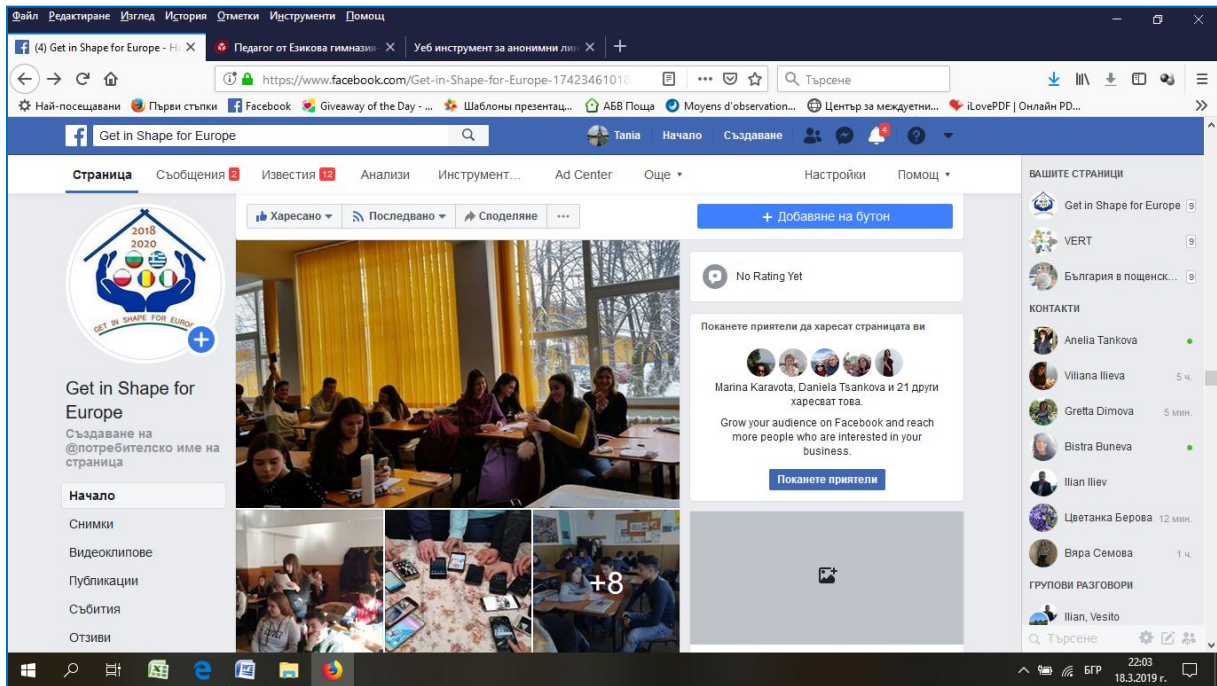


Activities after mobility

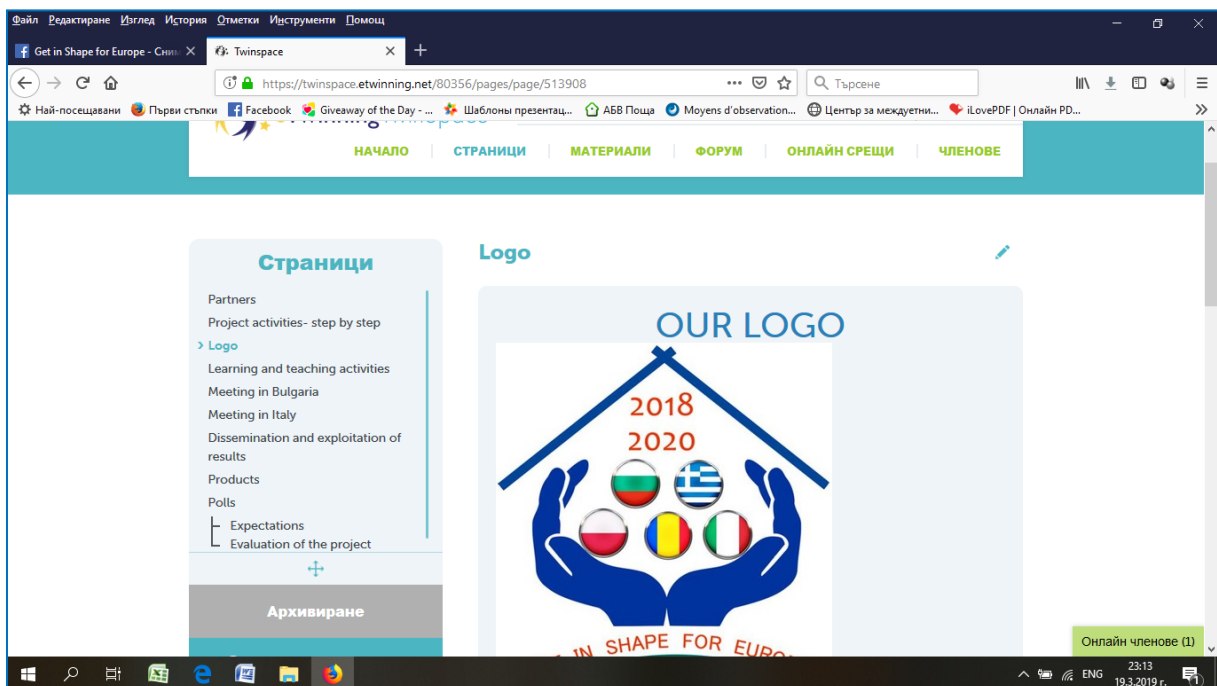
- ✚ evaluation of the mobility;
- ✚ Bulgarian team writes an e-newsletter (in English and Bulgarian) about the meeting;
- ✚ dissemination of the project activities by all partners;

DISSEMINATION ACTIVITIES

https://www.facebook.com/Get-in-Shape-for-Europe-174234610184156/?modal=admin_todo_tour



<https://live.etwinning.net/>



<http://shopeee.com/s/myi>

Ученици от Езиковата гимназия в Плевен представиха спечелен проект по „Еразъм +“

20.11.2018 7:58

150 години читалище „Съгласие 1869“ Плевен
<http://www.saglasie1869.eu>

Гр. Плевен
Ул. „Панайот Волов“ №4
Тел. 0889 46 47 49
E-mail: artshkola@abv.bg

Учениците от ПГПЧЕ – Плевен Мирела Йолова, Енрике Иванов, Александра Яковлева, Теодор Динитров, Галя Славеева и Александър Александров с ръководител г-жа Нела Златарска – старши учител по български език и литература, работиха усърдно, за да представят на своите съученици презентация по спечелен проект по програма „Еразъм +“ на тема „Толерантност“ във връзка с 16 ноември – Световен ден на толерантността.

Енрике Иванов откри темата за религиозната толерантност като разясни основни проблеми в Европа и света с религията и толерантността към нея. Александра Яковлева сподели повече за толерантността към различната сексуална ориентация при хората по света, а Мирела Йолова – как да предотвратим агресията, като използваме толерантно отношение. Александър Александров говори за толерантността към хората с увреждания, а Теодор Динитров – към тези в неравностойно положение.

В два поредни дни в Окръжен съд – Плевен продължава дело за опит за убийство
В два поредни дни през април

Ученици от Плевен, Левски и Червен бряг с награди от Националното ученическо състезание по икономика
Стопанска академия „Динитров“

Представители на четири страни обсъждат в Плевен евроизборите
В дните 18 и 19 март Плевен е

Изложба на Румен Марков открива в читалището в Долни Дъбник
В читалище „Илия Бешков 1898“

Частна линейка Мега Медик Плевен
– транспорт на трудно подвижни хора от легло до легло.
– транспорт от вкъщи до и обратно от Вас болница, хоспис, друго заведение, Дом, телни или изгревяване.

https://infopleven.com/%d0%bf%d1%80%d0%b0%d0%b2%d0%b0%d1%82%d0%b0-%d0%bd%d0%b0-%d0%b4%d0%b5%d1%86%d0%b0%d1%82%d0%b0-%d0%b1%d1%8f%d1%85%d0%b0-%d1%82%d0%b5%d0%bc%d0%b0-%d0%bd%d0%b0-%d0%bf%d1%80%d0%b5%d0%b7%d0%b5%d0%bd%d1%82/?fbclid=IwAR2FVEr0ZpVja-F_pjZn47_r17by0G6Et7MzpU7o2H4jkalozME-yrV6iAE

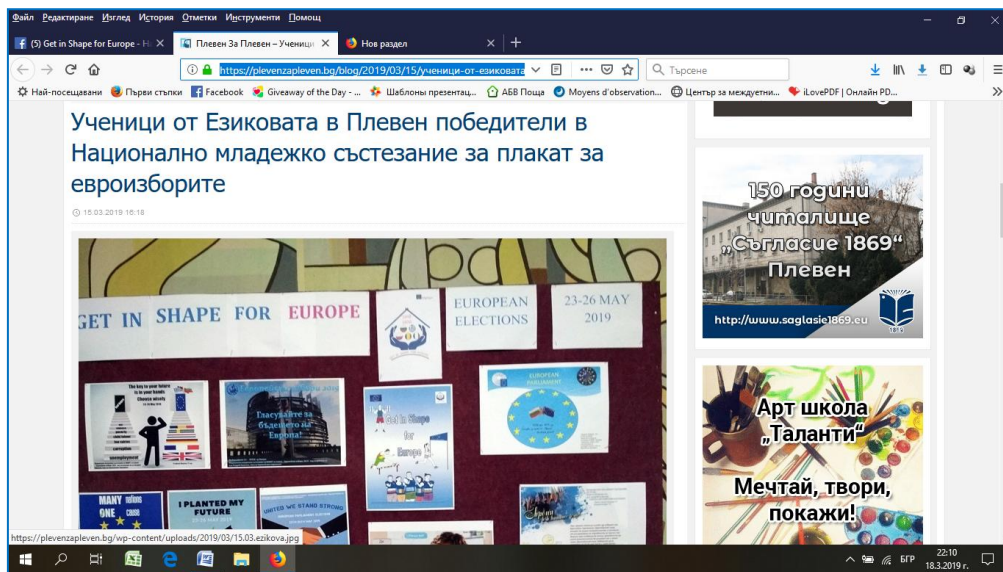


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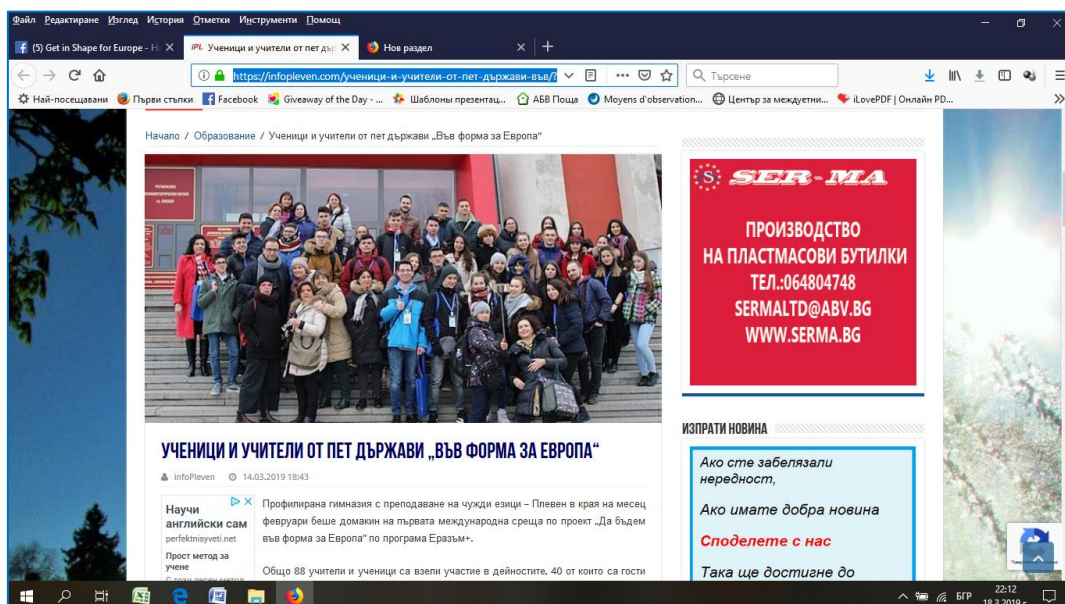


🇪🇺 Winners from Foreign Language School - Pleven, Bulgaria in the National Competition for creating a poster about European elections 26-29 May 2019

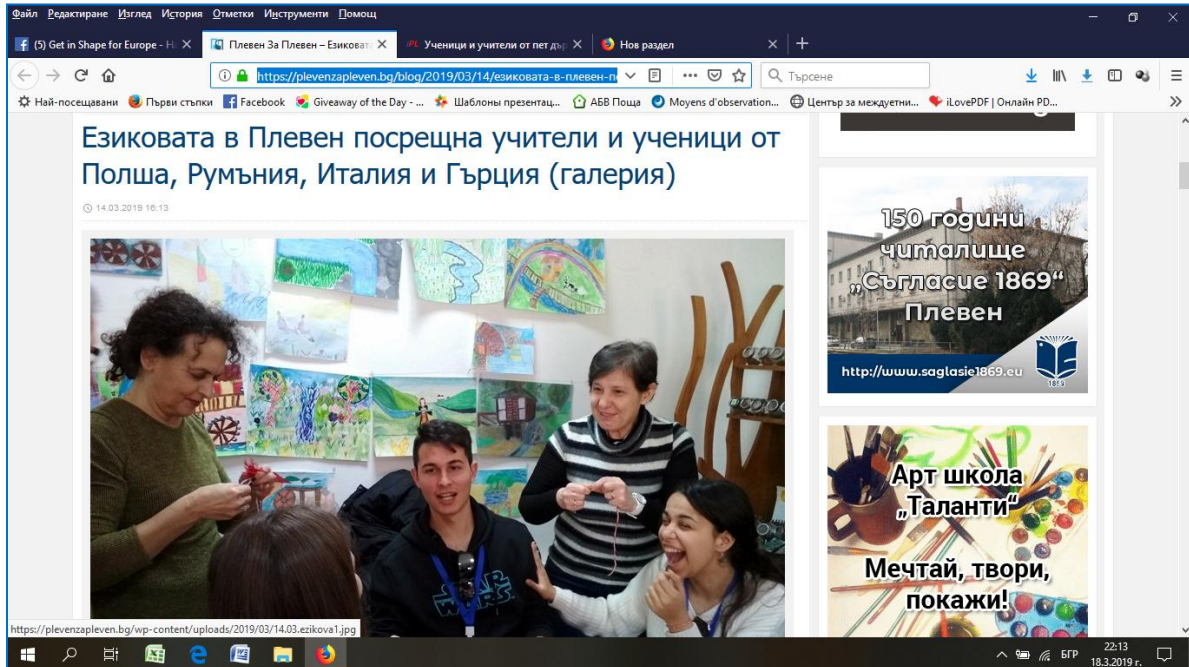
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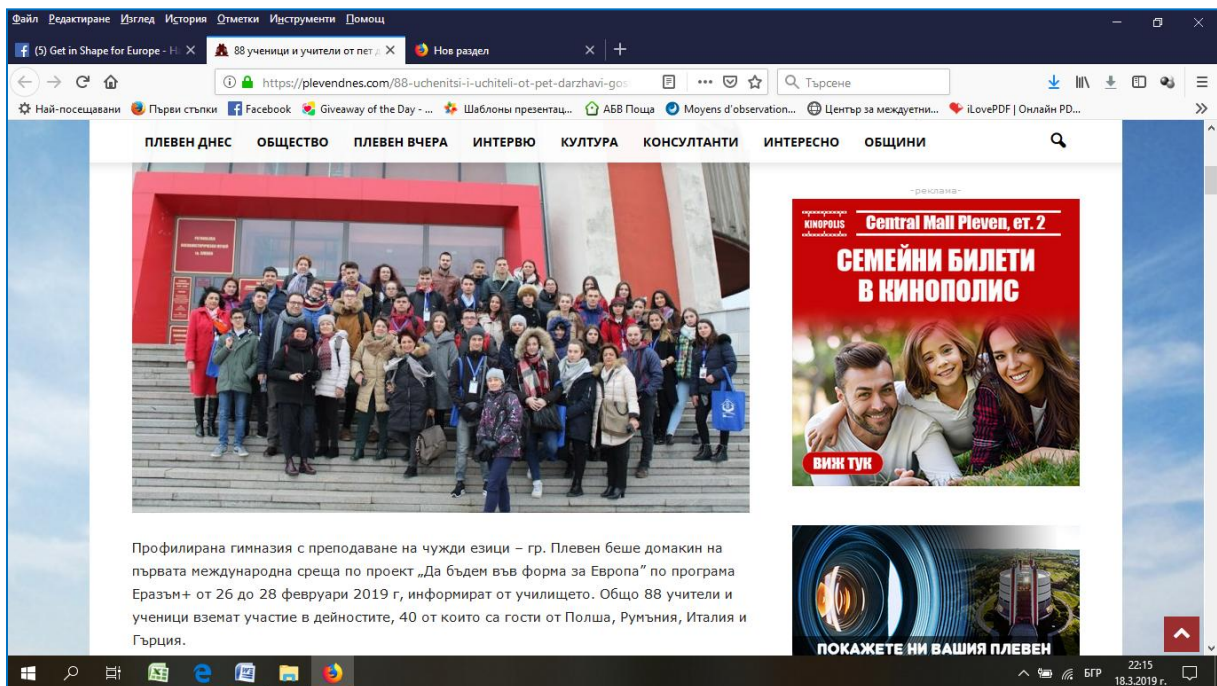
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https://plevenzpleven.bg/blog/2019/03/14/%D0%B5%D0%B7%D0%B8%D0%BA%D0%BE%D0%B2%D0%B0%D1%82%D0%B0-%D0%B2-%D0%BF%D0%BB%D0%B5%D0%B2%D0%B5%D0%BD-%D0%BF%D0%BE%D1%81%D1%80%D0%B5%D1%89%D0%BD%D0%B0-%D1%83%D1%87%D0%B8%D1%82%D0%B5%D0%BB%D0%B8-%D0%B8-211667/?fbclid=IwAR2ZnE_4OybNM-Qo3VPYjuzHmCl9JEulk8RxKe7HgR7T49J34nvXT0eZ8pA



<https://plevendnes.com/88-uchenitsi-i-uchiteli-ot-pet-darzhavi-gostuvaha-v-езиковата-gimnazia-po-proekta-da-badem-vav-forma-za-evropa/?fbclid=IwAR3K8iSV-q664A-rtSzXZ7JaX2bD-JUPJUCPasmAoiDSih8q5K0q9gQDIL4>




Файл Редактиране Изглед История Отметки Инструменти Помощ

(5) Get in Shape for Europe - Н... 88 ученици и учители от пет... Нов раздел

https://plevendnes.com/88-uchenitsi-i-uchiteli-ot-pet-darzhavi-gos

Търсене

Най-посещавани Първи стъпки Facebook Giveaway of the Day - ... Шаблони презентаци... АБВ Поща Moyens d'observation... Център за междуетни... iLovePDF | Онлайн PD...



Социални мрежи

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Name *

Email *

Submit

При голям интерес преминава и лекцията на тема „Какво значи да си европеец?“, представена от д-р Красимира Василева, преподавател към катедра „Европеистика“ в СУ „Климент Охридски“ и председател на Националната асоциация на българските европейски клубове.

22:15 18.3.2019 г.

ERASMUS+

Get in Shape for Europe