



**FRAMEWORK
VAN**

Co-funded by the
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ERASMUS+K229

THE INTEGRATION OF OUR PUPILS THROUGH
EMOTIONS AND ARTISTIC EDUCATION



Viajar Amplia Naciones Travel wide nations

This decalogue has been developed from an Erasmus Project K229 with the participation of six educational centers belonging to the European Union

The decalogue has several training and competence purposes with a methodological reflection from all the professors members of the Erasmus VAN Project

Curriculum analysis from a cross-sectional approach to emotional level.

VAN Framework

- ✓ **Identifying our basic emotions**
- ✓ **Cultural Diversity**
- ✓ **Language of basic emotions**
- ✓ **Engaging the expertise of outside agencies**
- ✓ **Multiple intelligences: Verbal/Non verbal; Creativity; Emotional**
- ✓ **Partnership with the Whole Community**
- ✓ **Exploring the learning objective within Curricula**
- ✓ **Restorative Practice**
- ✓ **Exploring the strategies to manage Emotions + Resolve conflict**
- ✓ **Upskilling of educators: I.C.T.; C.P.D.Continuous Professional Development; Lifelong learning**

Preventable emotions are enabled by:

Structuring innovative lessons to enhance childrens emotional well-being.

Organize activities that are common to all the member countries of the VAN project.

Organization of materials and investigation of various emotions to recognize them in oneself and others.

Promote the creative abilities in the entire Educational Community.

Grow together - grow in learning.



What can we do?



Anticipate what triggers our emotions

How to recognize what emotion comes to us in certain situations



Talk about emotions in a safe space

A good home dialogue base



Knowing how to say NO in difficult circumstances

Prevent bullying



Exercise helps us channel emotions

Sport and play as a learning, health and wellness tool



Engage in Dialogue

Words are stories of healing



Recognise that a healthy body leads to a healthy mind

Recognise the importance of diet in keeping our emotions balanced



Cultivating Happiness as the main emotion

Going to school happy every day



Using appropriate language for different situations

Speak well, Speak well, speak respectfully

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Måsanbergsskolan (Sweden)
St. Angela's NS (Ireland)
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Framework elaborated by all the teachers members in VAN Project during scholar years 2018/19, 2019/20 and 2020/21.

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