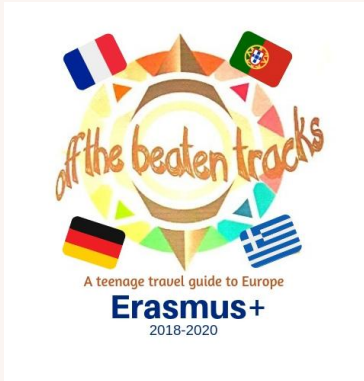


# Cookery folder

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Shopping/cooking activity in Portugal

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# Shopping Lists



**TEAM 1**  
**CEGO DO MAIO**

**BAGUETE DE ATUM**  
**TUNA BAGUETTE**  
**BAGUETTE AU THON**



QTY.	ITEM	TOTAL
06	tuna	_____
06	eggs	_____
04	mayonnaise	_____
02	pickels	_____
15	bread	_____
SUBTOTAL		_____

**CLIENT NAME**  
Agrupamento de Escolas Cego do Maio

**TAX IDENTIFICATION NUMBER**  
600075524

# Shopping Lists



**TEAM 2**  
**SÉCULO**

**RABANADAS**  
**POVEIRAS**



**INGREDIENTS**

**QTY**

**TOTAL**

SUGAR

1 KG

EGGS

24

BREAD

20

KITCHEN OIL

1

CINNAMON

1

**TOTAL**

CLIENT NAME: AGRUPAMENTO DE ESCOLAS CEGO DO MAIO  
TAX IDENTIFICATION NUMBER: 600075524

**ENJOY SHOPPING!**



# Shopping Lists



## Team 3

CIESTEIRA



of the beaten tracks  
Erasmus+  
2014-2020


**SALADA DE FRUTA**  
**FRUIT SALAD**  
**SALADE DE FRUITS**

INGREDIENTS	QTY	PRICE
Oranges	1kg	_____
Apples	1kg	_____
Bananas	1kg	_____
Peach	1kg	_____
Strawberries	1kg	_____
Sugar	1kg	_____
<b>TOTAL</b>		_____

CLIENT NAME: AGRUPAMENTO DE ESCOLAS CEGO DO MAIO  
TAX IDENTIFICATION NUMBER: 600075524


ENJOY SHOPPING

# Shopping Lists



**TEAM 4**  
**ARGIVAI**

PIZZA



INGREDIENTS	QTY	TOTAL
Tomato Sauce	3	_____
Cheese	500g	_____
Ham	500g	_____
Ketchup	3	_____
TOTAL		_____

CLIENT NAME: AGRUPAMENTO DE ESCOLAS CEGO DO MAIO  
TAX IDENTIFICATION NUMBER: 600075524

ENJOY SHOPPING!



## Tuna Baguette

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In a bowl, mix the tuna, mayonnaise, boiled eggs and pickles until combined.

Open the bread.

Put a lettuce leaf and a slice of tomato inside the bread and spread the the tuna mixture.

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# Rabanada Poveira

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## French Toast

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Beat egg, vanilla and cinnamon in shallow dish.

Stir in milk.

Dip bread in egg mixture, turning to coat both sides evenly.

Cook bread slices on hot oil on medium heat until browned on both sides.

Dry the bread and put it in sugar.

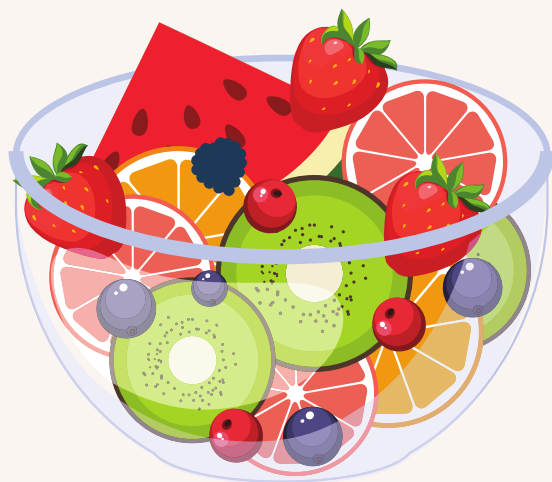


# Fruit Salad

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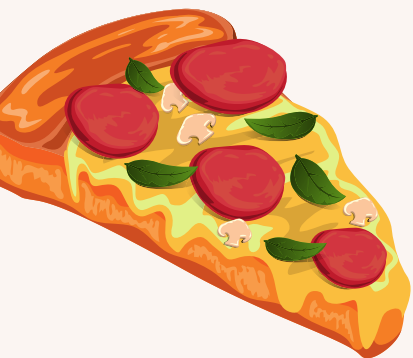
Prepare fruit: chop fruits (except blueberries) and add to a large mixing bowl.







# Pizza



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Spread tomato sauce over crust.

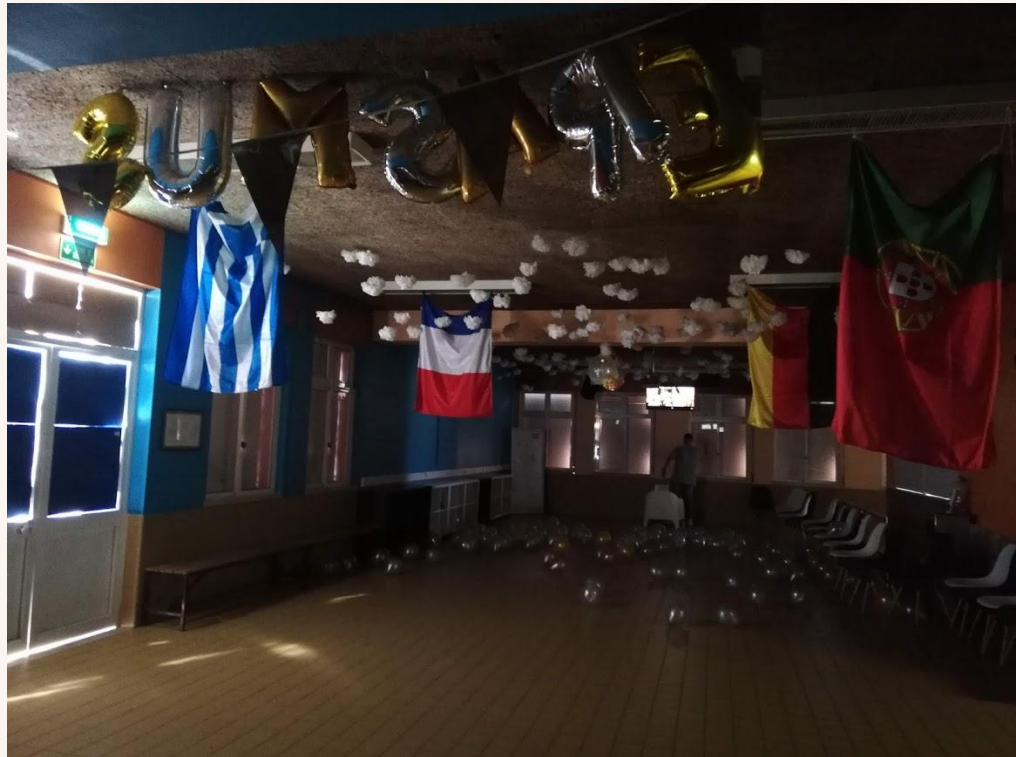
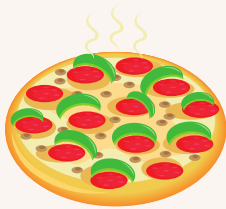
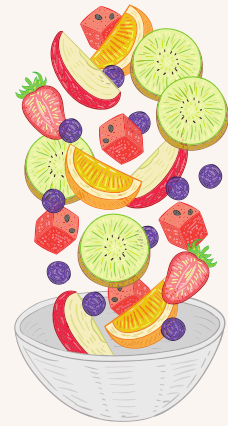
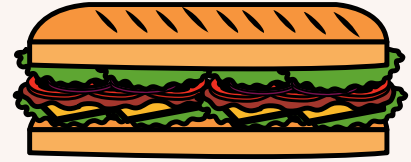
Sprinkle with mozzarella

Put the the ham on.

Repeat the cheese layer.

Bake at 200\* for 20 minutes or until light brown.

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The photos were taken during the cooking activity that took place during the meeting in Portugal