**Recipe**

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| Pasta | Salad |
| 3kg pasta | 5 iceberg lettuces |
| 2.5kg minced meat | 3 cucumbers |
| 1kg carrots | 2kg of tomatoes |
| 1 net of onions | 1 bottle of vinegar |
| Garlic | 1 bottle of oil |
| 3 tins of tomato paste |  |
| 1.5kg paprika |  |
| 1 package of mushrooms |  |
| 1 piece of parmesan |  |

These are the ingredients which we had to buy as cheap as possible meaning with as much plastic as possible. But we did not use all of them, just as much as we thought.