*Gratitude journal*

30.3.- Today, I am grateful for my mum because she made great doughnuts.Also for my brother because he learned to make delicious garlic soup. I am also very grateful that my mum taught me to sew on sewing machine because I wanted to learn that a long time ago. I also enjoyed the FaceTime with Ninka and I am grateful for her because she brightens my life.

31.3. I am grateful that I could wake up early and do so many things that I couldn’t if I slept longer because it made me feel productive. I am grateful that my teacher introduced me to series Sherlock because I love it and I am watching it right now. I am also grateful for my grandparents because I phoned them today and we had a great talk. I am grateful for my dad because he helps me and repairs broken things in our home.

1.4. I am grateful for all the friends and family who make my life brighter in this dark situation because I need it now. I am also grateful for all music artists because they keep me happy with their beats. I am grateful that I could exercise because it made me happy and nothing is hurting me now. I am grateful for the nature which I could admire today because it’s amazing how all that works.

2.4. Today I am grateful that I could go hiking to a place where I met no human beings and I could relax and exercise. I am also grateful that I painted on canvas because I really like the painting. I am grateful that I could visit (in good distance) and make happy a woman whose husband died a week ago because she was were happy to see me. I am grateful that I could help my family by making 4 face masks to prevent them from corona because they need them.

3.4. I am grateful that today I could cook a meal for my family because it made me and them happy. I am also grateful that I played with Lego because it brought childhood memories. I am grateful that I learned new skills because they can be beneficial for my future life . I am grateful that I could watch a movie and have some laughs because it made me happy.

4.4. I am grateful that today I revised some Japanese, that I’ve been learning because I wanted to do that a long time. I am also grateful that I watched educational videos about english language and the UK because I am now smarter and I know crucial things to do and not to do in Britain. I am also grateful that I replanted some of my plants because they needed more space. I did a collage and I am grateful that I could do it because I could let my creative thoughts on paper.

5.4. I am grateful that I could play monopoly with my family because it made everyone happier and relaxed. I am grateful that my dad helped me to choose new notebook because I will need one this time. I am grateful for my immune system because I don’t have coronavirus. I am grateful that I could wake up every day till now because this life is very good and I like being here living my life.