



Potatoes

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- Potatoes go way back in our history. At first, they were used to feed hard working men because of how nutritionally rich they are. People in Europe didn't really like their taste at first, so they used the plant as a decoration. Lower class people still ate them though. It took quite long until people realised they aren't as bad as they thought.
- In Slovakia, potatoes are very important. A lot of our national dishes are made with potatoes. Every family has their own recipe for bryndzové halušky, pirohy, potato pancakes or potato salad. Now, let me introduce you to our recipe for a potato salad.

Potato salad

To make this, you will need:

- Potatoes
- Eggs
- Pickled cucumbers
- Carrots and peas
- Tartar sauce
- Salt and pepper



First step:

- Boil the eggs and potatoes with the skin still on. Cook the carrots and peas and cut the carrots up to small cubes.

Second step:

- Peel the skin off the potatoes and the shell from the eggs.

Third step:

- Push the potatoes and eggs through a cube cutter.

Grate the pickles and mix all of these together.

Fourth step:

- Add the tartar sauce. Add as much of salt and pepper as you like. Let the salad rest a little.



cube cutter



finished salad

