



# Easter Traditions in **Austria**



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# The Origin of Easter

- Easter is a Christian celebration that originates itself from the Bible. Matthew, Mark, Luke and John apostles left written his experiences during the days before and after the crucifixion and resurrection of Jesus Christ.
- It takes place during the Passover, since the Passion of Christ coincided with this tradition.



# Coloring eggs

- Dyeing eggs is a well-known tradition in Austria
- A lot of people dye their eggs by them self with natural ingredients
- To do that you need a pot with boiled water and onion peels, a substitute is also red beet or spinach. Leave these in boiled water for 10-15 minutes and then add the eggs. After the eggs are in the water let them wait 5 minutes and then they are already colored



# *Egg pecking*

*Egg pecking is a game where 2 people try to crush each others egg.*

*The person with the cracked egg loses. This game is usually played before eating the eggs.*

*The game is not based on skill, it's just luck.*



# Easter Breakfast (Osterfrühstück):

Every year on Easter Sunday (Ostersonntag) we start the day off with a special breakfast. In Austria we call it “Osterfrühstück”.

It includes hard boiled eggs, yeast braids, ham and a cake that has the shape of a lamb

As a starting of the breakfast we “peck” the eggs



# OSTERNESTE:

OSTERNESTE (EASTERNESTS) ARE HIDDEN BY THE PARENTS ON AND SEARCHED BY THEIR KIDS ON EASTER SUNDAY.

THEY CONTAIN COLORED EGGS, CHOCOLATE, MARZIPAN AND SOMETIMES MONEY.

IN THE MIDDLE AGES EGGS WERE SEEN AS LUXURIOUS FOODS AND PEOPLE COLLECTED THEM.

