**Beetroot salad- a five minute recipe**

Ingredients:

1 beetroot

1 teaspoon of horse reddish

A bit of salt

2-3 teaspoons of sauer cream

lemon

Instructions :

1. Boil the beetroot in the skin till it is soft
2. Peel the beetroot
3. Grate it
4. Add one or two spoons of horse reddish / can be from the jar/
5. Mix with two spoons of sauer cream
6. Add a bit od salt and a few drops of lemon



 





