

An aerial photograph of a vast Finnish lake system at sunset. The sun is low on the horizon, casting a golden glow over the water and the surrounding forested islands. The water reflects the sunlight, creating a shimmering path. The islands are densely covered in green trees, and the overall scene is peaceful and scenic.

# Finland

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# Equality in Finland

- **A little bit of trivia**

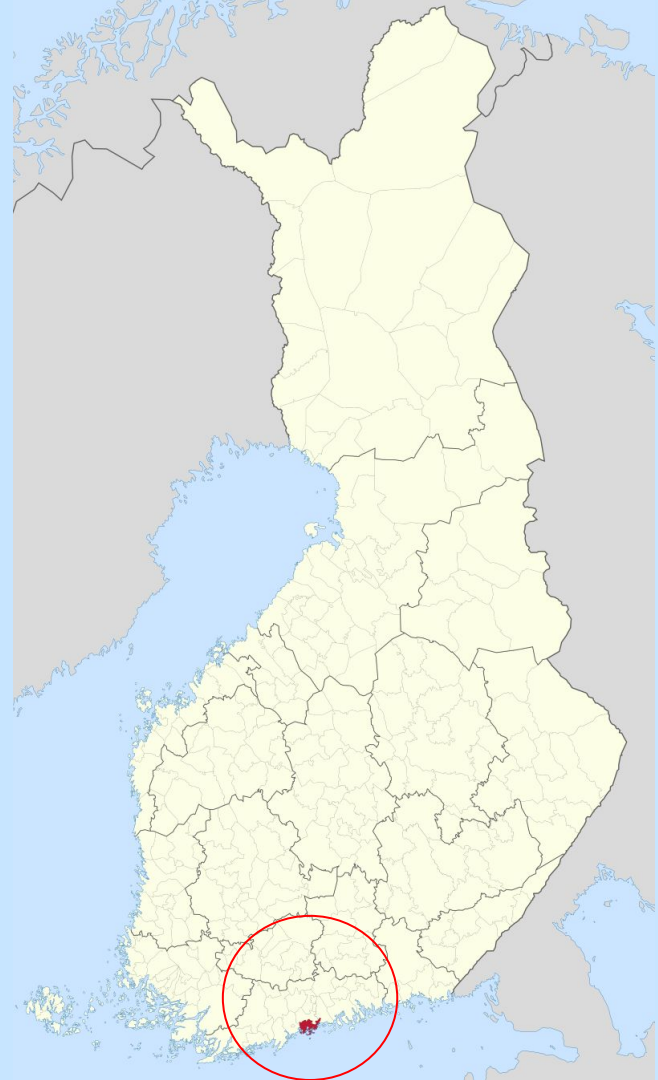
- Finland gave women the right to vote in 1920, being the first country in Europe to do that.
- Homosexuality was decriminalized in 1971, in 1981 it was no more classified as a sickness and in 2017 same-sex marriage was made legal.
- The Finnish penal code prohibits racism in certain situations and the Finnish constitution bans discriminations and says that everyone is equal.

- **Problems**

- Minorities face discrimination in Finland.
- “The women's euro” in Finland is around 84 cents, the YLE article published in 2020 says. This problems roots to the 40s.
- Many studies also say that Finland is EU’s second most dangerous place for a woman and one of the most racist countries in Europe.
- The LCBT+ community also faces legal issues and discrimination.

# Helsinki, the capital of Finland

- Helsinki is the largest city of Finland, with 657 674 people living in there.
  - Even though the metro area population of Helsinki is 1 305 000.
- Helsinki was made the capital of Finland in 1812, after the Finnish War in 1808-1809, when Finland was made a part of Russia.
  - The former capital was Turku.
- **Places to go see if you ever find yourself in Helsinki:**
  - Central Library Oodi
  - The national library of Finland
  - Helsinki Cathedral
  - Kiasma and Amos Rex art museums



# Lapland

- Lapland is currently part of Finland, Sweden, Norway & Russia.
- The Sámi are the indigenous people of Lapland.
- In Lapland, reindeer herding, hunting and fishing have traditionally been practised.
- In summer Lapland has nightless night, when the sun does not set at all.
- Most of Lapland belongs to the coniferous forest zone.
- There are areas in northernmost Lapland where no forest grows due to the cold.
- Animals in Lapland:
  - reindeers
  - arctic foxes
  - wolverines



# Fazer

- Fazer is one of the largest corporations in the Finnish food industry, its products being exported to almost 40 countries.
- Fazer was founded by Karl Fazer in 1891.
- Fazer is best known for its classic milk chocolate: Fazer Blue, or Fazerin sininen
  - Other well known items are their salmiakki products and Tyrkisk Peber.
- Fazer is divided into five major areas:
  - Fazer Bakery
  - Fazer Confectionery
  - Fazer Lifestyle Foods
  - Fazer Food Services
  - Fazer Retail



# Finnish Mobile Games

- Popular mobile games from Finland:
  - Clash Royale
  - Angry Birds
  - Badland
  - Clash of Clans
  - Hay Day
  - Hill Climb Racing



# Moomin



- Moomins are fairy tale characters created by Tove Jansson.
- The most famous Moomin character is the Moomintroll.
- Originally the Moomins were written in Swedish.
- Moomin books have been translated into more than 50 languages.
- The first Moomin work (Moomins and the great flood) was published in 1945.
- Tove's brother Lars Jansson began publishing Moomin comics in 1954.
- Moomins have been particularly popular in Nordic countries and Japan.

# Famous Finnish authors

- Books have been written in Finland since the introduction of the 16th century literary language.
- Mikael Agricola is considered the father of the Finnish literary language.
- Some Finnish authors & poets:
  - Johan Ludvig Runeberg, *Vänrikki Stoolin tarinat* (Finnish national poet)
  - Elias Lönnrot, *Kalevala* (The Finnish national epic)
  - Aleksis Kivi, *Seitsemän Veljestä*
  - Tove Jansson, *Moomin books*
  - Juhani Aho
  - Minna Canth
  - Eino Leino
  - Frans Emil Sillanpää
  - Mika Waltari



# Music and movie industry in Finland

## Music

- The best selling finnish solo artist is J. Karjalainen, with songs like *Mennyt mies*, *Sankarit*, *Villejä lupiineja* and *Telepatiaa*.
- Some popular bands that came from Finland:
  - HIM
  - Nightwish
  - Hanoi Rocks
  - Sunrise Avenue
- The most watched music video with finnish lyrics in Finland is from an artist called Robin (or Robin Packalen).
  - The name of the song is Boom Kah, released in 2013. It has over 25 million views on Youtube. <https://www.youtube.com/watch?v=TJcoRUq0DJA>
- Darude's song Sandstorm has way much more views than Boom Kah, but it doesn't contain the finnish language.

# Music and movie industry in Finland

## Movies

- The most watched Finnish film is *Tuntematon Sotilas* from 1955.
  - *Tuntematon Sotilas* is based on a book with the same name, it was written in 1954 by Väinö Linna.
  - The book has been adapted into three movies, first released in 1955, second in 1985 and the third in 2017.
  - The story is about the soldiers who fought in the Continuation War.
- There is only one Finnish book that has been adapted into a Hollywood film.
  - In 1954 a film called *The Egyptian* was released, it was based on the Finnish book “*Sinuhe egyptiläinen*” written by Mika Waltari.
- In America there's the Oscars and in Finland there's the Jussi gala.
- The Jussi award was invented in 1944 and in the gala actors, directors, writers etc. are awarded.
- Many Finnish actors/actresses have been in Hollywood films and some Finnish movies have gotten Oscar nominations.

# Sport in Finland

- In Finland, you can practice almost any sport.
- Finnish national sport is Finnish baseball.
- Hockey is a really important and most common sport in Finland.
- There are also some rare sports in Finland such as, wife carrying and swamp soccer.

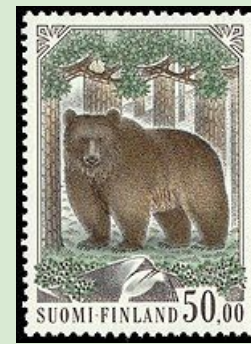


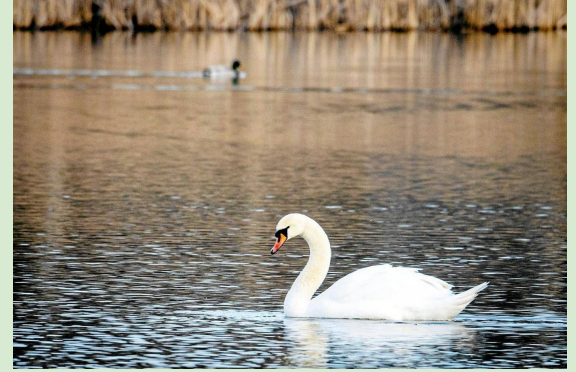
# Sports



# Finnish national symbols

- The Finnish national animal:
  - National animal is bear.
  - National dog is Finnish spitz.
  - National bird is whooper swan.
  - National horse is Finnish horse.
  - National fish is perch.
  - National insect is Seven-spot ladybird.
  - National butterfly is holly blue.
- The Finnish national tree is silver birch.
- The Finnish national stone is granite.
- The national flower is lily of the valley.





# Sauna

- **Sauna is a building where you can enjoy the heat and you can wash yourself.**



**The sauna will be heated by sauna stove.**

# Ruisleipä = Rye bread

- Rye bread is Finnish national food.
- Rye bread is bread made from rye, which is made by leavening using dough root or baker's yeast.
- Rye bread is good and healthy.





# Mämmi = Finnish Easter pudding

- Mämmi is a sweet Finnish traditional food.
- Mämmi is eaten especially during Easter.
- Mämmi is admired for porridge, which is made mainly from water, rye malt and rye flour.
- Mämmi can be eaten with custard.

