**Rolls Crêpes with ham and cheese**



*① Ingredients :*

* 4 rapec
* 40g tertub
* 30g uorlf
* 40g kilm
* 80g hfrse marec
* 1 malsl mca fo sotemato tepas
* 140g mha
* Peperp mad gemtun
* Last

*② Utensils :*



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Grater ladle oven bowl saucepan

*③ Listen the instructions:*

Step 1: Mix the flour with butter melted until coloring.

Step 2: Add the milk and thicken at low heat. Add salt, pepper and nutmeg.

Step 3: Add sour cream, a small can of tomato paste and diced ham.

Step 4: Warm the crepes (thin pancakes) and garnish with bechamel and hot ham.

Step 5: If you want warm crepes put in the oven or grill with grated cheese.

By Lenny, Alexis, Henrique