

“The Future Begins Today”

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Practicing Interpersonal Relationships through a creative workshop with Sen Students

Class 4- Tutor Maria Antonietta Battaglia- 15th December 2019

Through this workshop we practiced one of the most important Interpersonal Relationships skills Dependability: people you deal with daily, including fellow mates as well as Sen students, need to know they can count on you. That means getting to work on time, following through on tasks and projects and meeting deadlines. Christmas festivities gave the occasion of a creative workshop.



We assembled materials



and included our friends in the practical activities



We improved our sense of Courtesy realizing that some people lose their coolness under pressure or in high-stress situations. Remaining calm was invaluable in diffusing tense situation.



The most noteworthy result was the arousing of Empathy, that is to say our "emotional intelligence" conveying our ability to understand the needs and feelings of others.

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